

Passed from M.J.P. Rohilkhand University Bareilly in 2002.

Official qualification

- ❖ Passed State Technical Official Exam (S.T.O.) in athletics in 2005.

Officiating Experience

1. Officiating in Ist National Inter District Athletics Meet, Haridwar by A.A.F.I. (Amateur Athletic Federation of India) in 2004.
2. Officiating in Inter College Kabaddi Tournament held in Meerut College, Meerut in 2003

SPORTS ACHIEVEMENT

- ❖ Played North zone kabaddi inter university held at Dr.Y.S. Parmar University, Neuni solen (H.P)

RESEARCH GUIDANCE AS SUPERVISOR

- | | |
|---|-----------------------------|
| 1. Ph.D Awarded Under Supervision till now | 05 |
| 2. Present Number of Scholar | 06 (Ph. D Research Scholar) |

Specialized Subject

- ❖ History of Physical Education, Health Education and Yoga

Specialization in Sports

- ❖ Kabaddi & Yoga

Advance Sports

- ❖ Badminton, Volleyball

No of Papers Published 33

RESEARCH, PUBLICATION AND ACADEMIC CONTRIBUTIONS

S. N	Title of the paper/Participated/ presented/Resource Person	Title of Seminar/ Conference/ Symposium/ Workshop/ journal	National/ International/State/I nter-Institutional	Organizer	Publication status and date (ISBN/ISSN details)
33.	Tracing the roots of aggressive violent behavior and apprehension anxiety among sports persons : A review of literature	Journal	IJAR(Indian journal of applied research)	IJAR(Indian journal of applied research)	Volume -13,Issue- 05,May-2023
32.	Importance of Technical Terminology in Education	Workshop	National	Commission for Scientific and Technology Terminology, Ministry of Human Resource Development(Depar tment of Higher Education) Ramkishanapuram, New Dehli-110066	Participated on Dec 01 –Dec 2, 2022
31.	Impact of Sports activities and Yoga on Behavior of School Students	Two day National Seminar	National	KCC Institute of Legal and Higher Education	Participated on November 11- November 12,2022
30.	Relevance of Sports activities different Physical activities on school Students	Peer reviewed/Referred International JOURNAL	International	Social research Foundation (Multi- disciplinary International journal)	Volume-06,Issue-05, September- 2022

29.	76th Independence Day Celebrated as Part of Azadi ka Amrit Mahotsav	Appreciation Certificate for the Implementation of NEP-2020	University	Mangalayatan University, Beswan , Aligarh-202145	Academic Year - 2021-22
28.	Effects of Circadian Rhythm on Sports Performance in Different Seasons	Turkish Online Journal of Qualitative Inquiry (TOJQI)	INTERNATIONAL	(TOJQI)	Volume-12, Issue -7 July 2021 - 12486-12488
27.	Descriptive Analysis of the selected Psychological Variables of North Zone Inter University Basketball Players	Turkish Online Journal of Qualitative Inquiry (TOJQI)	INTERNATIONAL	(TOJQI)	Volume-12, Issue -7 July 2021 - 12687-12690
26.	A Study of State Sports Confidence and Selected Behavioral Characteristics of Basketball Players	Design Engineering	INTERNATIONAL	Design Engineering	ISSN :0011-9342, Year-2021, Issue-7, Pages-14044-14047
25.	Circadian Rhythm	Design Engineering	INTERNATIONAL	Design Engineering	ISSN :0011-9342, Year-2021, Issue-7, Pages-12713-12714
24.	NEP 2020 and its Significance	10 Day FDP-cum – Workshop	National	Mangalayatan University, Beswan , Aligarh	March 20- August 13, 2021

23.	NEP 2020 and its Significance	Group Discussion at the 10 Day FDP-cum – Workshop	National	Mangalayatan University, Beswan , Aligarh	Position- Second Best , March 20-August 13, 2021
22.	Colosseum Sports Fest -2021-2022	Three Day Sports Meet.	University annul Sports Fest	Mangalayatan University, Beswan , Aligarh	Position- Appreciation for best work, March 19-March 21,2021
21.	Antur Viswavidhyalaya evam rajya starya kabaddi khiladiyo ka Sarireek samta ke Pariprakshya mai ek tulnatmak adhyayan.	International Journal of Multidisciplinary Education Research	INTERNATIONAL	International Journal of Multidisciplinary Education Research	ISSN:2277-7881 VOLUME-9, ISSUE-12(3) DECEMBER -2020
20.	Effect of Pranayama on the Educational Achievement of under graduate Student	JOURNAL	INTERNATIONAL	INTERNATIONAL JOURNAL OF EDUCATION AND SCIENCE RESEARCH REVIEW	ISSN-2348-6457 VOLUME-1 ISSUE-3 YEAR-2014
19.	Vidyarthio ki Smiriti Samta per Pranayama ka Prabhav-ek Prayogatmak adhiyan	JOURNAL	INTERNATIONAL	INTERNATIONAL JOURNAL OF EDUCATION AND SCIENCE RESEARCH REVIEW	ISSN-2348-6457 VOLUME-1 ISSUE-3 YEAR-2014
18.	Football tatha kabaddi khiladion ke Madhya saririk daksta ke ghatko ka tulnatmak adhyayan	JOURNAL	INTERNATIONL	INTERNATIONAL RESEARCH JOURNAL OF MANAGEMENT SOCIOLOGY & HUMANITIES	ISSN 2277-9809(0)2348-9359(P) VOLUME -5 ISSUE-8 YEAR-2014
17.	Vidyarthio ki Adhiyan adato per	JOURNAL	INTERNATIONL	INTERNATIONAL JOURNAL OF	ISSN-2348-6457 VOLUME-1

