

1.3.2 Percentage of courses which are offered as trans-disciplinary electives during the last five years (excluding repeat count)

Academic Year	Yoga as trans-disciplinary course/s offered	Number of the Students enrolled under each trans-
2017-2018	92	70
2018-2019		144
2019-2020		182
2020-2021		198
2021-2022		411
Grand Total		1005


Dr. V.K. KATIYAR
DEAN
(ACADEMICS & RESEARCH)
University of Patanjali, Haridwar





पतंजलि विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : 07/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Yoga Science of University of Patanjali (UoP) held at 7th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Yoga Science.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Yoga Science.
3. To exercise and discuss the whole courses offered by the Department of Yoga Science across different programs.
4. To identify the potential value-added course across different courses offered by the Department of Yoga Science.

S. No.	Name and Designation of the Member of BOS	Signature
1	Professor Sadhvi Devpriya Dean, Faculty of Humanities and Ancient Studies University of Patanjali, Haridwar	
2	Professor V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
3	Dr. Narendra Singh Assistant Professor, Department of Yoga Science, UoP, Haridwar	
4	Dr. Nidheesh Yadav Assistant Professor Department of Yoga Science, UoP, Haridwar	
5	Dr. Arti Yadav Assistant Professor Department of Yoga Science, UoP, Haridwar	

Minutes of Meetings: The meeting was held on 7th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of Yoga Science, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Yoga Science, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : 03/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Sanskrit of University of Patanjali (UoP) held at 3rd March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Sanskrit.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Sanskrit.
3. To Exercise and discuss the whole courses offered by the Department of Sanskrit across different programs.
4. To identify the potential courses across different programs as a value-added course offered by the Department of Sanskrit.

S. No.	Name and Designation of the Member of BOS	Signature
1	Professor Sadhvi Devpriya Dean, Faculty of Humanities and Ancient Studies, University of Patanjali, Haridwar	
2	Dr. Manohar Lal Arya Professor & Head Department of Sanskrit, UoP, Haridwar	
3	Dr. (Swami) Parmarthdev Ji Assistant Professor, Department of Philosophy, UoP, Haridwar	
4	Swami Arshdev Ji Assistant Professor Department of Sanskrit, UoP, Haridwar	
5	Mr. Gowtham R. Assistant Professor Department of Sanskrit, UoP, Haridwar	

Minutes of Meetings: The meeting was held on 3rd March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of Sanskrit, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Sanskrit, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : ..10/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Psychology of University of Patanjali (UoP) held at 10th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Psychology.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Psychology.
3. To exercise and discuss the whole courses offered by the Department of Psychology across different programs.
4. To identify the potential value-added course across different courses offered by the Department of Psychology.

S. No.	Name and Designation of the Member of BOS	Signature
1	Dr. V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
2	Dr. Vaishali Gaur Assistant Professor & Head Department of Psychology, UoP, Haridwar	
3	Dr. Abhishek Kumar Bhardwaj Assistant Professor Department of Psychology, UoP, Haridwar	
4	Dr. Arti Yadav Assistant Professor, Department of Yoga Science, University of Patanjali, Haridwar	
5	Dr. Sandeep Kumar Singh Assistant Professor, Department of Yoga Science, University of Patanjali, Haridwar	

Minutes of Meetings: The meeting was held on 10th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of Psychology, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Psychology, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

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पत्रांक (Ref.) :

दिनांक (Date) : 5/3/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Philosophy of University of Patanjali (UoP) held at 5th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Philosophy.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Philosophy.
3. To exercise and discuss the whole courses offered by the Department of Philosophy across different programs.
4. To identify the potential value-added course across different courses offered by the Department of Philosophy.

