



# **SELF STUDY REPORT**

**FOR**

**1<sup>st</sup> CYCLE OF ACCREDITATION**

**UNIVERSITY OF PATANJALI,  
HARIDWAR,UTTARAKHAND**

**PATANJALI YOGPEETH, ROORKEE HARIDWAR ROAD, DELHI HARIDWAR  
NATIONAL HIGHWAY, BAHADRABAD, HARIDWAR  
249405**

**[www.universityofpatanjali.com](http://www.universityofpatanjali.com)**

Submitted To

**NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL**

**BANGALORE**

**May 2023**

# 1. EXECUTIVE SUMMARY

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## 1.1 INTRODUCTION

The University of Patanjali (UoP) is named after the great Indian sage Patanjali (c. 900 BC), who first compiled the numerous writings on Yoga in the form of aphorisms. It was established through Act No. 4/2006 of Uttarakhand State Legislature published in the State Gazette on 05.04.2006. The University is sponsored by Patanjali Yogpeeth Trust (PYP) and is located on Delhi Haridwar National Highway at Bahadarabad, Haridwar, Uttarakhand nearby the bank of the Ganges. The University is a member of the Association of Indian Universities.

The modern education system has restricted itself to gain information for employment purposes and very little stress has been given on personality development for social co-existence.

From self sustaining use of natural resources to self-destructive materialism, Revered Yog Rishi Swami Ramdev and Ayurveda Shiromani Acharya Balkrishna have given the clarion call of 'Back to Nature' and propounded the path of natural food to health and happiness through Yog and Ayurved. With the growing mass following, more Indians and Indian origin abroad are eager to go back to Ancient roots of Wisdom. Asceticism, health care, integral education and entrepreneurship are its major domains of teaching-learning.

### **Vision**

To play a leading role in giving new and higher dimensions to the philosophy and practice of Yog, Ayurved and Indian culture within the country and across the globe; to endeavour that the knowledge contained in the above fields in Indian and other traditions, along with that of medicinal plants and herbs, be incorporated and accorded their rightful place in the higher education system; to prepare global citizens by bringing together the Vedic knowledge and the modern sciences, who would be equipped with diverse skills, in tune with international standards, and be inspired by sattvic (righteous & ethical) karma (conduct & practices) and spiritual intuition, and also who would, imbued with the spirit of karma yog, make incessant all-out effort to achieve their goals and be endowed with a balanced, integral and scientific outlook.

### **Mission**

- To bring about divine combination of Yoga and Ayurveda for use by the world in 21st century.
- To carry forward the knowledge of Yoga and Ayurveda to the door step of every town, village and to contribute to the creation of healthy, prosperous and spiritual person, society, nation and world.
- Achieving excellence in Vedic and modern knowledge, science and research in the field of Yoga, Ayurveda and other traditional medicinal systems and Indian culture.
- Empowering students to achieve their professional goals in the context of Vedic knowledge and Modern science.
- Diverse dimensions of education – distance education system, strengthening educational relations by providing self-employment, vocational and self-reliance based education.
- To bring harmonious functioning in heritage, culture and environment for improving quality of life.
- Learning the related highest human values.

## 1.2 Strength, Weakness, Opportunity and Challenges(SWOC)

### Institutional Strength

- University of Patanjali is a Private University in state of Uttarakhand under its own trust with 2(f) status.
- Eco-friendly and green campus.
- Yoga Halls, several vast *Yajyashala* have been constructed almost in every complex of Patanjali Yogpeeth including UOP, to make teaching, non-teaching staff members, students and visitors aware about Yoga & Yajya to inculcate interest among them towards traditional Vedic culture through Yoga, *YAJYA*& meditation etc.
- UOP has a well furnished, air conditioned and acoustically perfect auditorium with a capacity of 2000 persons to carry out various functions of the University.
- Value added courses, industrial visit, study tours and field training programs are held to enrich knowledge base of students.
- A good number of accommodation facilities inside the campus for faculty & staff members and officers of the University.
- Separate boys and girls hostel facilities inside the campus.
- Transparent management and examination system.
- A responsive and decentralized administration of the University.
- Innovative academic programs and excellent extension activities.
- Establishment of a well Training & Placement Cell for providing placement and training support to students.
- Industry focused personality development and soft skills programs for students.
- Programs for slow learners are held effectively to transform them into main stream of highly competent learners.
- Well qualified and experienced faculty members.
- Various cultural, sports and academic clubs and committees for holistic development of students.
- University supports female staff& students in term of finance and other basic facilities to make them independent and hence promotes women empowerment.
- Excellent library Updated Laboratories, Workshops; ICT enabled and Air Conditioned Classrooms.
- Faculty members are provided seed money to participate in Workshops, Seminars and, Training programs etc.

--A very good setup having convergence of Yoga and Ayurveda facilities not only for the students but also for the patients, where students can carryover their research/dissertation and a service to the patients.

--The public relation and social behavior get enhanced through yogic activities.

### **Institutional Weakness**

-- Student and faculty exchange programs with more number of university/ Institute.

-- Separate rules for NRI'S/OCI/foreign students need to be developed.

-- External consultancy needs to be promoted.

-- University has to improve the ranking frame work system not at the national level but also at the International level.

### **Institutional Opportunity**

--To develop collaboration with Global Top Universities and offer students more options of studying abroad and host more foreign students as a part of exchange program.

--To encourage students for entrepreneurial initiatives and faculty to work for innovation and file more patents

--To give more and more emphasis on **Earn while Learn** mechanism

--Employment generation through entrepreneurship.

--Expansion of research opportunities for post graduate students in various subjects in the departments recognized as centre of excellence such as in Yoga and Ayurveda.

--To encourage faculty members and students for Inter-disciplinary research projects and enhance collaboration skills among them.

--A more chance for faculty members and post graduate students to bring projects from funding bodies to enhance research activities and development of infrastructure.

--Expansion of University-Society Interface for sustainable development.

--Scope to establish specialized departments and programmes to cater the needs of the respective core industries nationally and globally.

--Update the Faculty and students to face the coming challenges due to insurgence of New Education Policy.

--Scope for tie-ups with government bodies, NGOs, and corporate enterprises to promote industry academia interface and enhance learning.

## **Institutional Challenge**

- To cater the growing demands of the industry and society for latest professional and technical skill sets.
- Be aware about the need of local rural community and demand of students for national and global competition.
- To take the university at par with the Global Educational Institutions specially in Yoga Science and Ayurveda.
- To handle the problem of brain drain particularly for students and youths of Uttarakhand.
- To attract highly competent, dedicated, and motivated faculty members and acquaint them with the latest advanced technical methodologies in teaching and learning processes in accordance of **New Education Policy**.

## **1.3 CRITERIA WISE SUMMARY**

### **Curricular Aspects**

Robust curriculum coupled with high quality teaching is the backbone of the rigorous academic programmes being offered at the University. University of Patanjali has 04 faculties and 10 departments offering diverse programs to reach out a wide spectrum of learners across the globe. As a part of continuous improvement in providing quality education, UOP introduced the flexible, Choice Based Credit System and Integrated ICT in its academic framework. The course delivery is a combination of blended learning, classroom contact sessions, workshops/seminars/certification programmes, projects and assignments. The curriculum is designed and developed through a democratic process in which faculty members and experts from the diverse fields contribute to the development and revision of the syllabi as per the overall needs. The culture of participative decision making, freedom of expression and flexibility fosters the culture of academic liberty and pose an immense scope to bring in innovations in the curriculum to accomplish vision and mission of the University. Besides the core knowledge areas, the courses also belong to areas which are important for the holistic development of the students like values and ethics, environment and sustainability, technology, communication and cross-cultural exposure. The content and structure of the syllabi are discussed thoroughly by all stakeholder and the decisions taken are implemented through the Board of Studies and Academic Council.

To provide skill based education to the youth so that they can become their own destiny maker and live with self-respect.

To prepare responsible and dedicated youth with the help of Indian *Yog Vidya* to build a healthy and prosperous life of people of the nation.

With the help of *Hath Yoga* practices students will learn how to make body Nirmala or detoxify.

Choice based Credit System helps students to choose the right path or subject to become a successful professional.

Not only the traditional but with modern scientific researches and updated data students will be ready for the market and will provide top of the class services.

Based on the need of the society and the feedback, we regularly update and maintain our flexible academic structure.

### **Teaching-learning and Evaluation**

University of Patanjali (UOP) admits the candidates on the basis of open admission test conducted every year. Optical Mark Recognition (OMR) sheets are used and the result is declared within 14 days. Candidates belonging to all communities and all states & U.Ts of India get admission in various courses on the basis of their performance/ merit in the test.

As per reservation policy applicable in the state, substantial number of candidates of SC-ST and OBC get admission in the university every year. The students are provided appropriate support and resources to cater to their learning needs. Slow learners are supplied self-study materials and the socio- economically weaker students are granted fee concession & scholarships.

1. The faculty members possess educational qualifications as per UGC norms. Faculty using Information & Communication Technology (ICT) & modern teaching aids in their teaching. The lecture plans are prepared and records of lessons taught are properly maintained.
2. The feedback regarding the faculty is obtained from the students every semester.
3. The semester system is followed and the syllabi of under graduate, Post graduate and Diploma courses are approved by Academic Council according to the UGC guidelines.
4. The software is used to maintain student enrollment and attendance data. The course plan and study material are also uploaded on the University website.
5. The evaluation ratio is 30:70, the examinations are subjective and objective types. The exam papers are prepared by the faculty members and external examiners. The centralized evaluation of the answer sheets are evaluated to maintain security and confidentiality. Normally, results are announced within 30 days after the exams.
6. The teacher- student ratio is as per norms of the UGC.

### **Research, Innovations and Extension**

The quest for search of new Yogic knowledge is made vibrant by promoting fundamental, interdisciplinary and multidisciplinary research activities with focus on emerging societal needs and innovations. A well-defined research policy comprising the elements of yoga darshan of the Patanjali Yoga university ensures smooth conduct of research activities. The Yoga University has a vibrant research cell and all research activities are governed by Research Policy Guidelines. University of Patanjali offers Ph.D. programmes in varied streams. Research scholars have to undergo a minimum 8 credits out of 16+ credits coursework including yoga darshanand Research Cell monitors their progression on regular basis. It is mandatory for Ph.D. research

scholars to publish minimum two papers in UGC care listed Group 2 category journals before submission of the thesis in the area of their research. Seed money is provided to young faculty members to enable them in formulating research proposal for funding. The University has signed MoUs with various national and international academic and research-oriented bodies like Patanjali Research foundation Trust, AIIMS – S & T collaboration, DevSamaj College for Women (Punjab University, Chandigarh), and Wonkwang Digital University, South Korea for Interdisciplinary Research, Student and Faculty Exchange & Development Program. The University also promotes and provides incentives to faculty engaged in top publications, authoring books and innovative research leading to patents. The research and innovation efforts have yielded extensive network of national and international collaborations, leading to joint projects and quality publications and research students' exchange programs.

- Well defined Research Policy Guidelines
- Yoga Darshan in the Ph.D.'s course work
- Dedicated Research Faculty for high quality research
- State-of-the-art equipment and space – exclusive research building
- Pool of excellent SRFs/JRFs/project fellows
- Supported by well-equipped research laboratories

Six sponsored research projects worth more than INR 500 Crores

Incubation centre with support facilities like systems, software and network connectivity. Promotion of Start-Ups

- 16 patents filed
- 94 books/book chapters/conference proceedings
- 238 Research publications in reputed National and International Journals.and in UGC care listed group 1 and group 2 journals

### **Infrastructure and Learning Resources**

Since its inception, all academic and extra-curricular activities of University of Patanjali was running in the campus of Patanjali Yogpeeth-I, Maharishi Dayanand Gram, Delhi-Haridwar National Highway, Near Bahadrad, Haridwar-249405, Uttarakhand and the new campus of University of Patanjali, just adjacent to Patanjali Yogpeeth-I is functional since 2021.

The new campus is spread over an area of 1300000 sq.ft. with a covered area of 760000 sq.ft. The University has an excellent infrastructure and learning resources like well-furnished ICT enable classrooms, computer lab, library with reading area, departmental labs, seminar halls and auditorium etc. to fulfill academic and extra-curricular needs of the students. The campus is Wi-Fi enabled and provides 24/7 internet facility to students and staff members. Every department have well-furnished staff rooms for faculty members to provide an environment conducive for regular and progressive interaction among staff members and also utilized for students counseling, guidance and subject specific queries. We focus upon 360 degree growth of our students.

Being Yoga based institution, University of Patanjali believe in building physically fit, mentally robust, academically and professionally competent individuals. University of Patanjali has provision with appropriate facilities for effective learning and practice of Yoga such as separate space and facility for Shat Karma, Swadhyaya, Meditation, Spiritual Discourses and Rituals etc. Institution also has its own therapeutic/ clinical

Yoga unit. The University has excellent infrastructure like multi-purpose halls, auditorium, playgrounds for yoga, meditation, sport and other extracurricular activities including athletics, basketball, cricket, volleyball, tennis, badminton, cultural events etc. University has a fully furnished auditorium with 2000 seating capacity, an amphitheater with 2250 capacity, several seminar halls with seating capacity from 100-600 persons and ample infrastructure to conduct all types of cultural activities. The University has a well settled library which houses sufficient number of books of all disciplines.

Canteen facilities are available in the University campus, for the convenience of students, staff and visitors. Other facility like Bank, ATM, Hospital and Mega Store and shops are available just adjacent to University's premises. There are seven well furnished hostels (2 Girls + 2 Boys for U.G. and P.G. courses, 2 Girls + 1 Boys for Research scholars) accommodating upto 1100 national & international students. Hostel mess provides hygienic, nutritious meals to cater varied taste buds of students. The UOP has a fleet of buses for the benefit of staff and day scholars to commute between Haridwar/ Roorkee and campus. Budget for infrastructure, library and other leaning resources is earmarked annually base on the recommendations of respective committees constituted for the purpose.

### **Student Support and Progression**

University of Patanjali is an Indian cultural heritage and knowledge based Higher Education Institution of India. This university is focused with inculcation of ethics and national responsibilities within the students as per the teachings of our Chancellor Revered Swami Ramdev Ji Maharaj and Vice-Chancellor Shradhyeya Acharya Balkrishna Ji Maharaj. Here Knowledge is being provided with dual efficacy of Indian tradition and modern science to bridge traditional Vedic knowledge with modern researches & applications. The whole campus is compulsorily residential for continuous monitoring of the students with their personal, social, behavioral and ethical development. University organizes national and international seminars, conferences, expert lectures, philosophical discourses, talks, extracurricular activities, cultural activities, virtual meets, educational trips, trips for social services, study tours, workshops, placement etc, for diversified progression and development of the students. University is specially having National Cadet Core (NCC) Unit National Service Scheme (NSS) unit, Cultural Committee and Sports Department to provide social exposure, skill developments with physical enhancement.

Various services like Medical facility, Banking, Postal, Transportation, laundry, grocery, restaurants, mess, canteen, etc, for convenient lifestyle are also available for students. Campus is equipped with two national Banks, two ATMs one center for Indian Postal Services for the students. An Ayurveda hospital with OPD and IPD facility including Dental Clinic, Imaging Laboratory, Shatkarma Clinic, Physiotherapy Clinic, Pathology Lab and Surgery Research Center is available for students.

Training and Placement Cell is actively functional from last few years to serve the students for better placement opportunities. University has strong mechanism of handling the discipline of the students with "Discipline Committee". Women Grievance Readdressal Cell is also functional comprising of faculties and students to check gender sensitivity. University is also following Anti Ragging protocol to check any harassment of students. All such committees have an active participation of students.

University is equipped with hi-tech classes, big Yoga halls, Shatkarma Labs, laboratories, Outdoor & Indoor sports ground, two fully furnished high-tech auditorium (one of 2200 another of 600 seating capacity) with a separate open amphitheater in the campus for the Seminars, Conferences, Cultural Presentations and Yogic demonstrations.



## **Governance, Leadership and Management**

The University is committed to the promotion of education, research and extension work in higher education with a focus on Vedic Knowledge and achieve the highest global standards in the areas of Yoga, Ayurved and Culture, Medicinal Herbs/Plants as related studies. The University has a very effective and participatory management which is in conformity with its vision and mission. The core values that uphold academic innovation, national pride, scientific ethics and environmental sustainability are all reflected here. The University leadership ensures involvement of each stakeholder, effective decision making and a unified system consistent with University's Acts, Statutes. It strives to analyse the forces contributing to social stability as well as social disequilibrium and to visualise how societal evolution can lead to a condition in which all sections of the people can achieve their full human potential. The University has implemented e-governance in planning and development, administration, finance and accounts, student admission and support, and assessment and also has several welfare measures for students and staff. The university provides subsidised medical support to all the staff members and maintains very high working and living standards with world class infrastructural facilities for students and on-campus residents. The Faculty is encouraged to attend national/international FDPs, conferences, seminars for their personal and professional growth.

A Grievance and Disciplinary mechanism is in order to redress any complaints arising during the course. Any act of 'Misconduct' is deliberated upon by the relevant committee to recommend appropriate action. All such committees maintain records through Minutes of Meeting and ensure their effective implementation. UOP has established an Internal Quality Assurance Cell (IQAC) to implement and improve quality standards and strategies through a combination of internal and external evaluation. IQAC undertakes periodical audits to improve processes related to teaching-learning, structures, and methodologies. Recommendations and feedback by IQAC are analyzed and implemented for improvements. UOP as well as its faculty have received many awards which indicate its highest global standards in research, industry integration and academics.

