

## **Bachelor of Naturopathy and Yogic Sciences (B.N.Y.S.)**

### **Program Educational Objectives (PEOs)**

- **PEO 1** - Recognize the health needs of the community, and carry out professional obligations ethically and in keeping with the objectives of the National Health Policy;
- **PEO 2** - Develop the skills in most of the competencies and training that are required to deliver the Naturopathy and Yoga health care system;
- **PEO 3** - Become aware of the contemporary advances and developments in the discipline concerned;
- **PEO 4** - Acquire a spirit of scientific inquiry and is oriented to the principles of research methodology and epidemiology,
- **PEO 5** - Become proficient in their profession by developing scientific temper and improve educational experience;
- **PEO 6** - Identify social, economic, environmental, biological and emotional determinants of health in a given case and take them into account while planning therapeutic, rehabilitative, preventive and promotive measures/strategies;
- **PEO 7** - Plan and devise measures in Naturopathy and yoga for the prevention and rehabilitation of patients suffering from disease and disability;
- **PEO 8** - Demonstrate skills in documentation of individual case details as well as morbidity data relevant to the assigned situation;
- **PEO 9** - Play the assigned role in the implementation of national health programs, effectively and responsibly;
- **PEO 10** - Organize and supervise the chosen/assigned health care services demonstrating adequate managerial skills in the clinic/hospital or the field Situation;
- **PEO 11** - Develop skills as a self-directed learner; recognize continuing educational needs, select and use appropriate learning resources;
- **PEO 12** - Demonstrate competence in basic concepts of research methodology and epidemiology, and be able to critically analyze relevant published research literature;
- **PEO 13** - To implement all National health policies;
- **PEO 14** - Work towards realization of Health for all, as a national goal through naturopathy and yoga;
- **PEO 15** - To follow the medical ethics and to fulfill the social and professional responsibilities as a Naturopathy and Yoga Physician through drugless therapies;
- **PEO 16** - Be competent in the practice of holistic medicine with expert knowledge and experience in promotive, preventive, curative and rehabilitative aspects of diseases;
- **PEO 17** - Become proficient in their profession by developing scientific temper and improve educational experience.



### **Program Specific Outcomes (PSOs)**

After the medical undergraduate program, the students must:

- **PSO 1** - Be able to expertly diagnose and manage common diseases and health problems of individuals as well as community, work with the health team as a fully qualified doctor at primary, secondary or tertiary levels, with his/her clinical experience and skills in history, physical examination and relevant investigations;
- **PSO 2** - Be proficient in promotive, preventive, curative and rehabilitative medicine and therapy for common health issues;
- **PSO 3** - Be adept in different therapeutic modalities and their administration;
- **PSO 4** - Develop a humane attitude towards one's clients and understand economic, environmental, social, psychological and cultural factors that influence health;
- **PSO 5** - Enjoy an urge for self-improvement, directed towards advanced expertise or research in any chosen area of health care;
- **PSO 6** - Have enough knowledge about implementation of National Health Programs and the basic factors required for the same, which are as follows;
  - a. Family Welfare and Maternal and Child Health (MCH);
  - b. Sanitation and Water Supply;
  - c. Prevention and Control of communicable and non-communicable diseases;
  - d. Immunization;
  - e. Health education;
- **PSO 7** - Possess management skills in human resources, materials and resource management in health care delivery;
- **PSO 8** - Be competent in recognizing community health issues and design, institute curative and preventive measures and evaluate the outcome of these measures, thus working towards resolving these issues;
- **PSO 9** - Be able to work successfully in a variety of health care settings;
- **PSO 10** - Develop integrity, responsibility, reliability, dependability and compassion, which are characteristics required for successful professional life;
- **PSO 11** - Develop leadership and communication skills to work as leading investigator or clinician in health care team.
- **PSO 12** - Be able to effectively integrate the conventional basic sciences (e.g., human physiology) with the traditional medical systems and to enhance the understanding of their effects and therapeutic potential;
- **PSO 13** - Be able to provide state of the art learning facilities (e.g., audio visual aids, interactive learning systems) to conceptualize the ancient medical system;
- **PSO 14** - Be able to run advanced laboratories under each department (basic and clinical sciences) for effective experimental training and research;
- **PSO 15** - Be able explore the possibilities of promoting effective integrated medical practice at conventional medical facilities attached to the institute;
- **PSO 16** - Be able provide the best possible clinical setting for clinical training and research;
- **PSO 17** - Be able prepare every Yoga and Naturopathic physician with an in depth understanding of
- **PSO 18** - Basic sciences, superior clinical training and with an outlook for research and development;



## **Diploma in Naturopathy and Yoga Therapy (D.N.Y.T.)**

### **Program Educational Objectives (PEOs)**

- **PEO 1** - To impart knowledge about Naturopathy & Yoga with its concepts.
- **PEO 2** - To educate the disease prevalence and role of Naturopathy & Yoga therapy in preventive and educative aspects.
- **PEO 3** - To Train items in technically in natural treatment modalities & procedures.
- **PEO 4** - To produce high quality caliber therapist to serve society
- **PEO 5** - To bring peace and harmony in the society by introducing natural way of life and also creating job opportunities.

### **Program Specific Outcomes (PSOs)**

After completion of the program, the student must be able to:

- **PSO 1** - Locate and identify body structures, organs and their functions. Identify the microbes causing ill health and effected populations. Understand some common features of living organisms and their habituations.
- **PSO 2** - Read and understand Sanskrit with respect to script and basic grammar. Speak fluently in Sanskrit after having learnt the various peculiar pronunciations.
- **PSO 3** - Demonstrate basic knowledge of the various therapeutic modalities utilized in Naturopathy; Describe the various principles of Naturopathy with respect to the body, health, disease and therapy.
- **PSO 4** - Perform and demonstrate various Asanas, Pranayama, Kriyas and Meditations; Describe various philosophies of Yoga and apply them therapeutically, relating to a patient's life situation or personality.
- **PSO 5** - Utilize knowledge of Holistic therapies in managing various diseases; Demonstrate usage of therapeutic aspect of air, water, mud, color and magnet treatments in Promotive, preventive, curative and rehabilitative therapy. Institute and evaluate remedial measures in Panchakarma for various disease conditions in wellness.