S. No.	Name and Designation of the Member of BOS	Signature
1	Professor Sadhvi Devpriya Dean, Faculty of Humanities and Ancient Studies Head, Department of Philosophy University of Patanjali, Haridwar	
2	Dr. (Swami) Parmarthdev Assistant Professor, Department of Philosophy, UoP, Haridwar	
3	Dr. Acharya Pritam Kumar Assistant Professor, Department of Sanskrit, UoP, Haridwar	
4	Swami Arshdev Assistant Professor Department of Sanskrit, UoP, Haridwar	
5	Mr. Gowtham R. Assistant Professor, Department of Sanskrit, UoP, Haridwar	

Minutes of Meetings: The meeting was held on 5th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of Philosophy, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Philosophy, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : 14/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of English of University of Patanjali (UoP) held at 14th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of English.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of English.
3. To exercise and discuss the whole courses offered by the Department of English across different programs.
4. To identify the potential value-added course across different courses offered by the Department of English.

S. No.	Name and Designation of the Member of BOS	Signature
1	Professor V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
2	Dr. Anjo Rani (Anju Tyagi) Assistant Professor & In-charge Department of English, UoP, Haridwar	
3	Dr. Rachna Arora Assistant Professor Department of English, UoP, Haridwar	
4	Dr. Narendra Singh Assistant Professor Department of Yoga Science, UoP, Haridwar	
5	Ms. Bhavpreeta Thakur Assistant Professor Department of English, UoP, Haridwar	

Minutes of Meetings: The meeting was held on 14th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of English, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of English, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

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पत्रांक (Ref.) :

दिनांक (Date) : 28/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Travel and Tourism Management of University of Patanjali (UoP) held at 28th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Travel and Tourism Management.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Travel and Tourism Management.
3. To exercise and discuss the whole courses offered by the Faculty of Department of Travel and Tourism Management across different programs.
4. To identify the potential value-added course across different courses offered by the Faculty of Department of Travel and Tourism Management.

S. No.	Name and Designation of the Member of BOS	Signature
1	Professor Sadhvi Devpriya Dean, Faculty of Humanities and Ancient Studies University of Patanjali, Haridwar	
2	Dr. V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
3	Dr. Aditya Bhargava Assistant Professor and In-Charge Department of Travel and Tourism Management, UoP, Haridwar	Online
4	Dr. Bipin Dubey Assistant Professor Department of Yoga Science, UoP, Haridwar	
5	Dr. Sandeep Kumar Singh Assistant Professor Department of Yoga Science, UoP, Haridwar	

Minutes of Meetings: The meeting was held on 28th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Department of Travel and Tourism Management, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Travel and Tourism Management, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : 29/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Physical Education and Sports of University of Patanjali (UoP) held at 29th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Physical Education and Sports.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Physical Education and Sports.
3. To exercise and discuss the whole courses offered by the Department of Physical Education and Sports across different programs.
4. To identify the potential value-added course across different courses offered by the Department of Physical Education and Sports.

S. No.	Name and Designation of the Member of BOS	Signature
1	Professor Sadhvi Devpriya Dean, Faculty of Humanities and Ancient Studies University of Patanjali, Haridwar	
2	Professor V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
3	Dr. Bhagirathi Assistant Professor Department of Physical Education and Sports, UoP, Haridwar	
4	Mr. Kapil Sahu Sports In-Charge University of Patanjali, Haridwar	
5	Mr. Sandeep Manikpuri Department of Physical Education and Sports University of Patanjali, Haridwar	

Minutes of Meetings: The meeting was held on 29th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of Physical Education and Sports, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Physical Education and Sports, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

उत्तराखण्ड विधान मण्डल द्वारा पारित पतंजलि विश्वविद्यालय अधिनियम संख्या 4, वर्ष 2006 के अन्तर्गत स्थापित
Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : 19/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Allied and Applied Sciences of University of Patanjali (UoP) held at 19th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Allied and Applied Sciences.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Allied and Applied Sciences.
3. To exercise and discuss the whole courses offered by the Department of Allied and Applied Sciences across different programs.
4. To identify the potential value-added course across different courses offered by the Department of Allied and Applied Sciences.