## **Institutional Values and Best Practices**

University of Patanjali (UoP) is an expression of the divine visions of Pujya Swami Ramdevji and Revered Acharya Balkrishnaji to establish a centre for an integral education blending all spectrums of Vedic wisdom and scientific knowledge. The foundations of Vedic wisdom are inclusion, tolerance and harmony towards cultural, regional, linguistics, communal, socio-economic diversities. Therefore, at UoP, these principles of Vedic wisdom are inherent in all activities that are performed in the university. All the students get due care and guidance irrespective of their caste creed, language, state etc. in accordance with the noble sentiment of "*vasudhaiva kutumbakam*" (the whole world is our family). Gurukul Tradition is followed at the university. The main stress is laid on development of sacraments, good habits and values in the students.

The University provides a safe, secure and friendly atmosphere for both, girls and boys. Private security personnel are deployed at all important locations with CCTV installations. The Institution has facilities for alternate sources of energy and energy conservation, management of the degradable and non-degradable waste. University of Patanjali takes different initiatives by organizing various activities to sensitize and aware students and employees to the constitutional obligation and responsibilities of the citizens. The institution embraces

'*Swadeshi*' and helps the country to attain economic freedom. Diverse programs are offered in the University to enhance moral uprightness, social commitment, spiritual orientation, human values etc.

Community outreach activities and integrated holistic health education are the two best practices adopted by the university. Events such as cleanliness drive, blood donation camp, plantation program, farmer's awareness workshops, rally for Ganga protection etc. are conducted on regular basis. The Holistic educational ecosystem is the most distinctive feature of UoP. The students and staff members of the university practice yoga and *yajna* on regular basis.

Being a yoga-oriented university, it constantly strive to provide understanding of classical and correct methods to enhance the knowledge of students and teachers in order to remove all the misconceptions and wrong practices prevalent in relation to yoga. Swamiji Maharaj always teaches two sutras to students and staff members - *Akhand Prachand Purusharth* (spontaneous effort) and *Vikalp Rahit Samkalp* (ultimate determination) to achieve human excellence.

## 2. PROFILE

### 2.1 BASIC INFORMATION

Name and Address of the University	
Name	UNIVERSITY OF PATANJALI, HARIDWAR,UTTARAKHAND
Address	Patanjali Yogpeeth, Roorkee Haridwar Road, Delhi Haridwar National Highway, Bahadrabad, Haridwar
City	Haridwar
State	Uttarakhand
Pin	249405
Website	<a href="http://www.universityofpatanjali.com">www.universityofpatanjali.com</a>

Contacts for Communication					
Designation	Name	Telephone with STD Code	Mobile	Fax	Email
Vice Chancellor	Acharya Bal Krishna	1334-240008	9479758107	1334-248088	contact@uop.edu.in
IQAC / CIQA coordinator	K.n.s. Yadava	1334-273600	9415336336	1334-244850	knsyadav@uop.edu .in

Nature of University	
Nature of University	State Private University

Type of University	
Type of University	Unitary

Establishment Details	
Establishment Date of the University	05-04-2006
Status Prior to Establishment,If applicable	Other
Establishment Date	01-01-1970
Any Other, Please Specify	State Private University

<b>Recognition Details</b>		
<b>Date of Recognition as a University by UGC or Any Other National Agency :</b>		
<b>Under Section</b>	<b>Date</b>	<b>View Document</b>
2f of UGC	15-05-2010	<a href="#">View Document</a>
12B of UGC		

<b>University with Potential for Excellence</b>	
Is the University Recognised as a University with Potential for Excellence (UPE) by the UGC?	No

<b>Location, Area and Activity of Campus</b>							
<b>Campus Type</b>	<b>Address</b>	<b>Location*</b>	<b>Campus Area in Acres</b>	<b>Built up Area in sq.mts.</b>	<b>Programmes Offered</b>	<b>Date of Establishment</b>	<b>Date of Recognition by UGC/MHRD</b>
Main campus	Patanjali Yogpeeth, Roorkee Haridwar Road, Delhi Haridwar National Highway, Bahadurabad, Haridwar	Urban	34.43	10219.33	Certificate, Diploma, UG, PG, Ph.D, D.Litt		

## 2.2 ACADEMIC INFORMATION

**Furnish the Details of Colleges of University**

Type Of Colleges	Numbers
Constituent Colleges	0
Affiliated Colleges	0
Colleges Under 2(f)	0
Colleges Under 2(f) and 12B	0
NAAC Accredited Colleges	0
Colleges with Potential for Excellence(UGC)	0
Autonomous Colleges	0
Colleges with Postgraduate Departments	0
Colleges with Research Departments	0
University Recognized Research Institutes/Centers	0

Is the University Offering any Programmes Recognised by any Statutory Regulatory Authority (SRA)	: No
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### Details Of Teaching & Non-Teaching Staff Of University

Teaching Faculty												
	Professor				Associate Professor				Assistant Professor			
	Male	Female	Others	Total	Male	Female	Others	Total	Male	Female	Others	Total
Sanctioned	9				18				53			
Recruited	5	1	0	6	2	0	0	2	27	20	0	47
Yet to Recruit	3				16				6			
On Contract	0	0	0	0	0	0	0	0	0	0	0	0

Non-Teaching Staff				
	Male	Female	Others	Total
Sanctioned				51
Recruited	43	7	0	50
Yet to Recruit				1
On Contract	0	0	0	0

<b>Technical Staff</b>				
	<b>Male</b>	<b>Female</b>	<b>Others</b>	<b>Total</b>
Sanctioned				7
Recruited	4	3	0	7
Yet to Recruit				0
On Contract	0	0	0	0

**Qualification Details of the Teaching Staff**

<b>Permanent Teachers</b>										
<b>Highest Qualification</b>	<b>Professor</b>			<b>Associate Professor</b>			<b>Assistant Professor</b>			<b>Total</b>
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D.sc/D.Litt/LLD/DM/MCH	2	1	0	0	0	0	0	0	0	3
Ph.D.	0	0	0	2	0	0	14	9	0	25
M.Phil.	0	0	0	0	0	0	0	0	0	0
PG	0	0	0	0	0	0	20	7	0	27
UG	0	0	0	0	0	0	0	0	0	0

<b>Temporary Teachers</b>										
<b>Highest Qualification</b>	<b>Professor</b>			<b>Associate Professor</b>			<b>Assistant Professor</b>			<b>Total</b>
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D.sc/D.Litt/LLD/DM/MCH	0	0	0	0	0	0	0	0	0	0
Ph.D.	0	0	0	0	0	0	0	0	0	0
M.Phil.	0	0	0	0	0	0	0	0	0	0
PG	0	0	0	0	0	0	0	0	0	0
UG	0	0	0	0	0	0	0	0	0	0

<b>Part Time Teachers</b>										
<b>Highest Qualification</b>	<b>Professor</b>			<b>Associate Professor</b>			<b>Assistant Professor</b>			<b>Total</b>
	Male	Female	Others	Male	Female	Others	Male	Female	Others	
D.sc/D.Litt/LLD/DM/MCH	0	0	0	0	0	0	0	0	0	0
Ph.D.	0	0	0	0	0	0	0	0	0	0
M.Phil.	0	0	0	0	0	0	0	0	0	0
PG	0	0	0	0	0	0	0	0	0	0
UG	0	0	0	0	0	0	0	0	0	0

**Distinguished Academicians Appointed As**

	<b>Male</b>	<b>Female</b>	<b>Others</b>	<b>Total</b>
Emeritus Professor	0	0	0	0
Adjunct Professor	0	0	0	0
Visiting Professor	1	1	0	2

**Chairs Instituted by the University**

Sl.No	Name of the Department	Name of the Chair	Name of the Sponsor Organisation/Agency
1	University of Patanjali	Guru Govind Singh Gi	Ms Harman Finocham Ltd

**Provide the Following Details of Students Enrolled in the University During the Current Academic Year**

Programme		From the State Where University is Located	From Other States of India	NRI Students	Foreign Students	Total
UG	Male	65	243	0	0	308
	Female	95	309	0	0	404
	Others	0	0	0	0	0
PG	Male	35	66	0	0	101
	Female	31	153	0	0	184
	Others	0	0	0	0	0
PG Diploma recognised by statutory authority including university	Male	17	44	0	0	61
	Female	17	59	0	0	76
	Others	0	0	0	0	0
Doctoral (Ph.D)	Male	8	27	0	0	35
	Female	5	29	0	1	35
	Others	0	0	0	0	0
Post Doctoral (D.Sc , D.Litt , LLD)	Male	0	0	0	0	0
	Female	2	0	0	0	2
	Others	0	0	0	0	0

<b>Does the University offer any Integrated Programmes?</b>	No
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**Details of UGC Human Resource Development Centre, If applicable**



Year of Establishment	Nil
Number of UGC Orientation Programmes	0
Number of UGC Refresher Course	0
Number of University's own Programmes	0
Total Number of Programmes Conducted (last five years)	0

### Institutional preparedness for NEP

1. Multidisciplinary/interdisciplinary:	<p>UoP provides a multi-disciplinary education and has taken several steps towards implementing the National Education Policy. Choice based credit system has been implemented in the university that provides wider options to students to choose courses from the prescribed courses consisting of core, elective/minor or skill-based courses. The aim is to adopt a student-centric system that gives the freedom to students to enter and exit the programmes midway. This is particularly beneficial to students coming from disadvantaged background who may be forced to discontinue education for different reasons. Such students greatly benefit from this as they can continue their education when the situation is more conducive for them. All UG programmes comprise of eight semesters with each academic year consisting of two odd and even semesters. The programme shall have exit options at the end of two, four or six semesters in the first, second or third academic year respectively. Students earn a certificate at the end of two semesters, diploma at the end of four and Bachelor's degree at the end of six semesters. Students can re-enter the programme at the beginning of any academic year and complete the course as per the existing syllabus. If students choose to pursue eight semesters spanning over 4 academic years, they are entitled to Bachelor's degree with Honors.</p>
2. Academic bank of credits (ABC):	<p>National Education Policy with Academic Bank of Credit has been implemented at UoP. This makes transfer of credits possible. Students can take courses from Svyam and other MOOCs and transfer the credits to the Academic Credit Bank under Open Electives. The university through the National Academic Depository (NAD) has registered under Academic Bank of Credit (ABC). The faculty create</p>

	textbooks, videos and other teaching material for the benefit of students. University follows Continuous assessment and students are assessed through class participation, projects, seminars etc.
3. Skill development:	Indian Knowledge System is the foundation on which the curriculum is based at UoP. Students get a practical and application-based knowledge on Yoga Science, Ayurveda, Naturopathy with the aim for health and wellness of individuals and society at large. Students acquire various skills that are essential for prevention and cure of various ailments using the Science of Yoga, Ayurveda and/or Naturopathy. As a part of the curriculum students learn skills such as, Shatkarma treatments, Panchakarma treatments, Teaching of Asanas, Pranayama and Meditation, Nutrition and Diet, Ayurvedic treatments, Naturopathy treatments, Drug Discovery and Development. Additionally, students also learn about other complementary treatments such as Acupressure, Acupuncture, Physiotherapy, Marma Chikitsa, Pranic Healing. In the procedure of skill development training, UoP train students on organic farming, zero budget agriculture, manufacturing of goenyl, soap, feeders for animals etc. Students are well trained to establish, manage and run Gram Udyog (village industry). In the pandemic period, 70 graduates have been placed at Yog Gram, a unit of Patanjali organization.
4. Appropriate integration of Indian Knowledge system (teaching in Indian Language, culture, using online course):	The Chancellor of the university Yog guru Swami Ramdevji, conducts online yoga programmes and educational talks to promote Yoga Science and Knowledge inherent in other ancient sciences such as Ayurveda. Additionally, students as well as general public are benefitted from the programmed telecast in the Aastha Channel ( <a href="https://aasthatv.tv/">https://aasthatv.tv/</a> ) and Vaidik channel ( <a href="https://aasthatv.tv/channel/live/vedic">https://aasthatv.tv/channel/live/vedic</a> ) scholars and teachers shared valuable knowledge about various ancient Indian texts and the spiritual wisdom contained in them. Dr. Acharya Sadhvi Devpriyaji has several discourses on Bhagawad Gita Prof. Swami Paramarthdevji The subjects vary from Yoga, Ayurveda, Naturopathy, Spirituality, Health and Wellness of both body and mind.
5. Focus on Outcome based education (OBE):	The Programme Outcomes (POs), Programme Specific Outcomes (PCOs), Course Outcomes and prepared by all Departments. These are available on

	the university's website so that students, faculty and other stakeholders can access them easily when needed.
6. Distance education/online education:	The university is not authorised to offer any distance education programme. However, the university disseminates knowledge to general public and students on a wide range of topics covering health and wellness through its Television channels - <a href="https://aasthatv.tv/">https://aasthatv.tv/</a> .

### Institutional Initiatives for Electoral Literacy

1. Whether Electoral Literacy Club (ELC) has been set up in the College?	Yes, University has set up ELC. University has a committee on ELC
2. Whether students' co-ordinator and co-ordinating faculty members are appointed by the College and whether the ELCs are functional? Whether the ELCs are representative in character?	Yes. Sr. No Year Faculty Coordinator Student Coordinator 1 2017-2018 Dr. Sanjay Singh Karan 2 2018-2019 Dr. Narendra Singh Narayan 3 2019-2020 Dr. Abshiek Bhardwaj Sandeep 4 2020-2021 Dr. Nivedita Sharma Anjali 5 2021-2022 Dr. Nideesh Yadav Manisha
3. What innovative programmes and initiatives undertaken by the ELCs? These may include voluntary contribution by the students in electoral processes-participation in voter registration of students and communities where they come from, assisting district election administration in conduct of poll, voter awareness campaigns, promotion of ethical voting, enhancing participation of the under privileged sections of society especially transgender, commercial sex workers, disabled persons, senior citizens, etc.	1. Voter Registration camp for the eligible students in the campus. 2. Voter awareness camp conducted at various places. 3. Voter awareness camp conducted for disabled persons & senior citizen at various villages. 4. Voter awareness guest lectures conducted for in-house students.
4. Any socially relevant projects/initiatives taken by College in electoral related issues especially research projects, surveys, awareness drives, creating content, publications highlighting their contribution to advancing democratic values and participation in electoral processes, etc.	1. Graduate Constituency voter awareness & registration drive conducted in Haridwar District. 2. Teachers Constituency voter awareness & registration drive conducted in Haridwar District.
5. Extent of students above 18 years who are yet to be enrolled as voters in the electoral roll and efforts by ELCs as well as efforts by the College to institutionalize mechanisms to register eligible students as voters.	Voter registration drive conducted at Institute for above 18 yrs of age students



## Extended Profile

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### 1 Program

#### 1.1

**Number of programmes offered in the institution year wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
28	25	21	20	18
File Description		Document		
Institutional Data in Prescribed Format		<a href="#">View Document</a>		

#### 1.2

**Total number of Programmes offered by the institution ( Excluding repeat count):**

**Response: 31**

#### 1.3

**Total number of courses across all the programmes( Excluding repeat count)**

**Response: 421**

### 2 Students

#### 2.1

**Number of students in the institution year wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
1105	855	735	670	780
File Description		Document		
Institutional data in Prescribed Format		<a href="#">View Document</a>		

#### 2.2

**Number of outgoing / final year students in the institution year wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
376	339	397	351	331
File Description		Document		
Institutional data in prescribed format		<a href="#">View Document</a>		

### 2.3

#### Number of students appeared in the University examination in the institution year wise during the last five years

2021-22	2020-21	2019-20	2018-19	2017-18
545	356	381	402	615
File Description		Document		
Institutional data in prescribed format		<a href="#">View Document</a>		

## 3 Teachers

### 3.1

#### Number of courses in all Programmes in the institution year wise during the last five years

2021-22	2020-21	2019-20	2018-19	2017-18
421	391	407	377	315
File Description		Document		
Institutional data in prescribed format		<a href="#">View Document</a>		

### 3.2

#### Number of full time teachers in the institution year wise during the last five years

2021-22	2020-21	2019-20	2018-19	2017-18
52	42	32	29	23
File Description		Document		
Institutional data in prescribed format		<a href="#">View Document</a>		

### 3.3

**Number of sanctioned posts in the institution year wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
87	79	66	54	52
File Description		Document		
Institutional data in prescribed format		<a href="#">View Document</a>		

**3.4****Total number of full-time teachers in the institution in the last five years (excluding repeat count):****Response: 52****4 Institution****4.1****Number of eligible applications received for admissions to all the Programmes in the institution year wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
1333	728	836	718	1257

**4.2****Number of seats earmarked for reserved category as per GOI/State Govt. rule in the institution year wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
375	290	250	228	265

**4.3****Total number of classrooms and seminar halls****Response: 81****4.4****Total number of computers in the institution for academic purpose****Response: 146**

**4.5****Total Expenditure excluding salary in the institution year wise during the last five years (INR in Lakhs)**

2021-22	2020-21	2019-20	2018-19	2017-18
7568.34	5976.44	6939.48	5878.60	5002.94



## 4. Quality Indicator Framework(QIF)

### Criterion 1 - Curricular Aspects

#### 1.1 Program Mission and Outcomes

##### 1.1.1

*State / delineate the overall vision, mission and objectives of the institution. How are the various activities aligned to the overall vision, mission and objectives of the institution?*

##### **Response:**

University of Patanjali (UoP), a vision of Yoga Guru Swami Ramdev Ji and Ayurveda Shrimoni Acharya Balkrishna Ji, is named after the great Indian sage Patanjali who compiled numerous writings on Yog, Ayurved, and other shastras.