	pranayama ka prabhav-ek prayogatmak adhiyan			EDUCATION AND SCIENCE RESEARCH REVIEW	ISSUE-3 YEAR-2014
16.	Resource person	Symposium on “Relevance of axiology in teacher education with reference to its social aspects”	Inter-institutional	Swami vivekanandsubharti university,meerut,30 to31 may,2014	NA
15.	Participated	Workshop on “Training the trainer”	Inter-institutional	Swami Vivekanand Subharti university, Meerut, July ,4,2014	NA
14.	Public Health Fitness	National Conference on contribution of physical education to public health fitness and sports promotion	National	Physical Education Foundation of India Delhi 29-8.2013	NA
13.	Participated	Title of workshop life skills education	National	Subharti institute of Technology & Engineering (s.v.s.u)April,20 ,2013	NA
12.	Women Empowerment in India	National seminar on women empowerment in India : Milestones and challenges with education	National	Faculty of Education SVSU, Meerut 7.6.2013	NA
11.	Innovative Teaching and Learning in Higher Education	National Conference on new perspectives and innovations in higher education	National	SRM University, NCR Campus, Modinagar Ghaziabad U.P.7.4.12	NA
10.	Education : Health Education, Psychological stress	National Conference on new perspectives and innovations in higher education	National	SRM University, NCR Campus, Modinagar Ghaziabad U.P. 7.4.12	NA

09.	Guidelines for Personal Fitness	U.G.C National Seminar on emerging trends in physical education and yoga for all round development of youth	National	J.S. P.G. College Sikandrabad, Bulandshar U.P. Feb 27to28,2011	NA
08.	The Relationship between working memory capacity and Physical Activity Rates in Young Adults	National Conference and exhibition	National	Noida College Physical Education 5th to 7th Feb. 2010	NA
07.	Analysis of Motivation Between Men and Women College Hockey Player	National Conference and exhibition	National	Noida College Physical Education 5th to 7th Feb. 2010	NA
06.	Psychological Barriers in the performance of Kabaddi Players	National Conference on physical education, sports, physiotherapy and yoga.	National	Doon (P.G) College of Education Sunderpur Tehsil Behat, Distt. Saharanpur U.P. 31 Oct. to 1 Nov. 2009	NA
05.	A Comparative Study of Anxiety and Aggression of Kabaddi Players	National Conference on physical education, sports, physiotherapy and yoga.	National	Doon (P.G) College of Education Sunderpur Tehsil Behat, Distt. Saharanpur U.P. 31 Oct. to 1 Nov. 2009	NA
04.	Participated	U.G.C Sponsored national seminar on sports exercise health connection	National	Department of Physical Education Punjab university, Chandigarh (panjab) February 29 to March, 2, 2008.	NA
03.	Saririk siksa ki uppadaita-ek visleshan	National conference on professional scientific approach of Physical Education and Sports in 21	National	Department of Physical Education, Gurukul kangri University, Haridwar, February 1	NA

		century.		to 2,2008.	
02.	Saririk siksa evam khelo ka swaroop	21 Sadi mei saririk siksa evam khelo ka swaroop	National	Department of Physical Education, Gurukul Kangri University, Haridwar, August, 29, 2004.	NA
01.	Major Dhyanchand ki uplabdhiya tatha saririk siksha ka chhetra	Birthday of Major dhyanchand	Inter-institutional	Department of Physical Education, Gurukul Kangri university, Haridwar, August, 29, 2003.	NA

Personal Details

Father's Name : Shri Rohitash Kumar
 Mother's Name : Mrs. Yashoda Devi
 Date of Birth : 01.01.1979
 Sex : Male
 Marital Status : Married
 Nationality : Indian
 Language Known : Hindi/English
 Address : E-35, Dream City, Sardhana Road, Meerut
 Contact Number : Mob.No. 07409481906

References

- ❖ Dr. R.K.S. Dagour, Head of the Department of Phy. Edu. GKV, Haridwar
- ❖ Dr. Chandra Shekher, Ex. Head of the Department of Education, N.A.S. College, Meerut

Date:

Place:

(Dr. Shiv Kumar)

Associate Professor,
Dept.of Physical Education & Sports,
University of Patanjali, Haridwar