

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS
UNDER GRADUATE PROGRAM

Bachelor in Physical Education and Sports

(B.P.E.S)

2021-22

Program Outcomes:

After successful completion of the program, an individual will be able to :

- PO-1** Interpret practical and sports skills required for physical education Development.
- PO-2** Able to officiate in the tournaments.
- PO-3** Able to understand functioning of various internal organs of the human body
- PO-4** Appraise food safety and prevention of injury to maintain a safe and healthy environment
- PO-5** Able to apply and interpret aspects of applied psychology
- PO-6** Develop long write goals and strategies that the action needed to each year to meet the objectives
- PO-7** To conduct the rehabilitation program for the players and society
- PO-8** Able to take anthropometric measurement in the field of sports and physical education
- PO-9** Able to help responsible authorities during natural disaster in their Management.

Program Educational Objectives (B.P.E.S)

Program Educational Objectives of Bachelor's Degree Program in Physical Education.
The Program specific objectives are:

- To enable students to understand history, philosophy, values, ethics and functions of Physical Education profession, and its linkages with other social science & science disciplines;
- To equip students with knowledge on core and ancillary methods of professional work, and its practice base;
- To inculcate in the student's values of enquiry and research; and thereby develop problem solving and decision making abilities;
- To prepare professionals to practice in diverse field settings and also address contemporary issues and concerns such as of games and sports;
- To make learners- the young professionals sensitive to the needs of the people at individuals, group and community levels and to social problems in changing social, cultural and techno-economic context;

- To develop young professionals with good communication skills and quest for a self-motivated life-long learning, focusing on skilling and re-skilling in their respective field of Physical Education;

Program Specific Outcomes (PSOs)

The learning and abilities or skills that a student would have developed by the end of three-year **B.P.E.S. (three Year Degree Program):**

- PSO-1** Remembering and Understanding the concepts, theories, functions, structures, terminology and skills of physical education and sports sciences.
- PSO-2** Applying and demonstrating various concepts, theories, procedures and skills in different sports situations.
- PSO-3** Analyzing and relating the valuable knowledge about the Health, related issues various communicable disease, its preventive measures, Nutrition, its role in weight management and healthy life..
- PSO-4** Evaluating and measuring the important methods used for teaching in Physical Education.
- PSO-5** Creating and designing research problem, training sessions, diet plans.

THE COURSE LEARNING OUTCOME (COs):

(B.P.E.S)

**HUMAN ANATOMY AND PHYSIOLOGY– I
COURSE CODE: BPE CC-102**

Learning objective

- students in-depth instruction in the organization, structures, and functions of the human body.
- Students will learn the terminology, anatomy and physiology, and pathology of each body system and how they interrelate to maintain homeostasis.

The Course learning outcomes (COs):

On completion of the B.P.E.S program, the students will be learning and able to do/perform the following.....

- CO-1.**Describing the concept, need and importance of anatomy and physiology in physical education.
- CO-2.**Describing and define the cell, tissue, organs and systems.
- CO-3.**Explaining the circulatory systems and its functions.
- CO-4.**Describing the respiratory systems and its functions.
- CO-5.**Explaining the digestive systems and its functions.

HISTORY OF PHYSICAL EDUCATION AND SPORTS

COURSE CODE: BPE-CC- 101

Learning Objective:

- The aim to develop the student into better rounded, balanced individuals.
- These activities capture the interest of the students.
- Hey also promote their safety and well-being.
- This is a practical improvement on the usual physical education program.

The Course learning outcomes(COs):

On completion of the B.P.E.S program, the students will be learning and able to do/perform the following.....

CO-1. Describing the meaning, definition, need, scope, and historical perspective of physical education.

CO-2. Describe and define the aims and objectives of physical education.

CO-3. Explaining the development of physical education at the global level.

CO-4. Interpreting the philosophical aspect of physical education.

CO-5. Explaining the sports institution in India before and after independents.

CO-6. Classifying the different committees and schemes in the field of physical education.

CO-7.Discussing the different awards and honors.

HISTORY OF PHYSICAL EDUCATION AND SPORTS

BPE-CC-P-101

Learning Objective:

- The aim to develop the student into better rounded ,balanced individuals.
- These activities capture the interest of the students.
- Hey also promote their safety and well-being.
- This is a practical improvement on the usual physical education program.