The main focus area is holistic wellness of individuals as well as society at large, where physical, mental, emotional and spiritual wellbeing is the ultimate goal.

##### **Vision**

To play a leading role in giving new and higher dimensions to the philosophy and practice of Yoga, Ayurveda and Indian culture within the country and across the globe; to endeavour that the knowledge contained in the above fields in Indian and other traditions, along with that of medicinal plants and herbs, be incorporated and accorded their rightful place in the higher education system; to prepare global citizens by bringing together the Vedic knowledge and the modern sciences, who would be equipped with diverse skills, in tune with international standards, and be inspired by sattvic (righteous and ethical) karma (conduct and practices) and spiritual intuition, and also who would, imbued with the spirit of karma yoga, make incessant all-out effort to achieve their goals and be endowed with a balanced, integral and scientific outlook.

##### **Mission**

- To bring about divine combination of Yoga and Ayurveda for use by the world in 21st century.
- To carry forward the knowledge of Yoga and Ayurveda to the door step of every town, village and to contribute to the creation of healthy, prosperous and spiritual person, society, nation and world.
- Achieving excellence in Vedic and modern knowledge, science and research in the field of Yoga, Ayurveda and other traditional medicinal systems and Indian culture.
- Empowering students to achieve their professional goals in the context of Vedic knowledge and Modern science.
- Diverse dimensions of education – distance education system, strengthening educational relations by providing self-employment, vocational and self-reliance based education.
- To bring harmonious functioning in heritage, culture and environment for improving quality of life.
- Learning the related highest human values.

## Objectives

- establish and investigate a scientific basis for the knowledge advanced by the ancient Indian sages and to undertake systematic research.
- provide employment-oriented graduate and post-graduate degree, diploma and certificate programmes to preserve the knowledge of Yog, Ayurved, Social System, Patriotism, and a Swadeshi lifestyle.
- promote research and innovations in the field of Yoga, Ayurveda, and Traditional Sciences through research activities for the creation and dissemination of knowledge.

To achieve its vision and mission, UoP has designed and developed various activities and programmes as follows:

- Being a residential university, all students have an immersive experience of Indian culture, heritage, traditions and values. They follow a Dinacharya as per Naturopathy and/or Yoga practices.
- Daily yoga practices emphasize the importance of health and well-being among students.
- Daily Yajnya is performed in keeping with the tradition of Sanatana Dharma while educating the young students about their ancient culture.
- Curriculum of all courses is based on traditional knowledge systems which are aligned to modern scientific disciplines.
- Conferences, lectures etc., to broaden the outlook of students, and prepare them for their professional goals.

File Description	Document
Vision, mission, objectives and activities of the institution	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

### 1.1.2

***Highlight the various programs and courses offered by the institution along with its respective Program Specific Outcomes and Course Specific Outcomes (PSOs and CSOs). How does the program and courses offered align themselves with the local, national, regional and global needs / framework (as applicable) as per the norms of the Regulatory Bodies?***

#### **Response:**

At UoP, major review of the curriculum takes place every three years by Board of Studies (BoS). University of Patanjali (UoP) adopted Choice Based Credit System (CBCS) for all its programs, hence major revisions had been carried out in all its programs. The course objectives and outcomes are spelt out clearly for the benefit of learners. Furthermore, UoP has been

using feedback of students and teachers to upgrade its curricula. For the syllabus of the programs, the

courses are discussed in BoS, where they are modified and approved after which it is forwarded to Academic Council for final approval.

The curricula developed/adopted have relevance to the developmental needs with well-defined and informed learning objectives and outcomes at the course level.

Review of courses and programs is done in consideration with following:

1. Norms/Requirements and standards of relevant statutory, regulatory and accreditation bodies.
2. Structured feedback from students, alumni, employers and experts from academia.
3. Consultation with teachers and the members of Board of Studies.

To have the right combination of curriculum, pedagogy, and assessment to achieve the desired outcomes, curriculum development and approval involves deliberations at various levels. The recommendations are put up to the BoS to consider program structure, curricula, and syllabi. Experts from academia are engaged in developing graduate attributes, educational objectives and learning outcomes for programmes and courses keeping in mind the latest trends in education and changing requirements of the industry.

### **1. Review of Programs**

The Program Review is carried out in line with local/global needs the faculty of departments by taking the feedback of all stakeholders and industry requirements. It defines the educational and operational objectives, semester-wise program structure, learning outcomes, assessment plan, competencies required by the industry/profession, and career opportunities.

### **2. Review of Courses**

The Course Review (CR) is carried out by taking feedback of internal and external subject experts including feedback of all course faculties to define/review the course objectives, contents, learning outcomes and assessment tools and put up the recommendations to Board of Studies/Academic Council.

- Recommendations of faculty of departments are placed before the BoS. The recommendations of BoS along with detailed program structure including objectives, outcomes, and assessment plan for courses and programs are further put up for the approval of the Academic Council.
- All the departments of studies have their program outcomes, program specific outcomes, and course outcomes in place, and these are displayed in the web pages of the respective departments in UoP website.

The outcome analysis is carried out after every revision of the syllabus.

File Description	Document
Records /circulars/minutes etc. showcasing the programmatic cum course alignment as per regulatory norms	<a href="#">View Document</a>
Outcome analysis of PSOs and CSOs	<a href="#">View Document</a>
Curriculum implemented by the institution	<a href="#">View Document</a>
Any other relevant /supporting information	<a href="#">View Document</a>

### 1.1.3

*Percentage of programs where syllabus revision was carried out during the last five years*

**Response:** 51.61

1.1.3.1 Number of Programs in which syllabus was revised out of the total number of Programs during the last five years (excluding repeat count)

Response: 16

File Description	Document
Minutes of relevant Academic Council/BOS meetings	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Details of the revised Curricula/ syllabus of the programs during the last five years	<a href="#">View Document</a>
Any other relevant /supporting information as per SOP	<a href="#">View Document</a>

## 1.2 Philosophical Foundations and Authenticity of Yoga Curriculum

### 1.2.1

*Are the programs offered by the institution based on the traditional, authentic yogic principles and procedures (Eg. Yoga Sutras / Hatha Yoga / Bhagavad Gita / YogaVasista / Tantra Yoga etc.,) If yes,*

- 1. Describe briefly the principle and practices followed.**
- 2. What are the different texts from which the principles have been extracted? Showcase with suitable exemplification. (For Ex. Yoga texts / Epics / Major Upanishads/ Puranas/ Vedas /any other)**
- 3. How do these principles aid in developing and designing the overall curriculum?**
- 4. Compare and contrast the retention of authentic Vs conventional yogic principles across program / courses offered**

**Response:**

Yes, the programs offered are designed keeping into account the classical and shastric texts of Yog.

**1. The principles and practices followed by UoP**

UoP believes that Yog in itself is a lifestyle, an art of living. It has its own philosophy and applied practices that nurture every aspect of human existence. The key text of yogic system, the **Patanjali's YogaSutra** with Bhashya provides the roadmap with the potential of a 360° positive influence on one's lifestyle, transforming an ordinary life into the yogic way of living. Sage Patanjali presents the principles and practices of Ashtanga Yog: the eightfold system of Yog for one's holistic development comprising Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana and Samadhi.

**2. Texts from which the principles have been extracted**

The original texts followed by the institute to instil the young minds with the ancient principles and wisdom are:

- Patanjali Yoga Sutra
- Samakhya Karika
- Nyaya Darshan
- Vaisheshika Darshan
- Mimansa Darshan
- Jain Darshan
- Bauddh Darshan
- Charvaka Darshan
- Vedas and Principal Upanishads
- Hatha Yoga Pradipika of Swatmarama
- Hatha Yoga Pradipika by Muktibodhananda Saraswati
- Hatharatnavali
- Gheranda Samhita
- Shiva Samhita
- Srimad Bhagvad Gita

**3. Developing and designing the curriculum based on the above principles**

Based on the above texts, the various aspects of yog are identified such as its philosophy, metaphysics, therapeutic advances, social implications and spiritual progress.

The Patanjali Yog Sutra highlights the terminologies and concepts related with Yog.

As the yog system considers the metaphysics of the Sankhya, the texts such as Sankhya karika enriches the understanding of the relevant concepts. The other four schools of the Indian philosophy-Nyaya, Vaisheshika, Mimansa and Vedanta cultivate curiosity among the learners and motivate them to delve further into understanding the ancient knowledge.

With the six schools of Indian philosophy, the learners also get to understand the heterodox schools such as Jain, Buddhist and Charvaka schools to widen their horizons. Learners are taught the ten principal

Upanishads which are closely related with the yogic system.

With hatha Yoga texts, learners are taught subjects like human anatomy and physiology, psychology, biomechanics and kinesiology and the practical classes to learn the various techniques of shatkarma, asana, pranayama and meditation.

With the beneficial effects on the individual level, the yogic principles and practices also have implications on the organisational level. Texts like Srimad Bhagvad Gita presents the lessons and learnings which may form the basis of one's dealing with the society.

#### **4. Retention of authentic Vs conventional yogic principles across program / courses**

The curriculum offers the blend of the authentic and conventional yogic principles. Where the authentic texts consider yoga as the medium for spiritual upliftment, the modern idea of yoga dictates the well-being of an individual mainly at the physical and psychological level. The curriculum offers both the extensive lectures on hatha yog which concords more with the physical aspect of being as well as the authentic and original sources dealing with philosophical and spiritual aspects to develop the geniuses of the students.

<b>File Description</b>	<b>Document</b>
Circulars/minutes/activities (with photographs) etc. showcasing the principles and practices followed are aligned to authentic yogic tenets / texts	<a href="#">View Document</a>
Circulars/minutes /activities showcasing the retention of authentic vs conventional yogic principles	<a href="#">View Document</a>

#### **1.2.2**

**What are the advantages / benefits of incorporating traditional teachings into the overall programmatic curriculum of the institution and to what extent has the institution been successful in this endeavor?**

#### **Response:**

University of Patanjali has successfully incorporated traditional teachings into the curriculum. The institution currently offers all the major courses in Yoga Science. It's running B.A, BSc, M.A and MSc in Yoga Science. Additionally, it also offers P.G. Diploma courses in Yoga Science and Ph.D, D.Lit. in Yoga Science.

All UG, PG and Diploma courses have been carefully planned, incorporating traditional texts and applying the knowledge to modern times. These traditional texts provide a solid foundation about our ancient Indian knowledge system and also aligns it with modern needs. The curriculum is so designed that students can apply the knowledge learnt, to their own lives and manage the challenges they come

across in their lives.

Students learn the traditional principles and practices of Ashtanga Yog: the eightfold system of yoga for one's holistic development comprising (1) Yama: the set of 5 principles and practices guiding the social behaviour with Ahimsa, Satya, Asteya, Bhramacharya and Aparigraha; (2) Niyama: the 5 principles and practices guiding the personal behaviour with Shauch, Santosh, Tapa, Swadhyaya and Ishwar Pranidhana; (3) Asana (somatic manipulations), (4) Pranayama (breath regulation), (5) Pratyahara (withdrawal of senses), (6) Dharana (concentration), (7) Dhyana (meditation) and (8) Samadhi (realization).

In all the programs of BA, MA, BSc, MSc, Diploma, Upanishads have been included. Every program contains separate courses on Hatha Yoga Pradeepika, Gherand Samhita, Bhagvad Gita, six darshan of Indian philosophy. Courses have also been included on the teaching of Vedas. Students get exposure to different ancient and traditional text in their every semester. This inclusion broadens the viewpoint of students and develop a holistic view of traditional Indian philosophy.

Students also have the advantage of benefitting from the lectures/special classes by Pujya sanyasi teachers of Patanjali Sanyas Ashram, where emphasis it to orient students on inculcating human values such as empathy and compassion, practical tips on topics such as time management, stress and anger management, attitude management etc. which benefit students in their personality development.

Being a traditional system of training, students follow a dinacharya that includes daily morning classes for health excellence. During the academic sessions, students also benefit from the talks and guidance of Yogrishi Swami Ramdev Ji, the Chancellor of university and Ayurveda Shiromani Shradheya Acharya Balkrishna Ji, the Vice Chancellor of the University.

For getting complete traditional knowledge of Yog, UoP introduced allied subjects such as Music, Psychology, Sports, Philosophy and Sanskrit so that students can understand and perform multidisciplinary research. The university has been successful in encouraging students to pursue higher studies in Yoga, undertake research as well as make it a career option.

File Description	Document
Records showcasing clear cut outcomes on advantages /benefits on incorporating traditional teachings	<a href="#">View Document</a>
Measurable indicator to showcase the success in the above endeavor	<a href="#">View Document</a>

### 1.2.3

**How does the overall curriculum meet its specific programmatic intent towards the maximal outreach to the society?**

**Response:**

The overall curriculum of the University of Patanjali is designed to meet its specific programmatic intent towards maximal outreach to society through a variety of approaches that promote inclusivity, accessibility, and engagement with diverse communities.

The university's curriculum is specially designed for maximum engagement with the society, particularly in the field of health and wellness. Students are trained for a better understanding of problems of the society.

UoP conducts various society outreach and awareness programs in collaboration with other institutes and organization. NSS division of the university conducts many social outreach programs like nukkad natak, donation drives, cleanliness drives etc. Students and faculty members also take part in the same.

Another key aspect is the incorporation of interdisciplinary and multidisciplinary perspectives into the curriculum. Students are exposed to different streams of health and wellness interventions such as Yog, Ayurved, Naturopathy, Acupressure, Acupuncture, Drugs development, etc. The internships programs at Patanjali Wellness Centre, Research Institute, Ayurvedic Hospital provide an excellent opportunity to the students to interact with patients and understand the nuances of patient interaction, communication skills and empathy.

By drawing on diverse fields and perspectives, the curriculum effectively addresses the complex challenges facing society and engage with a broader range of individuals and communities. This approach also helps to foster critical thinking and encourages students to consider issues from multiple perspectives, which can be valuable in promoting greater understanding and dialogue across different groups.

Another important element of the curriculum is its emphasis on experiential learning and community engagement. By providing opportunities for students to work directly with community members and organizations, our curriculum helps to build bridges between academic knowledge and real-world applications and encourages students to use their skills and knowledge to make a positive impact on society. This approach helps to promote greater understanding and empathy among students, as they gain first-hand experience with diverse communities and perspectives.

The combination of Ayurveda, Yoga, Meditation and Psychology in the curriculum helped the students to support the society during Covid Pandemic by counselling, medical assistance, practicing meditation to overcome breathing difficulties.

In addition to these core elements, the overall curriculum also incorporates a range of specific strategies and initiatives to promote maximal outreach to society. The students and faculties conduct various outreach programmes in the society based on the curriculum.



File Description	Document
Records(with photos etc.,) with measurable indicators showcasing the curricular outreach to the society	<a href="#">View Document</a>
Records(with photos etc.,) showcasing overall curriculum meeting specific programmatic pre-requisites	<a href="#">View Document</a>

#### 1.2.4

*Has the curriculum enriched the knowledge of aspirants through different programs offered? If yes,*

- *a. To what extent the practical knowledge as illustrated in ancient texts has brought about a transformation in the lives of the students/teachers and the society at large?*

#### **Response:**

The Programmes offered at UoP are based on traditional texts, which provide a solid foundation about our ancient Indian knowledge system while also aligning it modern life. Students learn the traditional principles and practices of Ashtanga Yoga: the eightfold system of Yoga for one's holistic development that includes Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana and Samadhi.

Programmes and Courses and are designed to provide practical knowledge to students. It provides them the opportunities for field work, projects, dissertations, internships that greatly enhance their knowledge and outlook about the subject matter.

UoP offers courses in Yoga and allied subjects through various Departments such as Department of Philosophy, Psychology, Allied Sciences, Music, etc. Sports forms an integral part of the life at UoP and students participate in sports activities on regular basis. The holistic approach towards Yoga Science ensures students are able to connect the knowledge contained in ancient texts to practical situations that are relevant to modern times.

The curriculum is designed to ensure employability to students after the completion of the course. Students who have completed the courses at UoP, have obtained placements in pharmaceutical industry, wellness industry, biotech companies, and at several units located in the food and herbal park. Students also have the option to become entrepreneurs.

Students share the knowledge they gain in classrooms with neighbouring villages through NSS activities and promote active healthy lifestyle. Students of the university have also obtained placement at Patanjali Wellness Centre, Food and Herbal Park, and Divya Pharmacy. Some research scholars also have opportunities to work at the Patanjali Research Institute and Patanjali Organic Research Institute.