S. No.	Name and Designation of the Member of BOS	Signature
1	Dr. V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
2	Dr. Laxmi Shankar Rath Associate Professor & Head Department of Allied and Applied Sciences, UoP, Haridwar	
3	Dr. Vinay Sharma Associate Professor Department of Allied and Applied Sciences, UoP, Haridwar	
4	Dr. Nivedita Sharma Assistant Professor Department of Allied and Applied Sciences, UoP, Haridwar	
5	Dr. Sandeep Kumar Singh Assistant Professor Department of Yoga Science, UoP, Haridwar	

Minutes of Meetings: The meeting was held on 19th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of Allied and Applied Sciences, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Allied and Applied Sciences, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : 28/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Faculty of Naturopathy and Yoga Sciences of University of Patanjali (UoP) held at 28th March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Faculty of Naturopathy and Yoga Sciences.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Faculty of Naturopathy and Yoga Sciences.
3. To exercise and discuss the whole courses offered by the Faculty of Naturopathy and Yoga Sciences across different programs.
4. To identify the potential value-added course across different courses offered by the Faculty of Naturopathy and Yoga Sciences.

S. No.	Name and Designation of the Member of BOS	Signature
1	Dr. V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
2	Dr. Laxmi Shankar Rath Associate Professor Department of Allied and Applied Sciences, UoP, Haridwar	
3	Dr. Vinay Sharma Associate Professor Associate Professor, Department of Allied and Applied Sciences, UoP, Haridwar	
4	Dr. Nidheesh Yadav Assistant Professor Department of Yoga Science, UoP, Haridwar	
5	Dr. Sandeep Kumar Singh Assistant Professor Department of Yoga Science, UoP, Haridwar	

Minutes of Meetings: The meeting was held on 28th March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Faculty of Naturopathy and Yoga Sciences, University of Patanjali, Haridwar.

Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Faculty of Naturopathy and Yoga Sciences, University of Patanjali, Haridwar for 5 years.



पतंजलि विश्वविद्यालय University of Patanjali

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Established by Uttarakhand State Legislature Under the University of Patanjali Act No. 4, Year 2006

पत्रांक (Ref.) :

दिनांक (Date) : 22/03/2022

MINUTES of the BOS MEETING

Agenda: The meeting of the Board of Studies of Department of Music of University of Patanjali (UoP) held at 22nd March 2022 in the conference hall, ground floor of the administrative building. The following agenda of the meeting was as follows:

1. To discuss and finalize course contents of Yoga Science as a trans-disciplinary course in academic curriculum in the syllabus of programs offered by the Department of Music.
2. To incorporate Yoga Science as a trans-disciplinary course across different academic curriculum in the syllabus of various programs offered by the Department of Music.
3. To exercise and discuss the whole courses offered by the Department of Music across different programs.
4. To identify the potential value-added course across different courses offered by the Department of Music.

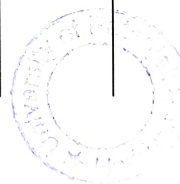
S. No.	Name and Designation of the Member of BOS	Signature
1	Professor Sadhvi Devpriya Dean, Faculty of Humanities and Ancient Studies University of Patanjali, Haridwar	
2	Professor V. K. Katiyar Dean, Academic and Research University of Patanjali, Haridwar	
3	Chandramohan Mishra In-Charge, Department of Music, University of Patanjali, Haridwar	

Minutes of Meetings: The meeting was held on 22nd March 2022 in the conference hall, ground floor of the administrative building of University, to finalise the Yoga Science course which shall be offered as trans-disciplinary course and its inclusion in academic curriculum in the Departments of Music, University of Patanjali, Haridwar.

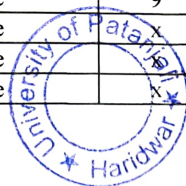
Also, it was finalized to open an integrated access for the study material related to value-added courses to be provided by the Department of Music, University of Patanjali, Haridwar for 5 years.