The Course Learning outcomes (Cos) :

CO-1. The pass out students would be able to compare the relationship between general education and Physical education.

CO-2. Students would be able to identify and relate with the History of Physical Education.

CO-3. Students would be able to comprehend the relationship between

Philosophy, Education and Physical Education.

CO-4. Students would be able to identify the works of Philosophers of Education and Physical Education.

CO-5. Students would be know recent developments and academic foundation of Physical Education.

BPE-CC-P-102

Practical- Anatomy & Exercise Physiology

Learning objective

- Students in-depth instruction in the organization, structures, and functions of the human body.
- Students will learn the terminology, anatomy and physiology, and pathology of each body system and how they interrelate to maintain homeostasis.

The Course Learning Outcomes (COs) :

CO-1. The student will be oriented with the basic structure and function of human body by identifying, comparing and relating different systems, organs and their functional and structural units.

CO-2. Students will be able to Relate and interpret the role of exercise on body systems and its relation to well being, through literature reviews and physical conditioning exercises.

CO-3. Adapt the art to apply the knowledge of anatomy and physiology in physical activity classes at school level.

CO-4. Construct anatomy and physiology related pedagogical materials exploring their creative imaginations while working in group and using technology.

systems and its relation to well being, through literature reviews and physical conditioning exercises.

CO-3. Adapt the art to apply the knowledge of anatomy and physiology in physical activity classes at school level.

CO-4. Construct anatomy and physiology related pedagogical materials exploring their creative imaginations while working in group and using technology.

BPE-CC-P-103

Yoga Practicum-I

Objectives: Following the completion of the course, students shall be able to:

- Understand the benefits, procedure and contraindications of all practices.
- Demonstrate each practice with confidence and skill.
- Explain the procedure and subtle points involved.

The Course Learning Outcomes (Cos) :

CO-1. Demonstrate basic skills associated with yoga and Pilates.

CO-2. Demonstrate the ability to perform yoga movements in various combination and forms.

CO-3. Understand and apply the knowledge of basic choreography, and effective group management.

CO-4. Demonstrate the ability to create and present various yoga activities.

English Communication

Paper Code: BPES-AECC-101

Objectives:

Unit 1- Improve pronunciation and Use English Grammar worksheets and exercises to improve grammatical knowledge for competitive exams

Unit 2- Enhance reading, understanding and writing abilities in English

Unit 3 -Develop the ability to read, understand and improve English vocabulary

Unit 4 - Demonstrate conversational skills, Asking Questions

The Course Learning Outcomes (COs):

CO-1. Improve and widen employment prospects.

CO-2. Explore the world with confidence

CO-3. Increase cognitive ability.

CO-4. Access world-class education system and establishment.

HINDI

COURSE CODE: CC 101

OBJECTIVES:

- Understand the aspects of linguistic behavior in Hindi language.
- Understand the position and content of Hindi language taught at secondary level.
- Understand the constitutional provisions and historical preview of Hindi language.
- Understand the role of Hindi in India; in nation and in International arena.
- Understanding multilingualism and its implication in classroom situation.
- Understand and develop linguistic systems and other language skills of Hindi language used in classroom teaching.
- Understand the use of different strategies used in Hindi teaching.

The Course learning Outcomes (Cos)

COs-1. The students are able to get an in-depth knowledge of this ancient Indian language and its literature.

COs-2. The students must get an overview about the poetry grammar and history of its literature.

BPES-CC-201

Title: Kinesiology

- Kinesiology and physical education study the role exercise, physical movement and sports play in the development of human health and happiness.
- They apply sciences like biomechanics, anatomy, physiology and psychology to better understand how the human body responds to physical activity.
- Kinesiology studies the mechanics of human movement and how they impact our health and wellbeing.

The Course Learning outcomes (COs) :

CO-1. The student would be Oriented with the skeletal structure of human body by identifying. The origin and insertion of various muscles.

CO-2. Orient the students in basic structure and functions of primary joints of the body.

CO-3. Relate and interpret the role of various mechanical principles in human movement.