File Description	Document
Records(with photos etc.,) with measurable indicators showcasing transformation in lives of students/teachers and society brought across through the curriculum	<a href="#">View Document</a>

**1.2.5**

**Ratio (in terms of percentage) of the Theory (T) to Practicals (P) considered for designing the curriculum for various programs offered by the institution during the last 5 years**

**Response:** A. 50:50

File Description	Document
Institutional data in prescribed format	<a href="#">View Document</a>
Circulars/minutes/records etc. showcasing the theoretical and practical components	<a href="#">View Document</a>

**1.2.6**

*Are the faculty members themselves practitioners of ancient/conventional yogic techniques/practices in their daily lives? If Yes,*

- *a. Provide details of the various transformational practices against each faculty members (one or two)*

**Response:**

All the faulty members of University of Patanjali are practitioners of ancient/ conventional yogic technique/ practice to some extent. Most of the faculty are residents of UoP and stay on campus. UoP faculties and other students follow strict Dincharya by getting up at 4:00am in the morning and starting various activities. It is a must for all students and faculty to attend Yoga and meditation in the morning and they have to strictly follow the healthy Ayurvedic diet. Almost all faculty are practitioners of Yoga therapy, Acupressure, and the like.

All faculty are health conscious and get up early in the morning and exercise daily for one to two hours. They start the session with sookshma vyayam and other warm-up exercises. After that they do conventional yogic practices like yogic jogging which is designed by Swami Ramdev ji Maharaj, and perform different types of pranayama like anulom- vilom, kapalbhati, bhastrika, brahmri, sheetli, seetkaari pranayama etc. For enhancing stability and good health the faculty practice different types of asanas and shatkarmas. At the end of the session, they do relaxation techniques like yognidra, mantra chanting, etc.

The faculty also perform Yajna with students every day for the wellbeing of themselves and the society.

Given below are the details of the expertise of the faculty belonging to the Department of Yoga Science at UoP

1. Dr. Narendra Singh Ji- Surya namashkar, yogic jogging, yogasana, pranayama, mudra and bandh, shatkarmas.
2. Dr. Rudra Bhandari ji- Yogic jogging, dand-baithak, soorya namashkar, asana, yognidra, meditation and pranayama. Practice of mantra Jap and gayatri sadhana in special practice of Panchkosha Sadhana.
3. Dr. Arti Yadav ji- Surya namashkar, pranayama, asanas.
4. Dr. Arti Pal ji- Practice of Traditional and ancient yogasana practice, participation on the different International, national and state level championship and secure the state level to international level Gold medallist.
5. Dr. Sandeep Kumar Singh- Pranayama, meditation. Yogic jogging.
6. Dr. Nidheesh Yadav ji- Surya Namaskar, Asan and Pranayam, Meditation and practice of Soham Dhyan
7. Dr. Bipin Kumar Dubey ji- Yogic jogging, surya namashkar, pranayama.

Besides the above, Prof. Sadhvi DevaPriya from Department of Philosophy and Dr. Nidheesh Yadav from Department of Yoga are experts of Yoga Therapy and Acupressure.

File Description	Document
Records (with photos etc.,) with measurable indicators showcasing transformation within the faculty	<a href="#">View Document</a>

### 1.2.7

**Percentage of fulltime teachers participating in BoS /Academic Council during the last five years**

**Response:** 73.08

**1.2.7.1 Number of fulltime teachers participating in BoS /Academic Council during the last five years (excluding repeat count):**

Response: 38

File Description	Document
Minutes/circular / records of relevant Academic Council/BOS /Meetings etc	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Any other relevant /supporting information as per SOP	<a href="#">View Document</a>

**1.2.8**

*Do the stakeholders participate in design and development?*

- 1.Faculty**
- 2.Students.**
- 3.Alumni**
- 4.Yoga Gurus/experts**
- 5.Parents**
- 6.Yoga Entrepreneurs**

*Explain in detail how are they involved?*

**Response:**

Yes, most of the stakeholders play a key role in curriculum. Everyone from students to faculty, are engaged in designing and developing the curriculum, and they do so with enthusiasm, zeal, kindness, and modesty.

**1. Faculty and Laboratory Representatives:**

Before each academic year the Dean calls a meeting for Curriculum Design where the Dean, Director of Research, concerned faculties, Class representatives of different courses and laboratory representatives meet to discuss on the syllabus for the ensuing year. Inputs are taken from each of the stakeholders regarding the curriculum and due consideration is taken in designing of the curriculum based on these inputs.

**2. Students:**

Students are represented by the class representatives, who take part in the meeting called by the Dean at the beginning of the year. They have an opportunity to share their views about the curriculum and offer any suggestions or feedback. Students also submit feedback form at the end of the semester. This feedback form helps in revising the curriculum.

**3. Alumni:**

Several alumnae take an active part and share their experiences in the alumni discussions, get-togethers on different occasions., etc. Therefore, significant conclusions are frequently reached during gatherings of this type based on which essential additions have been incorporated in modulating the curriculum's design and development.

**4. Yog guru/Experts/Yog trainers/Employers/**

The university takes inputs from stakeholders such as yoga gurus, experts, yoga trainers, and employers where the students have been placed. Their inputs enable the faculty to make suitable changes in the curriculum.

**5. Parents**

Feedback forms with questions pertaining to employability of their wards, course content are given to parents and necessary changes are proposed during the BoS meetings and due changes are made to improve the curriculum.

## 6. Yog entrepreneur

Many alumni of UoP have become yoga entrepreneurs and they provide practical feedback and inform if the curriculum has benefited them in their profession. If not, what are the changes that they recommend. These are compiled along with the feedback of other stakeholders and presented for discussion during the BoS meeting.

File Description	Document
Records (with photos etc.) with measurable indicators showcasing stakeholder participation	<a href="#">View Document</a>

### 1.2.9

*Provide a description of courses with focus on competency/ employability/ entrepreneurship/ skill-development etc. offered by the institution themselves or in collaboration with other Institutions / Industries / Beneficiaries during the last five years*

#### Response:

Over the last five years, there has been an increasing focus on providing courses to impart theoretical knowledge and equip students with practical skills relevant in employment. These courses are often offered in collaboration with other institutions, and health industries, or beneficiaries, to ensure that the curriculum is aligned with the current trends and demands of the employment market.

Courses in collaboration with Wellness Partners provide students with exposure to the health industry, wellness and the opportunity to work on real-world problems. This approach helps students develop their counselling and therapeutic skills while gaining practical experience.

Courses such as Yogasana provide practical training that are specifically designed to enhance employability. These courses often focus on improving communication skills, developing a professional attitude, and enhancing the ability to lead team. Our courses also help students gain a better understanding of the expectations and requirements of employers.

Entrepreneurship courses have also gained popularity in recent years, with our institutions offering courses naturopathy and Ayurveda that help students develop the skills and mindset required to start and run their own center or healthcare. Such courses often cover topics such as panchakarma treatment, nature related source, disease management, and marketing.

Skill development courses offered focus on specific skills such as performing yoga, life style development skill, acupressure, marma and pranic healing. These courses often provide hands-on training and may include projects that require students to apply their skills to real-world scenarios.

Certifications and diplomas: In addition to these courses, our institutions offer certifications and diplomas that are recognized by industry partners Patanjali Yogpeeth. These credentials serve as evidence of the student's competency and can enhance their job prospects.

Overall, institutions and organizations are increasingly focusing on offering courses that are aligned with the current demands of the job market. By collaborating with industry partners and beneficiaries, these courses are designed to equip students with the skills and knowledge needed to succeed in their chosen careers.

File Description	Document
Project / Activity Implementation records of the functional MoUs in context (if applicable)	<a href="#">View Document</a>
List of courses having focus on competency/ employability/ entrepreneurship/ skill-development etc.	<a href="#">View Document</a>
Functional MoUs with Institutions / Industries for offering these course (if applicable)	<a href="#">View Document</a>

### 1.3 Academic Flexibility

#### 1.3.1

*Percentage of Programs in which Choice-Based Credit System (CBCS) and / or Elective course system has been implemented. (Data for the latest completed academic year).*

**Response:** 51.61

##### 1.3.1.1 *Number of Programs in which CBCS and/or Elective course system has been implemented*

**Response:** 16

File Description	Document
Minutes of relevant Academic Council/BOS meetings etc	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

#### 1.3.2

*Percentage of courses which are offered as trans-disciplinary electives during the last five years.*

**Response:** 100

##### 1.3.2.1 *Number of courses which are offered as trans-disciplinary electives(excluding repeat*

count):

Response: 421

File Description	Document
Minutes of relevant Academic Council/BOS meetings	<a href="#">View Document</a>
List of trans-disciplinary courses across various programs offered by the institution during the last 5 years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Any other relevant/supporting information as per SOP	<a href="#">View Document</a>

### 1.3.3

*Does the institution make any additional efforts in creating a pool of various value added subjects (beyond the scope of Yoga such as language, skills, arts & crafts etc) and provides the horizontal flexibility for the students to engage and unfold? If yes, provide details*

#### Response:

Education, in modern India and across the boundaries, has seen, tremendous development in the last few decades. The achievement in academic brilliance acquainted with innovation, integration with the industry and internationalization has built up a qualitative approach in understanding the natural phenomenon and holistic implication in the area of teaching, training and developing students for the better future.

The inter-disciplinary approach and integration of sustainable practices for attainment of academic excellence through value added programmes and courses are the core of academic policy implementation in University of Patanjali (UoP)

- UoP is combination of many facets of ancient practices, value system, ethical implementation in students and teachers, modern scientific approach to understand the problems and provide the solutions based on natural resources and ancient Indic sciences. The same can be seen in the designing of programs and courses which focuses on the skill enhancement through extensive training, memory development through *shastra smaranam*, creative writing, personality development through various training and discourses from HH Swami ji Maharaj and Shradhey Acharya Balakrishna Ji Maharaj, research training through internal ethical committee (IEC), sister institution like Patanjali Research Foundation Trust (PRFT) and, Patanjali Research Institute (PRI).

- There are various distinct courses such as certificate course in *Sanskritam*, *Sambhasanam*, *Bhartiye Sangeet* serve a multitude of purposes for students. They are sometimes used to bridge the gap between different phases of academic study, or to provide additional professional qualifications.

- The integration of value-added courses serves to enhance the latent talent and innate capabilities in students and provides them to meet the needs of the contemporary dynamic environment. It supplements students learning and enhances the preparedness to address the professional challenges. The programs at UoP facilitates in acquiring a more holistic perspective and caters better understanding of issues and, problems to meet the optimum outlook for better solutions through creative skills, adaptive innovation and, dynamic experience.

- UoP pivots on building a sustainable ecosystem which focuses in nurturing the budding leaders of the corporate, social, cultural and, spiritual world and strive to unify modernity scientific procedure with high values, ethics and tradition for sustainable future ahead. The effective integration of modern technology, innovation, scientific procedures and value-based curriculum increases the students’ engagement along in academic learning, critical thinking skills, personality development and problem-solving strategies.

- The high value of 65.02% shows the diversified academic curriculum with value-based education system for skill enhancement, language, environmental science and practical/ project based learning in the various courses across different program at UoP.

Out of Total 672 courses offered by the university, 437 courses are based upon the skill enhancement; language skills; environmental science, and value based proving a dynamic approach of learning in UoP.

File Description	Document
Records(with photos etc.,) with measurable indicators on horizontal flexibility showcasing student engagement across value added subject /s	<a href="#">View Document</a>
List of value-added subject/s	<a href="#">View Document</a>
Brochure or any other document relating to value-added subject/s	<a href="#">View Document</a>

## 1.4 Curriculum Enrichment

### 1.4.1

***Institution integrates crosscutting issues relevant to Gender, Environment and Sustainability, Human Values, Health Determinants, Right to Health Issues, Emerging demographic changes and Professional Ethics etc., in the curricula***

**Response:**

The university integrates crosscutting issues relevant to professional ethics, gender, human values, environment and sustainability into the curriculum. Some of the steps taken are below:



## **Gender**

Many programmes are offered to women and girl students, including camps for hemoglobin testing and the staging of competitions in folk dancing. Programs on women's empowerment, laws for women, and the celebration of Women's Day are organized by the internal women cell and the committee for woman anti-harassment (POSH).

The university's N.S.S. section has been quite proactive in carrying out various extension programmes both on university premises and in adopted villages. Through initiatives like the "Save the Girl Child" campaign, essay and poster exhibitions, wall paper presentations, etc. Significant gender concerns are highlighted and addressed.

## **Environment and Sustainability**

UoP maintains an environmentally sustainable campus with restrictions on plastic usage. N.S.S. unit of the university promotes environmental protection through tree plantation and other sustainable development programs. With programmes for sustainable development and tree planting, N.S.S. advocates for environmental protection. During the special camps, the N.S.S. unit engages in a variety of activities in the local villages. Several environmental initiatives, such as tree planting, village cleanliness, Gajar grass eradication, plastic free drives, poster competitions, debate competitions, etc. are organized by N.S.S. in these camps. To raise awareness about nature, biodiversity, environment, and sustainability, various events are arranged, such as quiz and poster competitions. The college has started a number of initiatives to protect the environment, including cleanliness campaigns in public places, buses, and temples. The cleaning programme is set up to clean ponds, water plants, and celebrate holidays like N.S.S. Day and World Environment Day.

University has been awarded with the District Green Champion Award from district Haridwar in the Academic Year 2021-22. University has successfully elevated the Swachhta Action Plan, adopted and implemented best practices in the areas of Sanitation, Hygiene, Waste Management, Water Management, Energy Management and Greenery Management.

## **Human Values and Professional Ethics**

The university makes efforts to integrate moral and human values through various extracurricular activities. Invited lectures, quizzes, essay competitions, and other activities are organized by NSS and various departments in order to foster a scientific mindset and social awareness. Programs conducted under N. S. S., N.C.C., work to inculcate human values among students. Lectures by Param Pujya Swami Ramdev Ji, Pujya Acharya Balkrishna Ji, Pujya Morari Babu Ji and Pujya Sadhguru Ji on value education have been organized for students.

National festivals like Independence Day and Republic Day serve as a platform to enliven patriotic and moral values. Different social activities have been initiated by the college like Health and Hygiene awareness programs, Medical check-up camps, AIDS awareness programs, Voter's awareness program, Road safety Campaign, Blood donation camps etc.

File Description	Document
Records highlighting description of the courses which address Gender, Environment and Sustainability, Human Values, Health Determinants, Right to Health Issues, Emerging demographic changes and Professional Ethics etc., in the Curricula	<a href="#">View Document</a>
list of courses that integrate crosscutting issues mentioned above	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

**1.4.2**

*Number of certificate / Value Added / add on / skill oriented courses / programme offered during the last five years*

**Response:** 43

File Description	Document
Minutes of relevant Academic Council/BOS meeting	<a href="#">View Document</a>
List of certificate / Value Added / add on / skill oriented courses / program offered during the last five years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

**1.4.3**

*Percentage of students enrolled in the courses / program listed 1.4.2 during the last five years*

**Response:** 100

1.4.3.1 Number of students enrolled in the courses / program listed **1.4.2** during the last five years

Response: 286

1.4.3.2 Number of students across all programs

2021-22	2020-21	2019-20	2018-19	2017-18
99	39	39	31	78

File Description	Document
List of the students from the institution enrolled such courses / programs	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

#### 1.4.4

*Students undertake/participate in field visits / research projects / Industry internship / visits/ study tours / community postings / other forums etc. as part of curriculum enrichment in Yoga and trans - disciplinary domains (current academic year data)*

#### Response:

Field project integrates theory and practice by providing students with an opportunity to work on real-world challenges. It can be used to learn about the functioning and manufacturing procedures of a factory. Besides this, student can shall learn about the geographical factors of the region for the specific products /equipment.

Internships are popular amongst graduate and undergraduate students to gain research or valuable work experience from the factory/industry. The vast numbers of internship opportunities are available to indicate the importance of an internship in today's world. Students are taken on tour to Padartha, the Food and Herbal Park where they get first hand information about different aspects of manufacturing, supply-chain process, logistics and other aspects related to running an enterprise. They are also encouraged to be part of the manufacturing activities, particularly the students of the Department of Allied Sciences through internship programmes.

The project work is an integral part of the curriculum and it provides the students an opportunity to apply the knowledge gained through lectures and classes in the university and also test their understanding. It is an easy way to integrate literacy and creativity into learning and assessment. Projects are inherently flexible and allows for innovation and enables students to showcase their talents as individuals or as a part of a team.

Project work enables students to demonstrate their capabilities and apply their research skills. It develops students' ability to work with their peers, building teamwork and teaches collaborative skills. These projects may involve collection of fundamental information to most important inventions that might require diving deep into the concepts. The take away from the project work is the knowledge that will stay with the students throughout their lives.

Project-based learning not only provides opportunities for students to collaborate or drive their own learning, but it also makes them to improve skills such as problem solving, critical thinking and time management. It provides an opportunity to create authentic projects which are personal and meaningful to them. Students have the chance to pursue their creativity in framing /designing a product interests and as a result, it provides more opportunity for learning for students and teachers. During projects students are connected to each other, experts, multiple subject areas, powerful ideas, and the world via the Web. The best projects combine multiple subject areas and call upon the prior knowledge and expertise of each student.

During their study, students are involved in vocational training on Accupressure, Acupuncture, Marma Chikitsa, yoga Therapy, Naturopathy and so on. Once they complete the regular Programme, students are employed in the wellness centres, Padartha (companies for Patanjali products), and other industries and companies. Students routinely work in close cooperation with the divisions at Ayurveda college and obtain practical training. They are also involved in various major projects at Patanjali Research Foundation Trust (PRFT) funded by Government and Non-Government institutions.

