



Department of Yog Science
(Evaluative Report of the Department)

Name of the University : **University of Patanjali**

विश्वविद्यालयस्य नामः

Dist : Haridwar

State : Uttarakhand

जनपदम्

राज्यम्

Total Number of Departments in the institution :

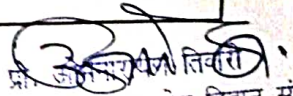
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संस्थायां विद्यमानविभागानां सङ्ख्या

(Report from the year **2023-24**)


प्रतिवेदनम्..... वर्षतः.....वर्षपर्यन्तम्

Sl. No.	Data of the Department विभागस्य नाम	Department of Yog Science
1	Year of Establishment /स्थापनायाः संवत्सरः	2009
2	Is the Department part of a School / Faculty of the University विभागः किं कस्याश्चित् अध्ययनशालायाः / कस्यचित् सङ्कायस्य भागः	Faculty Of Yoga Science
3	Programmes offered प्रचाल्यमानानां पाठ्यक्रमाणां नामानि	7
	a. Regular (UG/PG/Research Programs) नियमिताः (स्नातक-स्नातकोत्तर-अनुसन्धानपाठ्यक्रमाः) b. Interdisciplinary/ अन्तःशास्त्रीयम् c. others/ अन्ये	Under Graduate Program (2) Post Graduate Diploma in Yoga Science (1) Post Graduate Diploma in Yogasana Sports (1) Post Graduate Program (2) Ph.D Program (1)
4	Number of teaching posts अध्यापकपदानां सङ्ख्या	
	a. Sanctioned / प्रदत्तानि	29
	b. Filled / पूरितानि	25


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	c. Total Faculty including guest faculties आहत्य अध्यापकाः (अतिथ्यध्यापकसहितम्)	25
5	Number of Research Projects: परियोजनानां सङ्ख्या	0
	Total grants received/प्राप्तमनुदानम्	0

6	Inter-institutional collaborative projects and associated grants received/ अन्तःसंस्थासहयोगपरियोजनाः, तत्र प्राप्तम् अनुदानं च	
	National collaboration/ राष्ट्रस्तरीयसहयोगः	0
	International collaboration/ अन्ताराष्ट्रस्तरीयसहयोगः	0
	Departmental projects funded by UGC-SAP/CAS,DPE, ICSSR, ICPR etc.,: Total grants received वि.वि.अ.आयोगप्रभृति संस्थाभिः प्राप्तानुदानाः विभागीयपरियोजनाः, लब्धः अनुदानराशिश्च	0
7	Special research laboratories/ language labs/ observatory/ gallery/ museum/ yajnasala, yogashala sponsored by/ created by industry or corporate bodies/government/trust and other institutions. उद्यमैः/ औद्योगिकनिकायैः/ सर्वकारेण/ विश्वस्तमण्डल्या/ अन्याभिश्च संस्थाभिः व्यवस्थापिता विशिष्टानुसन्धानप्रयोगशाला/ भाषाप्रयोगशाला/ वेधशाला/ चित्रवीथिका/ पुरातत्त्वसङ्ग्रहालयः/ यज्ञशाला/ योगशाला च।	Yagyasala (02), Language Laboratory (01), Yogasala (08), Computer Laboratory (01), Departmental Library (1)
8	Publications:/ प्रकाशनानि	
	a. Number of Papers published/ प्रकाशितशोधपत्राणां सङ्ख्या	13
	b. Number of Books with ISBN/ ISBN -युतानां ग्रन्थानां सङ्ख्या	0
	c. Number of Journals with ISSN/ ISSN -युतानां शोधपत्रिकाणां सङ्ख्या	12
	d. Number of Creative writings/ सर्जनात्मकग्रन्थानां / लेखानां सङ्ख्या	0
	e. Number of Text Books/ पाठ्यपुस्तकसङ्ख्या	0
9	Number of Patents acquired/Creative writings/ Critical Shastric writings composed in Sanskrit awarded by State and National bodies hitherto unknown manuscripts brought to light through publication during the last five years. विगतपञ्चवर्षेषु प्राप्तानां स्वत्वाधिकाराणां / सर्जनात्मकलेखानाम् /संस्कृतभाषया लिखितानां विमर्शात्मकशास्त्रीयलेखानां कृते राज्य/ राष्ट्रीयनिकायैः प्राप्तपुरस्काराणाम् सङ्ख्या। अप्रकाशितमातृकाणां/ प्राकाशयमानानां मातृकाणां सङ्ख्या	0