BPES-CC-202
TRACK EVENT

Learning Objective :

- Describe the nature and background of athletics
- Identify the basic terminologies
- Identify safety precaution to avoid injuries

The Course Learning Outcomes (COs)

CO-1. Introduction to athletics (track events) Sprint Events Middle Distance Races
Long Distance Races

CO-2. Rules and regulations (track events), Duties of officials, Equipment's
Brief background techniques and importance of motor-components of the following
events:

CO-3. Sprint Events, Relay Races, Hurdle Race, Flat Races,

CO-4. Brief historical background of track events, Organizing of athletic meet, Role of
various

CO-5. Committees, National records.
Various Awards

BPE-CC-P-201
Kinesiology

Learning Objective:

- Kinesiology and physical education study the role exercise, physical movement and sports play in the development of human health and happiness.
- They apply sciences like biomechanics, anatomy, physiology and psychology to better understand how the human body responds to physical activity.
- Kinesiology studies the mechanics of human movement and how they impact our health and wellbeing.

The Course Learning outcomes (COs) :

- CO-1. The student would be Oriented with the skeletal structure of human body by identifying. The origin and insertion of various muscles.
- CO-2. Orient the students in basic structure and functions of primary joints of the body.

- CO-3. Relate and interpret the role of various mechanical principles in human movement.

BPE-CC-P-202

Title: TRACK EVENT

- Describe the nature and background of athletics
- Identify the basic terminologies
- Identify safety precaution to avoid injuries
- **The Course Learning Outcomes (COs):**

CO-1. Introduction to athletics (track events) Sprint Events Middle Distance Races
Long Distance Races

CO-2. Rules and regulations (track events), Duties of officials, Equipment's Brief background techniques and importance of motor-components of the following events:

CO-3. Sprint Events, Relay Races, Hurdle Race, Flat Races,

CO-4. Brief historical background of track events, Organizing of athletic meet, Role of various

CO-5. Committees, National records.

BPE-CC-P-203

Yoga Practicum-II

Objectives: Following the completion of the course, students shall be able to:

- 1) State techniques, health benefits, applications, precautions and contraindications of under mentioned yogic practices; &
- 2) To demonstrate and instruct under mentioned yogic practices.

The Course Learning Outcomes (COs):

CO-1. Demonstrate basic skills associated with yoga and Pilates.

CO-2. Demonstrate the ability to perform yoga movements in various combination and forms.

CO-3. Understand and apply the knowledge of basic choreography, and effective group management.

CO-4. Demonstrate the ability to create and present various yoga activities.

BPES-AECC-201

Environmental Science

ENVIRONMENTAL STUDIES

Objectives:

- Students will integrate knowledge from multiple disciplines representing physical and life sciences perspectives, political and economic perspectives, and social and cultural perspectives on humans' interactions with their environments;
- Students will contribute to and facilitate interdisciplinary research and problem solving, through independent and collaborative work; and
- Students will use quantitative and qualitative research tools and techniques to analyze, implement, envision, assess, and report sustainability efforts.

The Course Learning Outcomes (COs):

CO-1. Articulate the interconnected and interdisciplinary nature of environmental studies;

CO-2. Demonstrate an integrative approach to environmental issues with a focus on sustainability;

CO-3. Use critical thinking, problem-solving, and the methodological approaches of the social sciences, natural sciences, and humanities in environmental problem solving;

CO-4. Communicate complex environmental information to both technical and non-technical audiences;

CO-5. Understand and evaluate the global scale of environmental issues & problems; and Reflect critically on their roles, responsibilities, and identities as citizens, consumers and environmental actors in a complex, interconnected world.

BPES-MIL-201

Title: English-I

Objectives:

- Communicate easily with and enhance the ability to understand native speakers
- Remove personal barriers and enhance confidence in a group setting and in workplaces
- Help translate L2 from L1 in a more efficient manner
(L1 is the mother tongue & L2 is the Official Language – here English)
- Enhance formal and business writing skills

The Course Learning Outcomes (COs):

CO-1. Identify literary techniques and creative uses of language in literary texts

CO-2. Adapt their texts to particular audiences and purposes

CO-3. Articulate a thesis and present evidence to support it

CO-4. Find, evaluate, and use appropriate bibliographic materials in their texts

CO-5. Explain the relevance of themes found in literary texts to contemporary, personal, and cultural values

BPES-CC-301

SPORTS TRAINING

Learning objective:

- Sports training is especially focused on optimal performance in a particular sport.
- Its main aim is to develop the performance capacity of sports persons, so that they achieve the highest possible performance.