File Description	Document
Policy (circular / minutes etc ) on student participation on the above	<a href="#">View Document</a>
List of student engagement	<a href="#">View Document</a>
Activity report of student engagement on the above	<a href="#">View Document</a>

#### 1.4.5

*Percentage of courses in the programs having direct bearing to the preventive, curative and palliative aspects of health and well-being (physical, emotional, mental & spiritual) of the students as well as the society at large.*

**Response:** 100

**1.4.5.1 Number of courses in the institution having direct bearing to the preventive, curative and palliative etc. during the last five years(excluding repeat count):**

Response: 421

File Description	Document
List of various courses from the institution(with students enrolled) having a direct bearing to the preventive, curative and palliative aspects of health and well-being	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

## 1.5 Feedback System

### 1.5.1

*Mechanism is in place for obtaining structured feedback on curricula/ syllabus from various stakeholders*

*Structured feedback received from:*

1. Students
2. Teachers
3. Employers
4. Alumni
5. Professionals / Experts

**Opt one of the below:**

**Response:** A. Any 4 or more of the above

File Description	Document
Stakeholder feedback report as stated in the minutes of the Governing Council/Syndicate/ Board of Management	<a href="#">View Document</a>
URL for feedback report	<a href="#">View Document</a>

### 1.5.2

*Feedback process of the institution may be classified as follows: (Opt one)*

**Response:** A. Feedback collected, analysed and consolidated action taken on feedback for last five years available on website

File Description	Document
Action taken report of the University on feedback report as stated in the minutes of the Governing Council/ Syndicate/ Board of Management	<a href="#">View Document</a>
URL for stakeholder feedback report	<a href="#">View Document</a>

## Criterion 2 - Teaching-learning and Evaluation

### 2.1 Student Enrollment and Profile

#### 2.1.1

*Percentage of seats filled against seats reserved for various categories as per GOI / State Govt. norms /applicable reservation policy in the latest completed academic year*

**Response:** 59.2

2.1.1.1 *Number of students admitted from the reserved categories in the latest completed academic year:*

Response: 222

2.1.1.2 *Number of seats earmarked for reserved categories as per the GOI or state govt. norms in the latest completed academic year:*

Response: 375

#### File Description

#### Document

Institutional records on admissions against reserved category

[View Document](#)

Institutional data in prescribed format

[View Document](#)

Any other relevant / supporting information as per SOP

[View Document](#)

#### 2.1.2

*Average Enrolment percentage (Average of last five years)*

**Response:** 52.98

2.1.2.1 *Number of students admitted year-wise during the last five years*

2021-22	2020-21	2019-20	2018-19	2017-18
598	387	347	355	527

2.1.2.2 *Number of sanctioned seats year wise during last five years*

2021-22	2020-21	2019-20	2018-19	2017-18
1118	887	735	670	780

File Description	Document
Institutional data in prescribed format	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

### 2.1.3

*Percentage of students enrolled from other states and countries during the last 5 years*

**Response:** 75.38

**2.1.3.1 Number of Students from other states and countries enrolled in the institution during the last 5 years:**

Response: 1855

**2.1.3.2 Total number of students enrolled (newly admitted)in the institution during the last 5 years:**

Response: 2461

File Description	Document
List of students from other states and countries	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of admission letters to the students enrolled from other States / Countries	<a href="#">View Document</a>

### 2.1.4

*Highlight the diversity (Academic, Geographical, Age, Gender, Socio-Economic Status (SES) etc.) across the student population in terms of their enrolment.*

**Response:**

University of Patanjali (UoP) runs under aegis of the Patanjali Yogpeeth at Haridwar. Haridwar is main district of Uttarakhand where maximum administrative, cultural, economic, religious, academic, health activities are run. The Peeth is established with the blessings of divine great sage Yog Rishi Pujya Shri Swami Ramdev ji Maharaj and great Rishi Ayurvedacharya Pujya Shri Acharya Balkrishan ji Maharaj. The aim of the Peeth is human wellbeing across the globe with the belief vasudhaivakumbakam. The wisdom of ancient India is captured on the campus through the large Vaidik Jnana Stambh, various murals and sculptures spread all across the campus which is replete with many plants. The university has

lush green campus spread across 34.43 acres at the basin of Holy River Ganges.

The university being a fully residential campus is home to students who are admitted irrespective of their caste, creed, religion, region, or economic background. The university campus is fully equipped with modern laboratories, classrooms, green campus, large grounds, big seminar halls, open halls, big mess for boys and girls separately. Ample opportunities are available for students and teachers where they can perform yoga practices in natural environment. Student's hunger of knowledge and curiosity are quenched by the great motivational teachers by providing original and fundamental knowledge of philosophy, ethics, language. Department of Allied and Applied Science, Psychology, Philosophy and Sanskrit provide strong support to Yoga Science students to nurture and foster their academic aspirations. Students, including professionals like MBA, technocrats (BE, B-tech), medical backgrounds are eager and keen to take admission in the university.

The demographic profile of students at UoP shows the versatility, diversity and philanthropic nature. More than 70% students come from outside of Uttarakhand state. The percentage of students by state are as follows: Uttar Pradesh 32%, Haryana 9%, Delhi 5%, Madhya Pradesh 4%, Rajasthan 4%, Bihar 3%, Chhattisgarh 3%, Himachal Pradesh 2%, West Bengal 1%. There are also representations from other states like Andhra Pradesh, Arunachal Pradesh, Assam, Goa, Gujarat, Jammu and Kashmir, Jharkhand, Karnataka, Maharashtra, Manipur, Odisha, Punjab, Sikkim, Tamil Nadu, Telangana, Tripura. There are a couple of students from Nepal and South Korea too who are admitted in the university.

More than 60% girls are admitted in various courses from UG, PG to PhD in the university. Education of women results in education, health and welfare of an entire family. This also fulfilling the most desirable, famous and ambitious campaign of Hon. Prime Minister "Beti Bachao, Beti Padhao".

Students who are admitted in the university mostly belong to lower- or middle-income group or economically weaker sections. University provides all facilities with reasonable and affordable cost without compromising on the quality and without any discrimination. 72% of the quota that is earmarked for SC, ST and OBC students is filled as per government's norms. University also has diverse age group.

File Description	Document
List of the students across various diversities	<a href="#">View Document</a>

## 2.2 Catering to Student Diversity

### 2.2.1

*The institution assesses the various learning levels of students after admission and organizes special programmes*

#### **Response:**

UoP makes an assessment of the knowledge gaps and learning requirements of its students and provides an impetus in strengthening their academic achievements. Both slow and advanced learners are helped to the best of their satisfaction in the academics through supportive environment. Every year, UoP conducts



orientation programme for parents and students joining at the commencement of new batch. The programme helps them to get familiar with the university, department administration, curricular and co-curricular activities, facilities, rules and regulations, etc. Students are given training on communication skills, personality development and time management in motivational sessions. In order to motivate both slow and advanced learners, workshops, tutorials and exclusive interaction with faculty members are organized at all levels, wherever applicable. Students run clubs and arrange multiple programmes that organize hands-on activities to enhance soft skills. Active participation of advanced learners as student coordinators enhances their leadership skills.

The university practices a robust student academic counseling process. They are assigned to a faculty member for exclusive counseling. The counselors follow a progressive approach towards teaching, learning, overall grooming and development. The mentors monitor academic performance and interact frequently to understand and assist students with issues that affect their ability to learn or impede in their academic success and personal well-being.

UoP also understands that it is imperative to address the high performing students to build their career during the course of study. Therefore, they are encouraged to participate in technical events, seminars, group discussions and technical quizzes. These help them to develop analytical and problem-solving skills and improve their presentation skills. Various club activities are conducted by all the departments to mould the students in corresponding fields. Involvement in micro-projects, research papers under the able guidance of faculty members, especially in the areas of Sciences and allied disciplines, create a space for intelligent learners. Their creativity is enhanced through participation and organization of national-level technical symposia. Semester toppers and University rank holders are encouraged with certificates and awards by the management of the university.

File Description	Document
Records showcasing various programmatic interventions catering to various learning levels	<a href="#">View Document</a>
Records showcasing standardized tools on assessing various learning levels	<a href="#">View Document</a>
Records showcasing progressive outcomes amongst students in their learning abilities as a result of special programmatic intervention	<a href="#">View Document</a>

### 2.2.2

*Student - Full- time teacher ratio (data for the latest completed academic year)*

**Response:** 21.25

## 2.3 Teaching- Learning Process

### 2.3.1

*Describe the various student-centric methods used for enhancing learning experiences through the following:*

- 1. Integrated learning*
- 2. Participative learning*
- 3. Problem solving methodologies*
- 4. Self-directed learning*
- 5. Evidence-based learning*
- 6. Project-based learning*
- 7. Community Outreach activities based learning*
- 8. Role play / skit/ drama*
- 9. Exhibition based learning*
- 10. Peer Teachers students tutor based learning*

**Response:**

At UoP, the focus is on student centric learning, therefore, a number of methods of experiential and participatory learning are adopted to ensure that students are active participants in the teaching-learning process. This is made effective through small students group engagement.

**Lecture method:**

The conventional method of blackboard-whiteboard is commonly adopted by the entire faculty. This method facilitates the faculty to interpret, explain the content of a text for better comprehension of the subject and repeat/reinforce a point, when required.

**Interactive method:**

Faculty members motivate students to participate in group discussions, role-plays, flipped classroom, meta plan, power of feedback, collaborative learning, peer tutoring, surprise quiz, news analysis, educational games, discussion and reflection on current trends of industry/economy.

**ICT- Enabled Teaching:**

ICT-enabled teaching includes Wi-Fi enabled class rooms with Smartboard, LCD, projectors, Language Lab, E-learning resources, Video Competence, Socratic, Note App, and Webinar sessions. UOP conducts regular sessions to develop behavioral and communication Skills among the students. Career related workshops are offered to the students to build their Curriculum Vitae, motivational talks, educational videos support the teaching-learning process.

**Case Study Analysis and Discussion:**

Through this method, the students gain skills in critical thinking, communication, team cohesiveness and learning. The faculty uses case studies in diverse fields across the respective university.

**Group Learning Method:**

Group learning allows the slow learners to develop problem-solving, interpersonal, presentation and

communication skills to confirm quality in learning with Peer Group. Under group learning, heterogeneous group of students comprising Fast, Average and Slow learners are divided into small groups depending upon the class size. Group Discussions, Management Games, Group Projects/assignments are conducted across all the departments.

### **Project-based and Experiential learning:**

Courses specifically related to computer applications, or Social Sciences Courses benefit student immensely from such learning. All the Master's level courses have project work in their final semester. Students engage rich experiential content through experience, demonstrations, visual aids, periodic industrial visits, organizing exhibitions, presenting papers, field visits, meta plan activities analyzing case studies and participating and conducting quizzes on topics of theoretical interest.

<b>File Description</b>	<b>Document</b>
List of student-centric methods used for enhancing learning experiences	<a href="#">View Document</a>
Detailed report on activities done	<a href="#">View Document</a>

### **2.3.2**

*Institution promotes diverse learning techniques that can be used for enhancing self - growth /transformation of the aspirants. The students and faculties get opportunity to learn and regularly practice the following*

- *Shat Karmas (Neti, Dhauti, Nauli, Basti, Kapalbhathi, Trataka)*
- *Meditation*
- *Pranayama*
- *Asanas*
- *Swadhyaya*
- *Mitahara*

**In addition, for each of the options above that are ticked, detail as to how each of these are integrated into the overall curriculum main stream.**

### **Response:**

The University's philosophy of Yog (Shat Karmas, Meditation, Pranayama, Asanas, Swadhyaya and Mithara) is to develop and illuminate elicited divine powers in the scholars and transformation measurers to be measure in the scholars through accurately established Vedic and Scientific procedures. Teachers teach scholars through practical by getting practice done with strict routine daily from early morning to night that how to harmonious relation and assimilation with the nature would be achieved. The societal evils can be corrected by the inculcation of moral, social and political values of society, treatment of individuals body illness by practicing yoga oneself and get benefiting mental peace with ultimate happiness and the University is doing so. Hence it can say Yoga is a multidimensional process with

enormous natural power which is able to transformed entire world.

The world today is in a tumultuous situation where people are facing many challenges. Yog is an effective instrument that can alleviate the miseries of people and UoP is striving to work in this direction. The University successfully succeeding and achieving this goal under the guidance of our Honourable Chancellor Pujya Yoga Rishi Swami Ramdev ji Maharaj and Honourable Vice Chancellor Pujya Ayurved Rishi Achary BalKrishn Ji.

According to Hath Yogic Granth practicing **Shatkarma**, a human body gets free from toxicants by balancing Vat, Pitt and Cough and practicing of **Asanas** after the **shatkarm** people gets more benefited as body attains flexibility, increasing confidence with effectiveness in personality.

**Pranayama** practices should be performed after Asana which inculcates cleaning of veins, increases capacity of respiration, illuminates body, gives mental peace, and develops positive thoughts and intellectuality.

**Meditation** is a process by which a scholar focuses his mind on to a particular point and develop spirituality thereby they acquire strongly their thought processes, commemoration, learning, attention with positive energy. Maharshi Patanjali explains

**Swadhyaya** in the chapter of Kriya Yoga which means it is a process by which people self realisation. Evaluation of Swadhyaya is given in spiritual testimony. Scholars develop their spiritual intelligence, wisdom, judgmental power, confidence and acumen by the practicing Swadhyaya.

Description of **Mitahara** is found in Hath Yogic Graths meaning a person should receive their meal three fourth of required meal from delicious and delectable food which was offered to the almighty God. This makes human body energetic, healthy, feels lightness, glowing in body and happiness comes that the University scholars are feeling and following daily.

File Description	Document
Records(with photos etc..) with measurable indicators on the outcomes with respect to diverse learning techniques of the institution	<a href="#">View Document</a>

### 2.3.3

*Institution has a provision / practice / section for transcribing ancient documentary evidences.(Delineate the mechanism in detail how the students / faculty benefit from the same)*

#### Response:

The University with the Patanjali YogPeetha has succeed in collecting, digitizing more than 50,000 manuscripts both in paper and palm-leaf consisting of 43,00,414 pages in various subjects like Veda, Upanishads, Vyakarana, Darshan, Ayurveda, Yoga, Dharmashastra, Tantra, Purana, Jyotisha, Kosha, Nitishastra, Alamkarashastra, Vastu, Pakashastra, Rasayanashastra, Mantra, Vrata, Stotra, etc.

There is a research team working under Patanjali Research Institute of University of Patanjali for conserving, preserving, collating and restoring the manuscripts. The research team also edits and publishes the rare manuscripts. Most of the manuscripts are related to ancient sciences like Yoga and Ayurveda.

The manuscripts are in various languages and Scripts such as Devanagari, Sharada, Gurumukhi, Persian, Odia, Marathi, Bengali, Tamil, Telugu, Malayalam, Granth, Tibetan etc.

At UoP, the process adopted to document ancient literary evidences are as follows: -

1. Identification of Source (Survey)
2. Collection of manuscripts
3. Conservation (Preventive & Curative)
4. Preservation & Storage
5. Documentation
6. Digitization
7. Editing & Publication

Once the documentation is done, the details about each manuscript with regard to their Titles, Subjects, Materials (in which these are written), their Scripts, Complete or Incomplete, Folios and Pages of each manuscript it contains and also the Commentaries contained therein, etc. is compiled.

It is said that the literature is like a ship of which the half is seen and the second half is submerged. So, it is our prime duty to bring this invisible portion forward by publishing them. YogPeeth welcomes to take up this task of publishing these valuable manuscripts and a project has been initiated to venture the work more forcefully. There is also a plan to assign these manuscripts to the Ph.D students at University level for their thesis work. This will bring them and India in glorious future.

The University slogan is "SAVE PAST FOR THE FUTURE"

File Description	Document
Records with measurable indicators on the benefits gained by students/faculty with respect to the above	<a href="#">View Document</a>
Records showcasing the policy / mechanism/ activity with respect to undertaking transcribing ancient documentary evidences	<a href="#">View Document</a>

#### 2.3.4

*Teachers utilising ICT-enabled tools for effective teaching and learning process, including online e-resources*

**Response:**

University of Patanjali believes that Information Communication Technologies (ICT) in present era is influencing every aspect of human life. ICT in education means use of information and communication technology to support, enhance, and optimize the delivery of information.

UoP has established ICT cell to ensure the university is up to date with technological advancement. ICT class rooms are enabled in the entire campus and are equipped with computers, laptop, internet connectivity, LCD projector and all departments have smart boards.

All of our faculty and staff members are well versed with operating ICT resources. UoP organizes frequent workshops on ICT tools for all faculty and staff members for improving effective teaching and learning. With the help of ICT, faculty uses images, videos, PowerPoint presentations (PPTs) and interactive course content to improve the retentive memory of students. It helps teachers in explaining complex concepts in an easy manner and also ensures students' comprehension.

Teachers create interactive classes and make the lessons more enjoyable, which also improved student attendance and concentration. Information and Communication Technology can lead to improved student learning and better teaching methods. There are well-documented items in connection with ICT such as National Digital Library, You Tube Videos, Moodle software, spoken Tutorials, Digital Library, Google Class rooms. Faculty members use Google classroom, Microsoft Team for anywhere connectivity with students. Students are encouraged to use these services to access and use course content, interact with the faculty and fellow learners, submit assignments and projects.