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		Yoga Therapy & Yoga Psychology (Honorary)
10	Areas of consultancy and income generated from various sources / परामर्शस्य क्षेत्राणि तथा नानास्रोतोभ्यः अर्जित आयः	
11	Number of seminars/workshops/summer schools etc./ सङ्गोष्ठीनां/ कार्यशालानां/ ग्रीष्मकालिकाध्ययनशालानां च सङ्ख्या	14
12	Awards/Recognitions /fellowships/invitations as visiting professors received at the National and International level by: राष्ट्रियस्तरे तथा अन्ताराष्ट्रियस्तरे लब्धानां सहवृत्तीनां/ पुरस्काराणां सूची/ अतिथि-आचार्यरूपेण आह्वानम्	0
	Faculty (including guest faculties)/ अध्यापकैः (अतिथ्यध्यापकसहितम्)	11
	Doctoral/Post doctoral fellows /research assistants and associates / शोध-शोधोत्तर-गवेषकैः/ शोधसहायकैः/ शोधसहयोगिभिश्च/ Students/ छात्राः	0
13	How many students have cleared Civil Services and Defense Services examinations, NET, SET (SLET), GATE and other competitive examinations including traditional exams conducted by Recognized Institutions /Trusts/NGO's नागरिकसेवा, रक्षासेवा, नेट, सेट (स्लेट), परीक्षासु तथा अन्यान्य- प्रतियोगितामूलपरीक्षासु कतिच्छात्राः उत्तीर्णाः	5
14	List of doctoral, post-doctoral students and research associates/ शोध-शोधोत्तर-गवेषकानां शोधसहयोगिनां च सूची	
	From the host institutions/universities/ स्वकीयविश्वविद्यालयतः / संस्थातः	0
	From other institutions/universities / इतरविश्वविद्यालयतः / संस्थातः	0
15	Number of Research Scholars/ Post Graduate students getting financial assistance from the University/State/ Central Governments and NGO's/ विश्वविद्यालयात् राज्यसर्वकारात् केन्द्रसर्वकाराद्वा प्राप्नुवताम् आर्थिकसाहाय्यं/ शोधच्छात्राणां/स्नातकोत्तरच्छात्राणां सङ्ख्या	46
16	Total Number of Student placed by the Department	28

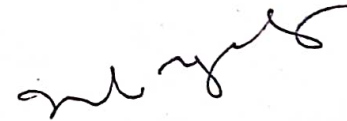
Note: as on until 15th May 2024


प्रो. अनन्तनारायण तिवारी

प्रोफेसर एवं संकायाध्यक्ष-योग विज्ञान
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Sanctioned and Filled Teaching Position of Session - 2021-22

Sl. No	Department																					
	Position	Yoga Science		Philosophy		English		Sanskrit		Applied Science		Physical Education		Music		Tourism		Psychology		BNYS		
		Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled	Sanctioned	Filled	Sanctioned		Filled
1	Professor	2	1	1	1	0	0	2	2	2	1	0	0	0	0	1	0	1	0	0	0	98
	Associate Professor	4	0	2	0	0	0	2	0	2	2	0	0	0	0	2	0	2	0	4	0	
	Assistant Professor	8	9	10	8	4	4	6	7	5	2	2	3	2	1	6	1	5	2	5	2	
	Trainer	15	7	0	0	0	0	0	0	0	0	1	1	1	1	0	0	0	0	0	0	
	Sport Officer	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	

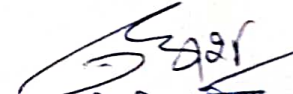


डा० महावीर अग्रवाल
प्रति - कुलपति
पतंजलि विश्वविद्यालय, हरिद्वार

DEPARTMENT OF YOGA SCIENCE (2023-24)