The Course Learning Outcomes (COs) :

CO-1. The learners will be able to identify the fundamental concepts, theories and principles of human body training related to sports performance.

CO-2. The learners will be able to demonstrate the skills to train different fitness components and related planning.

CO-3. The learners will be able to understand the organization to achieve high performance in sports.

BPES-CC-302

FIELD EVENT

Learning Objective :

- Describe the nature and background of athletics
- Identify the basic terminologies

- Identify safety precaution to avoid injuries

The Course Learning Outcomes (COs) :

CO-1. To be able to learn and deliver the knowledge of basic fundamental skills, techniques, stance, ground markings and dimensions, rules in the games .

CO-2. To develop a knowledge about the historical development of this game.

BPES-CC-P-301

SPORTS TRAINING

Learning Objective:

- Sports training is especially focused on optimal performance in a particular sport.
- Its main aim is to develop the performance capacity of sports persons, so that they achieve the highest possible performance.

The Course Learning Outcomes (COs) :

CO-1. The learners will be able to identify the fundamental concepts, theories and principles of human body training related to sports performance.

CO-2. The learners will be able to demonstrate the skills to train different fitness components and related planning.

CO-3. The learners will be able to understand the organization to achieve high performance in sports

BPES-CC-P-302

FIELD EVENTS

Learning Objective :

- Describe the nature and background of athletics
- Identify the basic terminologies
- Identify safety precaution to avoid injuries

The Course Learning Outcomes:

CO-1. To be able to learn and deliver the knowledge of basic fundamental skills, techniques, stance, ground markings and dimensions, rules in the games .

CO-2. To develop a knowledge about the historical development of this game.

BPES-CC-P-303

Yoga Practicum-III

Objectives:

Following the completion of the course, students shall be able to:

- 1) State techniques, health benefits, applications, precautions and contraindications of under mentioned yogic practices; &
- 2) To demonstrate and instruct under mentioned yogic practices.

The Course Learning Outcomes (COs) :

CO-1. Demonstrate basic skills associated with yoga and Pilates.

CO-2. Demonstrate the ability to perform yoga movements in various combination and forms.

CO-3. Understand and apply the knowledge of basic choreography, and effective group management.

CO-4. Demonstrate the ability to create and present various yoga activities.

BPES-SEC-301

FUNDAMENTAL OF COMPUTER APPLICATION

Learning Objective:

- To understand basics of computer and working with OS.
- To develop working skills with productivity tools, graphics designing and Internet.
- To acquire basic programming skills

The Course Learning Outcomes (COs) :

CO-1. The student will be oriented with the basic knowledge of computer applications.

CO-2. The student will be able to apply the knowledge in the framing of training programs.

CO-3. The outcome of this course will help him in gathering, storage and processing of huge information in relation to inputs, outputs and feedback of sports training programs.

BPES-CC-401

OFFICIATING AND COACHING

Learning Objective:

- Officials undertake an important role in the staging of competitions.
- They provide leadership and guidance to participants, ensuring that the competition is conducted in a safe and fair manner.
- Coaching is a full time job and it is the process in which coach imparts knowledge to the players.

The Course Learning outcomes (COs) :

CO-1. The pass out would be oriented with the rules regulations of the chosen game.

CO-2. The pass out would be able to lay-out and mark the dimensions of the play court.

CO-3. Students would be able to organize the concerned sports event and officiate in it.

CO-4. Students would be oriented in the art of coaching the sports team.

CO-5. Students shall also be able to organize and officiate in yogic **events**.

BPES-CC-402

TEST MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION AND SPORTS

Learning objective:

- To evaluate the learners - In the field of physical education and sports Test and Measurement helps in collection of data which further helps in evaluating the learners ability separately.
- It also helps the sports person in enhancing his sports performance.
- Test, measurement, and evaluation are concepts used in education to explain how the progress of learning and the final learning outcomes of students are assessed.

The Course Learning outcomes (COs):

CO-1. The students will be able to recognize and relate the concept of test, measurement and evaluation in the context of Physical Education.

CO-2. The students will be able to construct and conduct the physical fitness and sports skill test.

CO-3. The students will be able to implement the criteria of test selection.

The syllabus would orient the students in the art of applications of test, measurement and evaluation in physical and sports activities with simultaneous development of practical competency in conducting physical fitness and sports skill tests.