**Computer & IT Facilities:**

University has fully equipped computer labs (each having 30 Computers) and 30 computers distributed among all departments for making teaching learning activities more effective and practical oriented. Every department has been provided with sufficient computer infrastructure like LCD projectors, computers, smart boards, multimedia facilities for computer aided teaching and curriculum needs. Internet facility is available in all departments, computer centers, library, and student center with LAN and Wi-Fi connections with the speed of 1 Gbps bandwidth. Computer systems are configured with the appropriate softwares as per the curriculum requirements. The university updates the IT infrastructure and learning resources facilities with the changing requirement of the concerned departments.

File Description	Document
List of teachers using ICT-tools	<a href="#">View Document</a>
Details of ICT-enabled tools used for teaching and learning	<a href="#">View Document</a>

**2.3.5**

*Ratio of Students to Mentor(data for the latest completed academic year)*

**Response:** 21.25

2.3.5.1 *Number of mentors* ?????????????? ???????

Response: 52

File Description	Document
Records on mentor mentee activities	<a href="#">View Document</a>
Records of approved mentors mapped to student	<a href="#">View Document</a>
Institutional notification with regard to mentorship	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

## 2.4 Yoga for Health

### 2.4.1

*Institution caters to the various aspects of health*

1. Physical
2. Mental
3. Social and
4. Spiritual.

**Furnish details for each of the options applicable above**

#### **Response:**

According to WHO a complete health means wellness of the physical, mental, social and spiritual state of human being. Maharshi Charaka states “body, mind and soul” are three main components of human being on which the world exists. Healthy body possess healthy mind and healthy mind achieve desired targets easily hence a happy life is linked with the healthy body.

The University specially focuses on health of individual scholars. We have advanced centralized mess for boys and girls separately in the campus where nutritious, healthy and hygienic food is cooked and provided to the students as food is one of the foremost important parameters to maintain the healthy body.

The campus is fully residential for all students, therefore Guru-Shishya tradition is in suo motu implementation in the campus. Campus is fully equipped with big play ground and indoor stadium where various sports like kho-kho, kabaddi, volleyball, football, handball, basketball, badminton, Taekwondo, table tennis, etc., are practised by all faculties, students and other employess, for immunity building as well as physical and mental health of the stakeholders.

NABH accridiated Ayurved Hospital with fully equipped modern instruments and equipment is adjescent to the University and is available to all the scholars in any emergency. The doctors of hospital take care of the health issues of all students regularly. It is compulsory for all students to take part in daily Yajna,

Hawan, Poojan with chanting of Vedic mantras / shlokas, perform yog practices (tratak, pranayama and meditation) daily in early morning and evening which make them strong in mental state. Honourable Chancellor Pujya Yoga Rishi Swami Ramdev ji Maharaj and Honourable Vice Chancellor Pujya Ayurved Shiromani Achary BalKrishna Ji Maharaj organizing time to time spiritual session by their own Yogpeeth and by inviting world renowned personalities within spiritual world. For organizing such events 02 auditoriums of capacity 2500 people and 600 people, respectively, are available within the campus. Patanjali Yogpeeth Trust is the sponsoring body of the University. It has two Wellness Centers where the scholars of the university are allowed to volunteer and perform "sewa" to the patients. The scholars also organize camps under the banner of National Service Scheme (NSS) to nearby villages for awareness on environmental and pollution related issues, Swachta mission, social evil like dowry, bal vivah, etc by way of slogans, banners, discussion, etc. Such activities make them aware of social well being and the importance of peace and harmony. The scholars are truly involved in Rashtra Nirman. These performances make scholars more powerful and healthy. All above activities proved that the university is fully caters the Physical, Mental, Social and Spiritual development of the scholars.

File Description	Document
Records (with photos etc.) with measurable indicators on the practices and outcomes pertaining to the above	<a href="#">View Document</a>

#### 2.4.2

*The following(philosophy and practice) are integral to the teaching learning methodology of the institution*

1. Yogasana
2. Pranayama
3. Kriya
4. Meditation
5. Yoga Nidra (Relaxation Technique)
6. Swadhyaya
7. Chanting / Vedic recitations

**Response:** A. Any 6 or more of the above

File Description	Document
Records (with photos etc.) with measurable indicators on outcomes /impact with regards to various teaching methodologies	<a href="#">View Document</a>

#### 2.4.3

*Provide details of new yogic technique/s (if any) conceptualized and taught as an integral part of teaching learning process towards holistic health and wellbeing.*



**Response:**

Honourable Chancellor Pujya Yoga Rishi Swami Ramdev ji Maharaj ji developed various new techniques for daily practices of Yog for the benefits of the general public. The main amongs them are -

**Vyayam**

A. Yoga jogging 1-Hastapadasanchalana, 2-Poorna Hastapadasanchalana, 3-Janusanachalana, 4-Ardhabaithak, 5-Januvikasak, 6-Januvakshvikasak, 7-Vakshvikasak, 8-Trikonasana, 9-Konasana, 10-Padahastasana, 11-Chalitpadahastasana, 12-Yoga/Kati Nritya)

B. The Dand techniques- 1-SadharanDanda, 2-RammurtiDanda, 3-VakshavikasakDanda, 4-HanumanDanda, 5-VrishchikDanda-1, 6-VrishchikDanda-2, 7-ParshvaDanda, 8-ChakraDanda, 9-PalatDanda, 10-SarpaDanda, 11-Mishra Danda.

C. Baithak- 1-Sadharanardhbaithak, 2-Sadharanpoorna baithak, 3-Rammoorti baithak, 4-Pahalvan baithak-(1,2 combination), 5-Hanuman baithak-(1,2,3 combination)

Apart from the above new techniques, various other packages have been compiled by the Honourable Pujya Yoga Rishi Swami Ramdev ji Maharaj for all age group and these practices are performed by the students : These are-

**Aashan & Pranayam**

- 1.Mandukasana, Shashankasana,Vakrasana, Gomukhasana. Makarasana, Bhujangasana, Shalabhasana, Markatasana, Pavanamuktasana, Ardhalasana, Padavrittasana, Dwichakrikasana)
- 2.Bhastrika, Kapalbhati, Bahya, Ujjayi, Anulom-Vilom, Bhramari, Udgeeth, Pranav)

**Special for all**

Shirshasana, Sarvangasana, Halasana, Chakrasana, Tadasana, Triyaktadasana, Garudasana, Pashchimottanasana.

**Special for students**

Gorakshasana, Garbhasana, Skandhapadasana, Tolangulasana, Hastapadangushthasana, Bhunamasana, Akarnadhanushtankarasana, Mayurasana.

**Special for Women**

Bhujangasana, Makarasana, Shalabhasana, Ardhalasana, Padavrittasana, Dwichakrikasana, Kandhrasana, Markatasana, Chakrasana, Ushtrasana, Shirshasana, Sarvangasana, Halasana, Paschimottanasana, Brahamacharyasana.

**Special for Obesity**

TriyakKonasana, Konasana, Trikonasana, Padahastasana, Chakkichalan, Sthirkonasana, Paschimottanasana, Bhujangasana, Shalabhasana, Ardhalasana, Padavrittasana, Dwichakrikasana,

Markatasana, Shavasana, Bhastrika, Kapalbhathi, Ujjayi, Anulom-vilom, Bhramari, Udgeeth.

All above exercises are learned and practiced for their own benifits as well as to become expert for advising others as well as to address emergency situations.

File Description	Document
Records with measurable indicators on outcomes /impact with regards to various new yogic teaching techniques introduced	<a href="#">View Document</a>
Records/ circular on teaching new yogic techniques as an integral part of teaching learning process	<a href="#">View Document</a>
List of new yogic technique/s conceptualized	<a href="#">View Document</a>

## 2.5 Teacher Profile and Quality

### 2.5.1

*Percentage of fulltime teachers against sanctioned posts appointed in the institution during the last five years*

**Response:** 59.77

2.5.1.1 Total number of sanctioned posts in the institution during the last five years (excluding repeat count):

Response: 87

File Description	Document
List of fulltime teachers and sanctioned posts during the last 5 years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of appointment letters	<a href="#">View Document</a>

### 2.5.2

*Percentage of fulltime teachers with Ph.D./MD/MS/D.Sc./D.Litt./any other similar in the institution*

**Response:** 67.31

2.5.2.1 Number of fulltime teachers with Ph.D./MD/MS/D.Sc./D.Litt./any other similar in the institution(excluding repeat count):

Response: 35

File Description	Document
List of fulltime teachers with Ph.D./MD/MS/D.Sc./D.Litt./any other similar in the institution during the last 5 years	<a href="#">View Document</a>

**2.5.3**

*Percentage of the full time teachers in the institution being recognized as Ph.D guides as per the eligibility criteria stipulated by the Regulatory Councils / Universities during the last five years*

Response: 19.23

**2.5.3.1 Number of the full time teachers in the institution being recognized as Ph.D guides as per the eligibility criteria stipulated by the Regulatory Councils / Universities during the last five years (excluding repeat count):**

Response: 10

File Description	Document
List of Ph.D Guides with allotted students and areas of research	<a href="#">View Document</a>
List of fulltime teachers recognized as Ph.D guides as per the eligibility criteria stipulated by the Regulatory Councils / Universities and the number of fulltime teachers for last 5 years	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

**2.5.4**

*Average teaching experience of fulltime teachers in number of years (latest completed academic year)*

Response: 12.19

**2.5.4.1 Total teaching experience of fulltime teachers in number of years:**

Response: 633.7

File Description	Document
List of fulltime teachers including details of their designation and total number of teaching experience (in years)	<a href="#">View Document</a>

**2.5.5**

*Percentage of fulltime teachers trained for development and delivery of e-content / e-courses during the last 5 years*

**Response:** 100

**2.5.5.1 Number of fulltime teachers trained for development and delivery of e-content / e-courses during the last 5 years (excluding repeat count):**

Response: 52

<b>File Description</b>	<b>Document</b>
Reports of the e-training programmes organized (with photographs)	<a href="#">View Document</a>
List of fulltime teachers trained for development and delivery of e-content / e-courses	<a href="#">View Document</a>
List of fulltime teachers	<a href="#">View Document</a>
List of e-content / e-courses developed	<a href="#">View Document</a>

**2.5.6**

*Percentage of fulltime teachers who received awards, recognitions, fellowships for excellence in teaching, student mentoring, scholarships, professional achievements and academic leadership at State, National, International levels from Government / Government-recognized agencies / registered professional associations during the last five years*

**Response:** 23.08

**2.5.6.1 Total number of teachers who received awards, recognitions, fellowships for excellence in teaching, student mentoring, scholarships etc., (excluding repeat count):**

Response: 12

<b>File Description</b>	<b>Document</b>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of award letters (scanned or soft copy)	<a href="#">View Document</a>

**2.5.7**

*The faculties regularly attend spiritual / Yoga courses-workshops / retreat / advance training programs etc., pertaining to the overall attainment of physical, mental, emotional and spiritual health and/ or to equip themselves with advance technology and techniques.*

**Response:**

Under the faculty development programs, Pujya Yoga Rishi Swami Ramdev ji Maharaj organizes yoga sessions for the teachers from time to time in university campus and in the Yogpeeth. Spiritual gurus are invited by the university, who interact and inspire students and provide direction in their education and life. Teachers learn from periodic retreats of mindfulness and meditation etc. Such practices improve the physical, mental, emotional and spiritual health. Teachers also update themselves about current development in yogic practices by taking part in workshops out of the campus to enhance their teaching skills so that students benefit from the knowledge of these developments in their respective curriculum/subjects.

Following faculty members participated in various workshops. For instance, Dr. Narendra Singh, Dr. Nidheesh Yadav, Dr. Sanjay Singh, Dr. Rudra Bhandari, Dr. Sandeep Singh, Ms. Monika Panwar and Dr. Bipin Dubey from Department of Yoga Science. Dr. Abhishek Kumar Bhardwaj from Department of Psychology, Dr. Bhagirathi from Department of Sports, Dr. Nivedita Sharma, Faculty of Science Department and Department of History participated in a workshop on the “**Arts and Science of Teaching Yoga**”.

Apart from Yoga practices teachers also interact with doctors of Yogpeeth and learn about modern instrumental techniques used for evaluation of yoga practice outcomes.

File Description	Document
Records (with photos etc.,) with measurable indicators on the outcomes/impact with respect to the above engagements	<a href="#">View Document</a>
List of the faculty undergone the above	<a href="#">View Document</a>
Detailed report with photographs	<a href="#">View Document</a>

## 2.6 Evaluation Process and Reforms

### 2.6.1

*Average number of days from the date of last semester-end/ year- end examination till the declaration of results during the last five years*

**Response:** 17.8

*2.6.1.1 Number of days from the date of last semester-end/ year- end examination till the declaration of results year-wise during the last five years*

2021-22	2020-21	2019-20	2018-19	2017-18
18	18	19	16	18

File Description	Document
Records showcasing result declaration against various programmes in the semester/ annual curriculum pattern	<a href="#">View Document</a>
Records/circulars on semester/annual examination announcement	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

### 2.6.2

*There are intervention tools /evaluation mechanisms (devised /adopted / adapted by the institution) inbuilt within the system and aimed towards evaluating certain subjective experiences and spiritual growth of the aspirants (e.g. biomarker)*

*a. How does the institution address to measure and ensure the growth of its aspirants*

#### **Response:**

UoP is equipped with various pathological and analytical labs (with biological, physiological and psychological tools) for research and clinical studies. These labs include following instruments:

1. Hematology Analyzer (Qwicklab Service Pvt. Ltd., U.S.A) used to count and identify blood cells and high speed with accuracy.
2. Sphygmomanometer (Dr. Morpen blood pressure monitor) used to measure arterial blood pressure.
3. Glucometer (Dr. Morpen blood glucose machine, Morpen laboratories Ltd. Gurgaon, India) used to measuring blood glucose level.
4. Four channel polygraph (Medicaid, Chandigarh, India) analyses respiratory variables (Heart rate, breath rate, skin conductance)
5. Electrocardiogram (Electrode Gel, Medical Systems, Chandigarh, India measures Heart rate Variability.
6. Purdue pegboard (32020/ Lafayette, U.S.A.) used for measurements of Movement of arms, hands and fingers.
7. Instrument Multi-Operational Apparatus for Reaction Time (35600/Lafayette, U.S.A.) measures Reaction time.
8. Grip dynamometer (78010/ Lafayette, U.S.A.) measures Hand grip strength.
9. Muller-Lyer apparatus (Anand Agencies, Pune, India) measures Degree of optical illusion, visual perception.
10. Maze learning (Anand Agencies, Pune, India) gives idea about Learning disorder.

These interventional tools are very effective in evaluation mechanism of a patient and also growth of students in evaluating certain subjective experiences and spiritual growth. Various other Biological, Physiological, Psychological, Cognitive, scientific tools are available for students for learning purposes.

File Description	Document
Reports with measurable indicators on outcomes /impact with regards to various evaluation mechanism introduced	<a href="#">View Document</a>
Records/ circular etc. on evaluation mechanisms if applicable	<a href="#">View Document</a>
List of Intervention tool/s, if any	<a href="#">View Document</a>

### 2.6.3

*The institution has the following (choose the appropriate) mechanism/s in place towards redressal of examination related grievances during the last 5 years.*

**Response:** A. Double valuation/Multiple valuation with appeal process for re-totaling/revaluation and access to answer script

File Description	Document
Records /policy /circulars on redressal of examination related grievances	<a href="#">View Document</a>

### 2.6.4

*Reforms in the examination procedures and processes including continuous internal assessment to improve the examination system*

*Describe examination reforms implemented by the institution during the last 5 years with reference to the following within 500 words*

- *Examination procedures*
- *Processes integrating IT*
- *Continuous internal assessment system*
- *Competency-based assessment*
- *Workplace-based assessment*
- *Self assessment*
- *Any other*

**Response:**

UoP has a de-centralized assessment system monitored by Assessment, Evaluation, and Student Progression (AES) Division, established by the University in 2016 to look after issues related to Assessment and Evaluation.

The AES Division works in tandem with the Student Services and functions as repository for all assessment records. The examination section follows the examination manual for all decisions related to

examinations. AES works closely with the University to ensure that due approval of courses takes place in advance, assessment rules are followed, deadlines for attendance submission and award submission are met; and lists of promoted and graduated students are provided within prescribed timelines.

Final results are declared within three weeks of the last date of assessment. Results are shared with the students through university website, WhatsApp, email and are available online. Students can approach the faculty at any time with concerns and queries about assessment. Feedback on answers based on grading rubrics is provided after each assessment.

### **Continuous Assessment**

The University follows a system of continuous assessment that is formative and cumulative. Each course typically involves a minimum of three assessment situations with no single assessment having more than 40% weightage in determining the grade. The assessments are aligned with learning outcomes and include wide range of individual/group exercises, quizzes, viva-voce, audio-visual presentations, field-study exercises, work portfolios and case-study analyses, besides written examinations.

Student participation in classroom discussions and other monitored learning practices are evaluated in some courses based on full engagement. Faculty are expected to share results of assessment throughout the semester, not only at semester end when course grades are officially reported.

The student-faculty committees and course evaluation forms serve to channelize student grievances and reinforce faculty accountability to students, while ensuring effective handling of the issues of transparency and relevance. The division does not intervene in or resort to manage the assessment process so much as to certify that students have fulfilled their academic requirements for promotion and eventual graduation. A Standing Committee for Student Affairs deal with issues of indiscipline or violation of academic norms.