1.3.2 Percentage of courses which are offered as trans-disciplinary electives during the last five years (excluding repeat count)

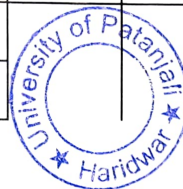
Yoga as trans-disciplinary course/s offered	Course Code	Credits	Course	Number of Students (Year wise)									
				2017-18	2018-19	2019-20	2020-21	2021-22					
Foundation of Yoga	BPE 104	4	Elective	44	x	x	x	x					
Yog Practical	BPE-P-108	4	Minor Elective										
Yoga and Holistic Health	BPE 202	4	Major Core Course										
Yoga Practical	BPE-P-208	4	Minor Elective										
Methods of Teaching Yoga	BPE 302	4	Major Core Course										
Yoga Practical	BPE-P- 308	4	Minor Elective										
Remedial and Massage	BPE 401	4	Major Core Course										
Basis of Yoga Therapy	BPE 403	4	Elective										
Yoga Practical	BPE-P-411	4	Minor Elective										
Yoga Practical	BPE-P- 510	4	Minor Elective										
Specialization in Yoga	BPE604	4	Elective										
Foundation of Yoga	BPE 104	4	Elective						x	86	x	x	x
Yog Practical	BPE-P-108	4	Minor Elective										
Yoga and Holistic Health	BPE 202	4	Major Core Course										
Yoga Practical	BPE-P-208	4	Minor Elective										
Methods of Teaching Yoga	BPE 302	4	Major Core Course										
Yoga Practical	BPE-P- 308	4	Minor Elective										
Remedial and Massage	BPE 401	4	Major Core Course										
Basis of Yoga Therapy	BPE 403	4	Elective										
Yoga Practical	BPE-P-411	4	Minor Elective										
Yoga Practical	BPE-P- 510	4	Minor Elective										
Specialization in Yoga	BPE604	4	Elective										
Foundation of Yoga	BPE 104	4	Elective										
Yog Practical	BPE-P-108	4	Minor Elective										
Yoga and Holistic Health	BPE 202	4	Major Core Course										
Yoga Practical	BPE-P-208	4	Minor Elective										
Methods of Teaching Yoga	BPE 302	4	Major Core Course										



Yoga Practical	BPE-P- 308	4	Minor Elective	x	x	118	x	x
Remedial and Massage	BPE 401	4	Major Core Course					
Basis of Yoga Therapy	BPE 403	4	Elective					
Yoga Practical	BPE-P-411	4	Minor Elective					
Yoga Practical	BPE-P- 510	4	Minor Elective					
Specialization in Yoga	BPE604	4	Elective					
Foundation of Yoga	BPE 104	4	Elective					
Yog Practical	BPE-P-108	4	Minor Elective					
Yoga and Holistic Health	BPE 202	4	Major Core Course					
Yoga Practical	BPE-P-208	4	Minor Elective					
Methods of Teaching Yoga	BPE 302	4	Major Core Course					
Yoga Practical	BPE-P- 308	4	Minor Elective	x	x	x	100	x
Remedial and Massage	BPE 401	4	Major Core Course					
Basis of Yoga Therapy	BPE 403	4	Elective					
Yoga Practical	BPE-P-411	4	Minor Elective					
Yoga Practical	BPE-P- 510	4	Minor Elective					
Specialization in Yoga	BPE604	4	Elective					
Indian Philosophy and Tradition	BPES-GE-501	4	General Elective					
Ancient Indian Social Life and Institutions	BPES-GE-502	4	General Elective					
Shrimadbhagvad Geeta Bodh	BPES-GE-601	6	General Elective					
Ancient Indian Religion	BPES-GE-602	6	General Elective					
Yoga Practicum - I	BPES-CC-P-103	0	Core Course	x	x	x	x	76
Yoga Practicum - II	BPES-CC-P-203	0	Core Course					
Yoga Practicum - III	BPES-CC-P-303	0	Core Course					
Yoga Practicum - IV	BPES-CC-P-403	0	Core Course					
Yoga Practicum - V	BPES-CC-P-503	0	Core Course					
Yoga Practicum - VI	BPES-CC-P-602	0	Core Course					
Yoga Psychology	MAP-101		Core Course	9	x	x	x	x
Yoga Psychology	MAP-101		Core Course		13	x	x	x
Yoga Psychology	MAP-101		Core Course		x	8	x	x
Yoga Psychology	MAP-101		Core Course		x	x	10	x