BPES-CC-P-401

OFFICIATING AND COACHING

Learning Objective:

- Officials undertake an important role in the staging of competitions.
- They provide leadership and guidance to participants, ensuring that the competition is conducted in a safe and fair manner.
- Coaching is a full time job and it is the process in which coach imparts knowledge to the players.

Learning outcomes:

CO-1. Define the meaning and general principles of Officiating.

CO-2. Discuss financial and legal aspects of officiating.

CO-3. Describe the qualification and qualities of an officiating.

CO-4. Classify the duties of officials.

CO-5. Define the ingredients of officiating.

CO-6. Discuss enforcement, Facilities, Arrangement, and environment for officiating

CO-7. Explain the relations of officials with management, players, coaches, captains, spectators,
and fans.

CO-8. Classify the preparations of officials before, during and after the game.

BPES-CC-P-402

TEST MEASUREMENT AND EVALUATION IN PHYSICAL EDUCATION AND SPORTS

Learning objective:

- To evaluate the learners - In the field of physical education and sports Test and Measurement helps in collection of data, which further helps in evaluating the learners ability separately.
- It also helps the sports person in enhancing his sports performance.
- Test, measurement, and evaluation are concepts used in education to explain how the progress of learning and the final learning outcomes of students are assessed.

Learning outcomes:

CO-1. Define the meaning and general principles of Test, Measurement & Evaluation

CO-2. Discuss the role and Importance of Test, Measurement & Evaluation.

CO-3. Acquiring the knowledge of Concept of Physical Fitness

CO-4. Determining the role of Endurance

CO-5. Calculating and examine the Anthropometric Measurements

BPES-CC-P-403

Yoga Practicum-IV

Objectives: Following the completion of the course, students shall be able to:

- 1) State techniques, health benefits, applications, precautions and contraindications of under mentioned yogic practices; &
- 2) To demonstrate and instruct under mentioned yogic practices.

The Course Learning Outcomes (COs):

CO-1. Demonstrate basic skills associated with yoga and Pilates.

CO-2. Demonstrate the ability to perform yoga movements in various combination and forms.

CO-3. Understand and apply the knowledge of basic choreography, and effective group management.

CO-4. Demonstrate the ability to create and present various yoga activities.

BPES-SEC-401

ADVANCED COMPUTER APPLICATION

Learning Objective:

- To understand basics of computer and working with OS.
- To develop working skills with productivity tools, graphics designing and Internet.

- To acquire basic programming skills

The Course Learning Outcomes (COs) :

- CO-1.** The student will be oriented with the basic knowledge of computer applications.
- CO-2.** The student will be able to apply the knowledge in the framing of training programs.
- CO-4.** The outcome of this course will help him in gathering, storage and processing of huge information in relation to inputs, outputs and feedback of sports training programs.

BPES-DSC-501

: Research and Teaching Methods in Yoga

Objectives: Following the completion of this course, students shall be able to

- Understand the basic principles of Research & Teaching Methods.
- Have knowledge of different aspects of research & teaching methods used in Yoga.

THE COURSE LEARNING OUTCOMES (COs):

- CO-1.** To enable the student to have good health.
- CO-2.** To practice mental hygiene.
- CO-3.** To poses emotional ability.
- CO-4.** To integrate moral values.
- CO-5.** To attain higher level consciousness.

BPES-DSC-502

Sports Psychology

Learning Objective:

- to understand how psychological and social factors influence an individual's behavioral outcomes (e.g., sport performance, exercise motivation)
- to understand how participation in sport and exercise influences psychological

The Course Learning outcomes (COs):

- CO-1.** The study would orient the student in basic concepts of psychology.
- CO-2.** The student would be oriented in identifying factors determining one's overall personality.
- CO-3.** He would understand various laws of learning and their relevance in

teaching learning process.

CO-4. The study would orient him in getting through with the psychology of sports person.

BPES-SEC-501

Basketball, Handball & Kho- Kho

Learning Objective:

- The improvement of various components of physical and skills related fitness like strength, speed, coordination, endurance and flexibility is an important aim and objective of sports training.
- develop techniques and tactics involved in organized physical activities, games and sports.
- acquire knowledge about human body as its functioning is influenced by physical activities.
- understand the process of growth and development as participation in physical activities has positive relationship with it.
- develop socio-psychological aspects like control of emotions, balanced behaviour, development of leadership and followership qualities and team spirit through participation in games and sports.