<b>File Description</b>	<b>Document</b>
Details of examination reforms implemented during the last 5 years	<a href="#">View Document</a>

### **2.6.5**

***Examination division automated based on the Examination Management System (EMS)***

**Response:** A. 100% automation of entire division & implementation of Examination Management System (EMS)



File Description	Document
Current manual of examination automation system and Annual reports of examinations including the present status of automation (Data Template)	<a href="#">View Document</a>
Current Manual of examination automation system	<a href="#">View Document</a>
Annual reports of examinations including the present status of automation	<a href="#">View Document</a>

## 2.7 Student Performance and Learning Outcomes

### 2.7.1

*Average pass percentage of Students (last five year data)*

**Response:** 89.5

#### 2.7.1.1 Number of final year students appeared for the university examinations

2021-22	2020-21	2019-20	2018-19	2017-18
398	347	444	448	378

#### 2.7.1.2 Number of final year students qualified in the university examinations

2021-22	2020-21	2019-20	2018-19	2017-18
376	339	397	351	331

File Description	Document
Records showcasing details of students appeared and passed /failed through the final semester/annual examination	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

### 2.7.2

*State the learning outcomes of the programs offered by the institution*

**Response:**

Learning outcomes (LOs) and student progress are monitored regularly through formal as well as informal mechanisms. Faculty of UoP follows a policy of continuous and formative assessment along with student feedback mechanism to ensure that programme objectives (POs) is met. A carefully designed combination of assessment methods evaluates a range of skills, knowledge, understanding, values and attitudes.

Across programmes, a percentage of each course assessment is done on the basis of the students' ongoing participation and involvement in coursework. In addition, a reflexive engagement with practice is evidenced in students' work/assessment portfolios on their engagement in all of their courses through which they make connections, raise questions and develop their emergent views. Continuous and formative assessment also enables learners to make use of the feedback at a formative stage to continuously improve. Faculty meetings are some of the platforms to conduct, monitor and evaluate the attainment of programme specific outcomes.

Structured feedback is received from students on the course objectives (COs), modules, learning materials, teaching, and assessment situations, etc. at the end of each semester for each individual course, enabling a review of course content and transaction. The feedback proforma enables the programme team to review the extent to which students find course transaction helpful in attaining course outcomes.

Evaluation of student performance across courses during faculty meetings as well as during Evaluation Committee meetings, enables programme teams to make mid-course corrections. Student Faculty Committees (SFCs) which comprise of student representatives, programme coordinator, and one other faculty member, act as an interface between the faculty members and the students and form an informal space for critically assessing the extent of attainment of stated course outcomes.

Any concern with regard to course content, way of course transaction, evaluation, or any other concern in relation to the program/ course is addressed by the committee. Student progression and evaluation is mapped across mid-term and end-term written assignments (letter graded) which are based on COs circulated at the beginning of the course.

The syllabus is revised from time to time based on the learning and outcome analysis by all departments.

File Description	Document
List of programmes offered by the institution	<a href="#">View Document</a>

## 2.8 Student Satisfaction Survey

### 2.8.1

#### Online student satisfaction survey regarding teaching learning process

**Response:** 3.42

<b>File Description</b>	<b>Document</b>
Institutional data in prescribed format	<a href="#">View Document</a>
Database of all currently enrolled students	<a href="#">View Document</a>

## Criterion 3 - Research, Innovations and Extension

### 3.1 Promotion of Research and Facilities

#### 3.1.1

*The institution has a well-defined policy for promotion of Research and the same is uploaded on the institutional website*

#### **Response:**

UoP promotes research on Yog, Ayurveda and Indian Culture and how they can be brought together with the modern sciences. It conducts R&D work through research projects, clinical trials, developing yoga protocols, standardizing the tools of research, quality assessment, etc. It commits itself in providing advanced methods of learning, focused and pragmatic approach in its research methodology for all of its domains and area of specialization. The research at UoP aims to:

- Promote and preserve practices of Authentic Indian Yog, Traditions at the global level.
- Upkeep/retain/safe-guard the Tradition of Authentic Yog in its truest sense/essence / and avoid deviation;
- Enable the creation of eco-systems across HEIs that would open scientifically every possibility of exploration (tapped-untapped) across various dimensions of Traditional Authentic Yogic Principles (physical, psycho-social, emotional, employability generation etc).

As an HEI, University of Patanjali (UoP), with extensive research labs and facilities gives utmost importance to Research. The research policy at UoP outlines the idea of transparency responsibility and ethical standards to achieve its goals and implementation of academic strategies. These set of guidelines are pertinent to all the students and the employees of the University engaged in any type of research project whether on permanent or contractual basis.

The research document is regularly updated to ensure its relevance to contemporary context. The document was introduced in 2016, and subsequently updated in 2022. The present document clearly lays down guidelines for the following.

- Scope of the Policy
- Policy Statement (Rationale, Research Objectives)
- Research Management (Composition of Research Committee, role and function)
- Rights and responsibilities of stakeholders, Principal Investigators, Sponsors, etc.
- Guidelines for preparation of proposals, Utilization Certificates and relevant statements
- Inception, Technical and Invention Reports preparation
- Patents and Copyrights
- Grievance Procedures
- Confidentiality and Security
- Authorship and related concerns
- Research Misconduct
- Access and Retention of Research Database
- Scientific Research and Human Subjects

- Animals as Laboratory Subjects
- Environmental Safety and Health
- MOUs for research collaborations
- Financial Responsibilities

The laboratories, computer labs, and language labs facilitate the students and faculty to pursue higher end research. The research environment in the campus motivates the students to pursue serious research.

File Description	Document
Minutes of the meetings of Governing Council/ Syndicate/Board of Management related to research promotion policy adoption	<a href="#">View Document</a>
Document on Research promotion policy	<a href="#">View Document</a>

### 3.1.2

*Are the research domains centered on traditional Yogic concepts.*

*(If yes, how does the institution take an extra mile to facilitate its faculty members for research interventions that brings to the forefront the relevance of ancient yogic practices in modern day challenges)*

#### **Response:**

The research domains of University of Patanjali are centered on traditional Yogic and Ayurvedic concepts. The University constituted Research Advisory Committee and Institutional Ethical Committee to provide guidance to the faculty and research scholars to pursue research.

Additionally, University of Patanjali has, at the disposal of its faculty and students, infrastructure and facilities to carry out the research at Patanjali Research Institute, associated institutions within patanjali group .

In total, there are 5 divisions running holistically to ensure the endless journey of restoring the saintly heritage of Yoga and Ayurveda. These five divisions are:

1. Drugs discovery and development division,
2. Herbal research division,
3. Yoga research division,
4. Yoga research
5. Journal and Books.

The main goal of the Drug Discovery and Development Division is to make Global Acceptance of Yoga and Ayurveda, through back-up with scientific research.

- The research laboratories are accredited with NABL, DSIR, DBT, and have CPCSEA approved animal house along with well-defined IAEC, IBSC and IEC structures. These are probably one-of-the-kind, state-of-the-art facilities to conduct research on Ayurveda.
- Herbal Research Division was established under the supervision of the Ayurved Sriomani Acharya Balkrishna Ji to ensure all the medicinal plants used in different traditional medicinal systems across the globe are being gathered and published in book form. The Scientists at Herbal Research Department started content development for books on flora including medicinal flora of different areas of India. The team is also working on vegetation survey in different regions of India.
- Yog research division has its own well-equipped laboratories on Yog research in Clinical Neuroscience, Neuropsychology, Clinical Assessments, Metabolic and Respiratory physiology.
- The Clinical Neuroscience laboratory focuses on yog and neuroscience, the Neuropsychology facilities focus on yoga practices and perceptual, cognitive and motor variables using different neuropsychological equipment and psychological tools, clinical research focuses on clinical variables using clinical monitoring and basic clinical equipment's, and the Metabolic and Respiratory physiology laboratory focuses primarily on yoga practices and metabolic and respiratory variables using different equipment.
- University of Patanjali has its research journal 'Yogayu Research Journal' to publish scientific studies in the area of Yog and Ayurved. University publishes both online and offline papers/magazines on various subjects.
- Various guest lectures, workshops, etc., on relevant subjects, are organised as and when required. Publication of rare manuscripts is being done in Research & Development Cell of the University. There are hundreds of published and unpublished manuscripts in the University Library.
- The first publication of six rare and ancient manuscripts has also been published by the University. University has more than 30,500 books on ancient literature, modern science and technology. Different newspapers and magazines are available in the reading room. A book loan facility is also available to needy students.

File Description	Document
Policy in terms of records / circulars / minutes /activities etc showcasing the research interventions around traditional yogic concepts	<a href="#">View Document</a>

### 3.1.3

***Institution has brought transformation in individuals and society by fostering the outcomes of applied research undertaken in the Yoga discipline by scholars / faculties.***

#### **Response:**

Yog is a spiritual practice that seeks to transform the students and faculty to our true nature, which lies beyond the limited concerns of religion or philosophy. It seeks to give us the key to mind- and ego-transcending enlightenment, or the awakening from the dream of conventional existence. UoP brought many transformations among the students and faculty members, and local community through Yoga practices, Yoga consultancy, entrepreneurship, awards and startups. The faculty and students of the

university practice yoga consultancy as a service for the wellbeing of the society at large.

In UoP case studies, five basic types of Research Studies are carried out, e.g., Case Studies. Correlational Studies, Longitudinal Studies, Experimental Studies and Clinical Trial Studies. According to the National Institutes of Health, scientific evidence shows that yoga supports stress management, mental health, mindfulness, healthy eating, over weight reducing and quality sleep. With all these intact, economics plays an important role in the lives of the students. Self-sustainability is important and that is done at UoP through consultancy and startups.

Consultancy shows the credibility of the university's research acumen in the outside world. While the university personnel extend their expertise to other agencies the university also generates some revenue along with the research faculty. For this it is necessary that the university has a formalized policy on consultancy with clear specification of revenue sharing between the teacher and the institution to facilitate consultancy, thereby generating revenue towards sustainability.

Exploration and reflection are crucial for any teacher to be effective in one's job. Quality research outcome is beneficial for the discipline, society, industry, region and the nation. Sharing of knowledge especially theoretical and practical findings of research through various media enhances quality of teaching and learning. Research acumen in an institution is an evolving feature reflecting various research output with clear records such as - doctoral, post-doctoral, projects, inventions and discoveries, number of patents obtained and number of research publications, contribution by the teachers/research scholars through research based publication/awards/patents/participation in conferences etc., in the field of Yoga and transdisciplinary domains. Consultancy and Training Activity organized or managed by the faculty for an external agency for which the expertise and the specific knowledge base of the faculty becomes the major input. The finances generated through consultancy are fairly utilized by the institution. The faculty taking up consultancy is properly rewarded. University is a resource pool with several persons engaged in research at various levels.

The ultimate goal of University of Patanjali is transform individuals to a sustained state of pure awareness called Moksha or Samadhi. Yoga is the transcendence of the mind to realize the "true self" or "highest self." This experience of pure consciousness is our true nature. In this state of liberation, all mental and philosophical constructs fall or in other words, the world is Maya or drama or unreal.

File Description	Document
Records with measurable indicators showcasing outcomes of transformation in individuals and society brought about through such research interventions	<a href="#">View Document</a>
Policy in terms of records / circulars / minutes /activities etc showcasing continual faculty / scholar involvement on applied research for transformation	<a href="#">View Document</a>
Details of faculty / scholars (highlight research domains) involved in applied interventions aimed at transformation	<a href="#">View Document</a>

### 3.1.4

*The institution provides seed money to its teachers for undertaking research initiatives during the last five years(average for five year; INR in lakhs)*

**Response:** 5.05

*3.1.4.1 The amount of seed money provided by institution to its faculty year - wise during the last five years(INR in lakhs)*

2021-22	2020-21	2019-20	2018-19	2017-18
5	5	5	5.25	5

File Description	Document
Utilization certificate against the seed money sanctioned to the teaching faculty for research by the institutional finance section	<a href="#">View Document</a>
Records of teaching faculty having received seed money towards research	<a href="#">View Document</a>
Progress report on the research undertaken against the seed money	<a href="#">View Document</a>
Policy for grants – in –aid as seed money for teaching faculty	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>



**3.1.5**

*Percentage of teachers awarded national / international fellowship / financial support for advanced studies/collaborative research participation in Indian and Overseas Institutions during the last five years.*

**Response:** 7.69

**3.1.5.1 Number of teachers awarded national / international fellowship / financial support for advanced studies / collaborative research participation in Indian and Overseas Institutions during the last five years (excluding repeat count):**

Response: 4

<b>File Description</b>	<b>Document</b>
Records of teachers and their national/international fellowship details etc	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of the award letters of the teachers	<a href="#">View Document</a>

**3.1.6**

*Number of JRFs, SRFs, Post Doctoral Fellows, Research Associates and other research fellows in the university enrolled during the last five years*

**Response:** 81

<b>File Description</b>	<b>Document</b>
Records of awarded fellowships from granting agency	<a href="#">View Document</a>
List of research fellows and their fellowship details such as name, year of enrolment, duration, granting agency etc for the last 5 years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

**3.1.7**

*The institution has the following facilities*

*a. Library with a good research repository /e-resources*

*b. Human Resources with expertise in applied Yoga research*

*c. Yoga Practice Studio (e.g. well ventilated room with facilities as full length mirrors, wooden*

flooring)

*d. Research Laboratory / Research Dissemination Centre*

*e. Technology Transfer Centre / Incubation Centre*

*f. Clinical Trial Centre*

*g. Any other facility to support research*

**Response:** A. 4 and above

File Description	Document
Videos and geo-tagged photographs	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Circular /record enlisting various facilities	<a href="#">View Document</a>

## 3.2 Resource Mobilization for Research

### 3.2.1

*Grants received for research projects sponsored by government and non-government sources such as industry, corporate houses, international bodies, endowments, professional associations, endowment-Chairs etc., in the institution during the last five years(INR in Lakhs)*

**Response:** 2848.11

File Description	Document
Institutional data in prescribed format	<a href="#">View Document</a>
Grant award letters for research projects sponsored by non-government organizations	<a href="#">View Document</a>

### 3.2.2

*Funding for psychosomatic domains and clinical research in the following areas by government and / or nongovernment agencies*

- 1. Research projects**
- 2. Clinical trial**
- 3. Development of Yoga protocols**
- 4. Standardizations of tools**

**Response:** A. All the above

<b>File Description</b>	<b>Document</b>
List of projects / clinical trials /Yoga protocols/standardizations etc. along with grant details (as furnished in the template)	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of the project / clinical trials / standardization/ development of Yoga protocols etc sanctioned by government as well as non-government agencies	<a href="#">View Document</a>

### 3.3 Innovation Ecosystem

#### 3.3.1

*Institution has created an ecosystem for innovations and entrepreneurship with an Incubation centre, entrepreneurship cell*

*Enumerate the initiatives of the institution on innovation and entrepreneurship and their output (start-ups, incubates, entrepreneurs) and the available facilities within 500 words*

**Response:**

In line with its "Vision & Mission", the University of Patanjali is committed to drive the agenda of Research and Innovations, as such, has created an ecosystem for research, innovation and entrepreneurship. The key initiatives taken are:

- The University of Patanjali recruits dynamic and vibrant young faculty along with renowned distinguished experts at senior level to mentor and channelize the young students. The faculty members are up-gradated on domain-specific knowledge by organizing of Conferences, Seminars, and Lecture Series. Faculty members are granted special leave and provided financial support to attend Orientation and Refresher Courses in India. Scholarships and appreciable fee concession are provided to faculties, employees and JRFs/SRFs/Research Associates to pursue Ph.D programs.
- To facilitate networking and establish collaborations for undertaking multi-disciplinary and interdisciplinary research, University of Patanjali regularly invites eminent experts. It has accorded honorary degrees and positions in appropriate cases. The University encourages external co-supervisors for Ph.D scholars.
- University of Patanjali has signed several MoUs at national and international level to promote academic and research activities. UoP is actively involved with other sister institutions like Patanjali Research Institute, Patanjali Organic Research Institute and Patanjali Bio Research Institute to provide new heights in innovation, extension and enterprising development activities.
- Research has always been an area of paramount importance to University of Patanjali. Therefore, UoP has established Research and Publications cell which is responsible in promoting and facilitating leading-edge research, including collaborative and interdisciplinary research; building,

and providing sufficient support for a community of innovative researchers to enhance research capacity at the university and to increase internal and external research opportunities for faculty, research fellows, and graduate students; developing networks between the research Centre and researchers in the field nationally and internationally.

- Access to academic and research resources is very crucial for the advancement in one's own areas of interest outside, like case studies reported in journals, book chapters, new articles and pamphlets, etc., which are made accessible at the click of mouse in University of Patanjali library.
- University of Patanjali with calibration of other sister institutes as well as various government and non-government organizations, organizes various hands-on trainings for entrepreneurship awareness and skill development.
- University of Patanjali has a special emphasis on the transfer of existing available specialized knowledge in the field of Yoga, Naturopathy and Ayurveda, through Yoga Shivar, health awareness programs, and the like organized in collaboration with Bharat Swabhiman Trust and Hamro Swabhiman Trust by which crore of the people get benefits of these initiatives.
- University is also empaneled under the Pradhan Mantri Yuva Yojna with the Ministry of Skill Development and Entrepreneurship to impart activities in Entrepreneurship.
- The University of Patanjali has multiple channels towards realizing the innovative ideas into prototypes and commercialized products. In the process of conceptualization, solution identification and realization, the university sees scope for Intellectual Property (IP) creation. University of Patanjali strongly encourages IP creation and with the collaboration of its sister institutes, more than 16 Patents were filed during the last five years.
- University of Patanjali conducted many development programs and also organized several events in various fields like progressive farmers' meet, startup ventures, expert talks, and webinars to motivate and make people healthy and happier.