As per 10th Academic Council Meeting 06.07.2023

S.No	Name	Appointment	Upto	Designation	Teaching Posts	Sanctioned	Filled	Requirement
					Professor		2	0
1	Prof. Gawdara Paran Gawda	14.11.2016		Professor	Associate Profess	4	2	2
2	Prof. Omnarayan Tiwari	24.11.2022		Professor	Assistant Profess	8	8	0
3	Dr. Nidheesh Kumar Yadav	25.07.2023		Associate Professor	Yoga Teacher/Tr	15	13	2
4	Dr. Rudra Bahadur Bhandari	25.07.2023		Associate Professor	Total	29	25	4
5	Dr. Arti Yadav	11.04.2017		Assistant Professor				
6	Dr. Anju Kumari	01.02.2020		Assistant Professor				
7	Dr. Sandeep Singh	24.12.2020		Assistant Professor				
8	Dr. Arti Pal	28.01.2021		Assistant Professor				
9	Dr. Bipin Kumar Dubey	24.12.2020	May-24	Assistant Professor				
10	Dr Monika Sharma	03.07.2023		Assistant Professor				
11	Sh.Subhash	10.08.2023		Assistant Professor				
12	Dr. Ankit	21.12.2023		Assistant Professor				
13	Sh. Pravesh Kumar	01.11.2016		Yoga Teacher/Trainer				
14	Brm. Kaushal	04.01.2022		Yoga Teacher/Trainer				
15	Brm. Sunil	04.01.2022		Yoga Teacher/Trainer				
16	Sad. Devanshi (Sangeeta)	04.01.2022		Yoga Teacher/Trainer				
17	Sh. Prashant Rathore	01.12.2022		Yoga Teacher/Trainer				
18	Sh. Bholanath Singh	16.12.2022		Yoga Teacher/Trainer				
19	Ms. Bobita Chetri	16.12.2022		Yoga Teacher/Trainer				
20	Ms. Divya	16.12.2022		Yoga Teacher/Trainer				
21	Ms. Gargi	16.12.2022		Yoga Teacher/Trainer				
22	Ms. Harsh Kanwar	16.12.2022		Yoga Teacher/Trainer				
23	Ms. Omika Nishad	16.12.2022		Yoga Teacher/Trainer				
24	Ms. Surabhi	16.12.2022		Yoga Teacher/Trainer				
25	Mr. Ajay Verma	05.09.2023		Yoga Teacher/Trainer/ Assistant Warden				


 विभागाध्यक्ष योग विज्ञान विभाग
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	Ms. Monika Panwar	01.09.2017	Nov-23	Yoga Teacher/Trainer	left
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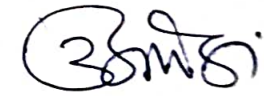
Research Publications in International Journal (2023-2024)

S.No.	Title of the Paper	Department	Name of journal	Year of publication	ISSN number
1	Nada yoga: effective complementary module for the stress-induced psycho-physiological disorders	Yoga Science	International Journal of Indian Culture and Business Management	2023	1753-0814
2	Development of an integrated Yoga module for Low Back Pain (LBP) in adults through research reviews	Yoga Science	International Journal of Yogic, Human Movement and Sports Sciences	2023	2456-4419
3	पारंपरिक ज्ञान और भारत के योग की पृष्ठभूमि	Yoga Science	Shodh dristhi	2023	9766650
4	uperiority of Savita Meditation Over Transcendental Meditation Methods: Electromagnetic Energy Difference between the Two Me	Yoga Science	Superiority of Savita Meditation Over Transcendental Meditation Methods: Electromagnetic Energy Difference between the Two Meditation Systems	2023	2250-1711
5	Effect of Savita Meditation on Depression Anxiety and Stress	Yoga Science	Journal of Veda Samskrita Academy	2023	2250-1711
6	Samyak Swastha Hetu Yoga and Chetna Vigyan ke gyan ki bhoomika	Yoga Science	International Refereed Blind Peer-Reviewed & Open Accedd Research Journal	2023	2278-5949
7	Madhumah Type-2 ke Rogiyon ki fasting blood sugar par yogic mudrao and homopethi mother teacher ke parbhao ka addhyan.	Yoga Science	International Refereed Blind Peer-Reviewed Multidisciplinary & Open Accedd Research Journal	2023	2348-3318
8	Madhumah Type-2 ke Rogiyon ki fasting blood sugar (F.B.S.) par yogic mudrao and homopethi mother teacher ke parbhao ka addhy	Yoga Science		2023	2456-8856

प्रो. श्रीमन्मोहन शिवरौ
प्रिन्सिपल एवं लैबोरेटरी-योग विज्ञान संकाय,
पंजाब विश्वविद्यालय, लुधियाना

(30/08)

9	Madhumah Type-2 ke Rogiyon ki Glycosylated Haemoglobin (HBA1c) per yogic mudraon and homopethi mother teacher ke parbhao ka a	Yoga Science	International Journa of Social Science & Management Studies (I.J.S.S.M.S)	2023	2454-4655
10	Nada Yoga: effective complementary module for the stress-induced psycho-physiological disorders	Department of Yoga Science	International Journal of Indian Culture and Business Management (IJICBM).	2023	1753-0814
11	Yoga for Proprioception: A systematic review	Department of Yoga Science	Yoga Mimamsa	2023	2394-2487
12	Samyak Swastha Hetu Yoga and Chetna Vigyan ke gyan ki bhoomika	Yoga Science	International Refereed Blind Peer-Reviewed & Open Accedd Research Journal	2023	2278-5949
13	Effects of Yoga and Naturopathy on Nervous System.	Yoga Science	19th National Seminar	2023	



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