The Course Learning Outcomes(COs):

CO-1. To be able to learn and deliver the knowledge of basic fundamental skills, techniques, stances, forms, rules and duties of officials, etc.

CO-2. To develop a knowledge about the historical development of this game.

BPES-GE-502

Ancient Indian Social Life and Institutions

LEARNING OBJECTIVE

The ancient education focused on imparting ethics like humility, truthfulness, discipline, self-reliance, and respecting all creations to the students. The education was mostly imparted in ashrams, gurukuls, temples, houses.

THE COURSE LEARNING OUTCOMES (COs):

CO-1. The students would have a better grasp of a cultural heritage and

- intellectual growth.
- CO-2.** The students would must learn ancient knowledge place a valuable role in “received wisdom”.
- CO-3.** The student would must gain thoughts and ideas past down by previous generation.

BPEs-DSC-602

Personality Development

Learning Objective:

- Personality development helps you gain recognition and acceptance from the society as well as people around.
- Personality development plays an essential role not only in an individual's professional but also personal lives.
- It makes an individual disciplined, punctual and an asset for his/her organization

The Course Learning Outcomes (COs):

- CO-1.** Explores own identity and culture (e.g., gender, sexual orientation, racial/ethnic background, socioeconomic status)
- CO-2.** Integrates multiple aspects of personal identity into a coherent whole
- CO-3.** Can articulate how personal identities relate to larger social constructs

BPEs-DSP-601

Study Tour & Report Writing

Objectives:

Following the completion of the course, students shall be able to

- Understand the concept of research and its methodology for carrying minor and major research.
- Understand the tricks of analyzing the data efficiently.
- Have an idea about various statistical tests and their application.
- Write a research project/Case Study/ Survey

THE COURSE LEARNING OUTCOME (COs):

CO-1. Learning is the process of acquiring new knowledge or modifying the existing knowledge, behaviors, skills, values, or preferences. Learning is more effective when it comes through experiences. To acquire first-hand knowledge about a different side of living, such as rural India or tough terrain in Himalayas. Using the knowledge acquired to gain an understanding of programs, policies, services and procedures that impact society's systems.

BPES-SEC-601

VOLLEYBALL & KABADDI

Learning Objective:

- the improvement of various components of physical and skills related fitness like strength, speed, coordination, endurance and flexibility is an important aim and objective of sports training.
- develop techniques and tactics involved in organised physical activities, games and sports.
- acquire knowledge about human body as its functioning is influenced by physical activities.
- understand the process of growth and development as participation in physical activities has positive relationship with it.
- develop socio-psychological aspects like control of emotions, balanced behaviour, development of leadership and followership qualities and team spirit through participation in games and sports.

The Course Learning Outcomes (COs):

CO-1. To train the student teachers to equip with game specialization of any discipline mentioned above so as to enhance their teaching ability and proficiency in handling practical classes.

CO-2. To develop a knowledge about the historical development of this
game.

CO-3. To be able to learn and deliver the knowledge of basic fundamental skills, techniques, stances, forms, rules and duties of officials, etc. in the event of Volleyball.

BPES-GE-602
Ancient Indian Religion

Learning Objectives:

- Discuss fundamentals of Ancient Indian Educations
- Analyze the meaning of the terms attached to ancient education system
- The purpose of studying Vedas Enumerate the main characteristics of education system in Vedic and post Vedic period
- Explain the duties of teacher and student during Vedic & post Vedic period. List forms of educational system during Vedic period.
- Basic features of the Sramana traditions which include within its fold Buddhism and Jainism.
- Various cults like Vaishnavism, Śaivism and Śāktism have played a prominent role in popularizing the basic tenets of Purānic religion.

The Course Learning Outcomes (COs):

- CO-1.** After completing this course students are expected to have a fair knowledge about the prehistory, proto history and the sources of Ancient Indian History.
- CO-2.** The paper ensures that the students learn the changes in political, social, economic and cultural scenario happening during this chronological span. It will also teach them how to study sources to the changing historical processes
- CO-3.** The course is expected to familiarize the student to theories of state, feudalism, political structure and periodization in history, based on the Indian examples from early medieval period.