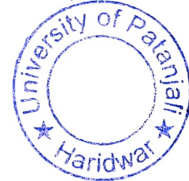


Science of Yoga :Principles & Applications	MPs-CT-104	4	Core Course	x	x	x	x	22
Hygiene, Diet and Nutrition	MPs-GE -106	4	General Elective					
Introduction to Physical Education	MPs-GE -108	4	General Elective					
Yoga Health and Tourism	MPs-GE -206	4	General Elective					
Aspects of Ancient Indian Culture	MPs-GE -208	4	General Elective					
Yoga Ayurveda and Mental Health	MPs- DSE -306	4	Discipline Specific Elective					
Yog Darshana	BD-101		Core Course	13	x	x	x	x
Yog Darshana	BD-101		Core Course	x	37	x	x	x
Yog Darshana	BD-101		Core Course	x	x	49	x	
Yog Darshana	BD-101		Core Course	x	x	x	49	x
Yog Darshana	BD-101		Core Course	x	x	x	x	45
Yoga Health & Tourism	MTTM -103		Core Course	4	x	x	x	
Yoga Health & Tourism	MTTM -103		Core Course	x	8	x	x	x
Yoga Health & Tourism	MTTM -103		Core Course	x	x	7	x	x
Yoga Health & Tourism	MTTM -103		Core Course	x	x	x	3	x
Yoga Health & Tourism	MTTM -103		Core Course	x	x	x	x	0
Fundamentals of Yoga & Ayurveda	BSHB-GE-101	4	General Elective	x	x	x	36	x
Indian Culture	BSHB-GE-201	4	General Elective					
Introduction to Srimad Bhagawad Gita	BSHB-GE-202	4	General Elective					
Fundamentals of Yoga & Ayurveda	BSHB-GE-101	4	General Elective	x	x	x	x	66
Indian Culture	BSHB-GE-201	4	General Elective					
Introduction to Srimad Bhagawad Gita	BSHB-GE-202	4	General Elective					
Philosophy and Practice of Yoga - Theory	BNYS - T 102	4	Core Course					
Philosophy and Practice of Yoga - Practical	BNYS - P 102	2	Core Course					



Diagnostic Method in Yoga & Naturopathy - Theory/ Practical	BNYS – T 204	4	Core Course	x	x	x	x	101
Diagnostic Method in Yoga & Naturopathy - Practical	BNYS – P 204	2	Core Course					
Yoga and Physical Culture-I - Theory	BNYS – T 203	4	Core Course					
Yoga and Physical Culture-I - Practical	BNYS- P 203	2	Core Course					
Yoga & Physical Culture II - Theory	BNYS – T 305	4	Core Course					
Yoga & Physical Culture II - Practical	BNYS- P 305	2	Core Course					
Yoga Therapy - Theory	BNYS – T 401	4	Core Course					
Yoga Therapy - Practical	BNYS - P 401	2	Core Course	x	x	x	x	101
Yoga Philosophy	DNYT-CT104	6	Core Course					
Yoga Therapy	DNYT-CP204	6	Core Course					

Total Number of courses offered as trans-disciplinary courses across various programs offered by the University



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 (ACADEMICS & RESEARCH)
 University of Patanjali, Haridwar