File Description	Document
Geo-tag the facilities and innovations made	<a href="#">View Document</a>

### 3.3.2

*Workshops/seminars etc. conducted on the following during the last five years*

- 1. Intellectual Property Rights**
- 2. Research methodology**
- 3. Good clinical practice**
- 4. Research Grant writing**
- 5. Industry-Academia Collaborations**
- 6. Any other (Ex: scientific writing/ standardization of tools and techniques /Yoga protocol etc)**

**Response:** A. Any 4 and above

File Description	Document
Reports (with photographs etc) enlisting the various workshops/seminars etc. during the last 5 years	<a href="#">View Document</a>

**3.3.3**

*Number of awards / recognitions received for innovation / discoveries by the institution / teachers/research scholars/students from Government and Government-recognized agencies during the last five years*

**Response:** 14

<b>File Description</b>	<b>Document</b>
List of awards / recognitions received for innovation / discoveries	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of the letters /records from awarding agency	<a href="#">View Document</a>

**3.3.4**

*Number of start-ups incubated by the institution during the last five years (one start up to be counted only once during the last five years)*

**Response:** 5

<b>File Description</b>	<b>Document</b>
Start-ups sanction records	<a href="#">View Document</a>
Records of the MOU in case of collaborative start ups	<a href="#">View Document</a>
Photos and videos on start ups	<a href="#">View Document</a>
List of start-ups with relevant details	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

**3.4 Research Publications and Awards****3.4.1**

*The Institution has stated Code of Ethics for research and its implementation / dissemination of which is ensured by way/s of the following:*

- 1. Research methodology including research ethics as an integral part of the curriculum*
- 2. Research ethics committee*
- 3. Plagiarism policy and standard checks*
- 4. Research Publication guidelines committee*

**Response:** A. All of the above

<b>File Description</b>	<b>Document</b>
Policy on plagiarism policy and redressal mechanism	<a href="#">View Document</a>
Code of Ethics Manual / Policy on best research practices	<a href="#">View Document</a>
Circular /guidelines on various research committees approved by BOM / Syndicate / Governing Council	<a href="#">View Document</a>
Annual report from the institution / research cell on research undertakings	<a href="#">View Document</a>

### 3.4.2

*The institution provides incentives for teachers who receive state, national or international recognitions/awards in research by way/s of the following*

*1. Commendation and monetary incentive at a University function*

*2. Commendation and medal at a University function*

*3. Certificate of honor*

*4. Announcement in the Newsletter / website*

**Response:** A. All of the above

<b>File Description</b>	<b>Document</b>
List of awards / recognitions received in research by teachers	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Gazettee notification	<a href="#">View Document</a>
e-copies of the letters / records on research incentive(with details) from the institution	<a href="#">View Document</a>
Link to institutional website(in instances where details of the research awardee and corroborating incentive is published)	<a href="#">View Document</a>

### 3.4.3

*Number of awards/medals received by teachers / research scholars / students for outstanding performance in yoga and trans-disciplinary domains at state / national / international levels during the last five years*

**Response: 4**

<b>File Description</b>	<b>Document</b>
Records(with photos etc)showcasing awards receipt	<a href="#">View Document</a>
List of awards with details as mentioned in the above table	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of the awards sanctioned	<a href="#">View Document</a>

#### **3.4.4**

*Number of Patents& / Copyrights published / awarded during the last five years*

**Response: 16**

<b>File Description</b>	<b>Document</b>
Records of patents/Copyrights	<a href="#">View Document</a>
Patented / copy right documents	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

#### **3.4.5**

*Number of Ph.D Degree awarded per eligible teacher of the institution during the last five years*

**Response: 2.5**

**3.4.5.1 How many Ph.Ds were awarded during the last 5 years(excluding repeat count):**

Response: 40

**3.4.5.2 Total number of teachers recognised as Ph.D guides in the institution during the last 5 years (excluding repeat count):**

Response: 16

File Description	Document
List of fulltime teachers in the institution for recognition as Ph.D guides as per the eligibility criteria stipulated by the Regulatory Councils and the number of fulltime teachers for 5 years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

Other Upload Files	
1	<a href="#">View Document</a>

**3.4.6**

*Average number of research papers per fulltime teacher published in approved list of Journals notified on UGC CARE / journals indexed in Scopus /Medline /Web of Science during the last five years*

**Response:** 4.58

**3.4.6.1** *Number of research papers per fulltime teachers published in approved list of Journals notified on UGC CARE / journals indexed in Scopus / Medline / Web of Science during the last five years (excluding repeat count):*

Response: 238

File Description	Document
records of research publications (with details )	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Any other relevant /supporting information as per SOP	<a href="#">View Document</a>
Web link of publications across various journals	<a href="#">View Document</a>

**3.4.7**

*Average number of books/ chapters in edited volumes and papers in National/International conference-proceedings published by full time teachers in the institution during the last five years*

**Response:** 1.77

**3.4.7.1** *Number of books/ chapters in edited volumes and papers in National/International conference-proceedings published by full time teachers in the institution during the last five years (excluding repeat count):*

Response: 92



File Description	Document
Records showcasing list of publishers : National/ International	<a href="#">View Document</a>
Records of books and chapters in edited volumes / books published (with details)	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Any other relevant /supporting information as per SOP	<a href="#">View Document</a>

**3.4.8**

*Bibliometrics of the publications based on average Citation index in Scopus /Web of Science / Medline / Pub Med during the last five years*

**Response:** 5.25

File Description	Document
List of the publications during the last five years	<a href="#">View Document</a>
Data template	<a href="#">View Document</a>

**3.4.9**

*h-index of the institution during the last five calendar year.*

**Response:** 14

File Description	Document
Data template	<a href="#">View Document</a>
Bibliometrics of publications based on Scopus/ Web of Science - h-index of the institution	<a href="#">View Document</a>

**3.5 Consultancy and Training****3.5.1**

*Institution has a policy on IPR and consultancy including revenue sharing between the institution and the individual, besides training cum capacity building programme for teachers, students and staff for undertaking consultancy.*

*Describe the institutional policy on IPR and consultancy, implementation strategies (publicizing the expertise, available facilities, training for consultancy etc.) including the revenue sharing formula.*

*The structured training cum capacity building programme with appropriate fund allocation details also to be provided.*

**Response:**

Primarily yoga is a traditional Indian Rishis knowledge that was given freely from time immemorial without consultancy fees. Following the Rishis path, Yoga consultancy is done freely at UoP. The practice of our nation Globally on International Yog Day to provided yog freely without financial incumbrances is the glaring example. However, due to prevailing competitive demand at the International level, the Research cell has prepared a professional consultancy document. The uploaded document has 15 mini-chapters with elaborate details on definitions of terminologies, scope of the policy and its improvement, objectives, financial benefits to UoP, Staff, risk factors, type of consultancy, permitted levels of consultancy, IPRs, approvals, Start

ups, income distribution, Costing and pricing, contractual requirements, recording and documentation, students fee waivers, tax deduction etc.

The University recognizes the value of its staff undertaking consultancy for outside institutions. This work is an important channel through which knowledge and expertise can flow to and from businesses and other external agencies and therefore, contributes to the development of growing and productive relationships. Consultancy activity within the University is often associated with other contractual relationships, including research, service contracts and in some cases, the provision of funds to provide studentships. It is therefore, the University's core policy to encourage staff to engage in consultancy wherever possible and in a manner consistent with their contractual responsibilities, vis a vis. the University's approved procedures and the policies.

Various IPRs are registered and Start-up activities have started at the IT and on organic farming extension activities. In the AI language model, information and guidance on yoga practices and principles are provided. However, if outside companies and firms are looking for a yoga consultant to create a personalized yoga plan for treatments or provide one-on-one guidance, or for personality development programs of the company staff, the institution provides a certified yoga instructor or therapist or university's professors who specializes in yoga and also in Ayurveda. A yoga consultant or expert can provide customized guidance on yoga practice, including recommendations on specific postures, breathing techniques, and meditation practices. They can also help in identifying areas of strength and weakness or SWOT for the companies staff at individual work to create a plan, and to address areas of psycho-somatic ailments. When companies choose a yoga guru, it's important to look for someone with a strong background in yoga philosophy and training, as well as experience working with clients with similar goals or concerns. One may become a resource yoga guru for colleges and universities across the countries.

File Description	Document
Report with photographs on training / capacity building programmes conducted during the last 5 years	<a href="#">View Document</a>
Policy /records/ minutes of the Governing Council/ Syndicate/Board of Management etc related to IPR and consultancy policy	<a href="#">View Document</a>
List of the training / capacity building programmes conducted during the last 5 years	<a href="#">View Document</a>

### 3.5.2

*Describe the various faculty expertise available in the institution across specific key areas to facilitate consultancy /trainings to different agencies / institutions / industries etc*

#### **Response:**

As per the mission statement of the university, research, innovation, entrepreneurship and replication of ancient Indian Yoga and Therapeutic Systems including Ayurveda, Unani, Siddha and others, University of Patanjali aims to contribute to India becoming a global knowledge superpower through quality education, research, innovation and medication. This goal can be attained by pursuing cutting-edge basic, targeted and applied research in a transparent, responsible and ethical manner which is required for advancement of knowledge and development of novel processes, technologies and products. The products and outcomes of such research need to be appropriately disseminated to reach the widest possible audience for the benefit of mankind at both national and international platforms.

Faculty members are encouraged by the University to undertake consultancy in all areas of education and research. They are given due recognition for providing consultancy services. A well-defined research, consultancy and entrepreneurship policy is in place to provide consultancies to industries and other allied agencies. Contribution of the faculty members is evident by their efforts undertaken in providing consultancies to industries, small scale businesses, colleges, schools and companies etc. Interdisciplinary and Interdepartmental consultancy services are also executed. Inducements are given to faculty members in the form of gratitude and appreciation, paybacks in the form of promotions and funding to support and accelerate further research and development activities are rendered for the reception of funding's/grants and publications in high impact factor journals.

University of Patanjali strongly believes that growth of the university is not only its peak in academics, but also in research, consultancy and ultimately human welfare. The University has given consultancy in the field of Yoga and Yogic Sciences to human kind both Nationally and Internationally, holistic therapeutic services have been provided in an unprecedented manner with consultations, occasional and period-based, Agriculture to nearby village farmers about the various basic techniques that can be opted for vertical cropping, testing of soil and water samples that ultimately contributes to enhancement of crop productivity and improving soil texture and quality. Likewise, consultancy services to nearby schools for implementation of Management Information System (MIS) system and Smart class rooms has also been rendered. University of Patanjali has a well-established consultancy Policy uploaded on the Website.

File Description	Document
Records showcasing faculty outreach outside the institution through consultancy / trainings etc undertakings across their key areas of expertise	<a href="#">View Document</a>

### 3.5.3

*Revenue generated from consultancy projects during the last five years(INR in Lakhs)*

**Response:** 1.1

**3.5.3.1 Total amount generated from consultancy projects year-wise during the last five years (INR in lakhs)**

2021-22	2020-21	2019-20	2018-19	2017-18
.25	.25	.20	.20	.20

File Description	Document
List of consultancy undertakings along with audited statements of accounts indicating the revenue generated through consultancy	<a href="#">View Document</a>
Letter from beneficiary regarding consultancy	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

## 3.6 Extension of Yogic Ecosystem

### 3.6.1

*Total Number of extension and outreach activities such as awareness programs/camps, rehabilitation campaigns, Tele-conferences, counseling, natural /human resource development programs etc. conducted in collaboration with industry, Government during the last five years*

**Response:** 62

**3.6.1.1 Number of extension and outreach activities such as awareness programs/camps, rehabilitation campaigns, Tele-conferences, counseling, natural /human resource development programs etc. conducted in collaboration with industry, Government during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
14	13	13	11	11

File Description	Document
MoUs, records etc. mentioning details on the nature/ type of activity, period, collaboration specifics year-wise for the last 5 years	<a href="#">View Document</a>
List of extension activities year-wise during the last 5years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

### 3.6.2

*Average percentage of students participating in extension and outreach activities during the last five years as stated at 3.6.1*

**Response:** 45.11

*3.6.2.1 Total number of students who participated in extension and outreach activities listed at 3.6.1 above year-wise during the last five years*

2021-22	2020-21	2019-20	2018-19	2017-18
379	396	374	362	312

File Description	Document
Reports(with geo-tagged photographs)	<a href="#">View Document</a>
Records showcasing student participation in extension activities across various programmes conducted by the institution	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

### 3.6.3

*Total Number of awards and recognitions received for extension and outreach activities from Government / other recognized bodies during the last five years*

**Response:** 26

### 3.6.3.1 Number of awards and recognitions received for extension and outreach activities from Government / other recognized bodies during the last five years

2021-22	2020-21	2019-20	2018-19	2017-18
2	0	5	11	8

File Description	Document
List of awardees in the areas of extension activities	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of award /recognitions from awarding agencies(scanned or soft copy)	<a href="#">View Document</a>

### 3.6.4

**A. Describe the impact of extension activities (in terms of education, environmental issues like Swachh Bharath, health and hygiene awareness, eliminating illiteracy, delivery of free/ subsidized health care and socioeconomic development etc) in sensitizing students to social issues and holistic development**

**B. Does the institution resonate certain inbuilt yogic values? If Yes,**

**1. What are these values?**

**2. How are these values transferred towards building a healthy society?**

**3. Institution has any instances of community adoption**

**Response:**

Ninety percent of UoP programs and courses of students from UG level to Ph.D have Yog-in-built values. At the institution level, these are;

1. Seva (selfless service): Seva is a central tenet of yog philosophy. Service activities that embody this value include volunteering at a community level (all 1-9 activities)
2. Ahimsa (non-violence): Ahimsa is the principle of non-violence towards all living.
3. Karma Yog : is a duty orientation at the community or society level. Performing the work without any return expectations from the society is karma yog. If one expects then it becomes karma and not yoga.
4. Satya or Truth: A student should be truthful to one-self and for the sake of others or to impress the teacher to get grades.
5. Santosha: A student should derive satisfaction and happiness out of selfless service for the society
6. Saucha or Cleanliness: It's not just outside cleanliness but also Bharatswatchabhyan should bring inside or mind cleanliness from impure thoughts. By-default, mind gets purified by doing social service.
7. Self-study: It means learning must take place at individual out of 1-10 service activities.

8.Surrender: It's Guru's mercy or love of the teacher that one is doing social service and that can be surrendered to the Guru

These values are transferred towards building a healthy society with the following service activities carried out by UoP's NSS students and general students in building a healthy society

- 1.Plantation
- 2.Village Health Care and Awareness Camps - World Breast feeding day, Pulse polio day, Oral Hygiene day, Dental camps
- 3.Ganga cleaning programs
- 4.International Yog day
- 5.COVID-19 prevention programs
- 6.CharekhDanda village medicinal plants survey
- 7.World Herbal Forest
- 8.Tribal and Vegetation survey
- 9.Herbal Monograph
- 10.Bharat swatch abhyan

Institution has the following instances of community adoption. The following are the major communities that are formed and adopted;

- Village level learning communities through Patanjali Gramodyog Nyas.
- Patanjali Arogyakendras
- Patanjali Farmer groups

File Description	Document
Geo-tagged photographs of Institutional social responsibility activities	<a href="#">View Document</a>
Link for additional information	<a href="#">View Document</a>

### 3.6.5

*Average percentage of students and faculties participated in the celebration of International Day of Yoga (IDY) by various government / non governmental agencies / institutions / organizations during the last five years*

**Response:** 44.98

*3.6.5.1 Total number of students and faculties participated in the celebration of International Day of Yoga (IDY) conducted by various government / non governmental agencies / institutions / organizations during last 5 years*

2021-22	2020-21	2019-20	2018-19	2017-18
516	503	228	381	321

File Description	Document
Records(with photographs) on list of faculty and student participated in the celebration of International Day of Yoga year wise	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copy of the collaboration/ participation certificates from various govt /non government agencies	<a href="#">View Document</a>

### 3.7 Collaboration

#### 3.7.1

*Number of Collaborative activities in areas of research, faculty exchange, student exchange/ Industry-internship etc. during the last five years*

**Response:** 27

File Description	Document
Report with photographs	<a href="#">View Document</a>
Records of the MOU on collaboration	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Collaborative proposal with budget	<a href="#">View Document</a>

#### 3.7.2

**Number of functional MoUs / linkages with institutions / industries/ bilateral & multilateral agencies in India and abroad for academic, clinical training / internship, on-the-job training, project work, student / faculty exchange, collaborative research programmes etc. during the last five years (excluding repeat count):**

**Response:** 27



<b>File Description</b>	<b>Document</b>
Report of the project with photographs	<a href="#">View Document</a>
Records of the MoU/linkages on collaboration	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Collaborative proposal with budget	<a href="#">View Document</a>
Link to documents on linkages / MoUs (in case the collaborative project is highlighted)	<a href="#">View Document</a>

## Criterion 4 - Infrastructure and Learning Resources

### 4.1 Physical Facilities

#### 4.1.1

*Institution has adequate physical facilities for teaching –learning, skills acquisition etc as stipulated by appropriate Regulatory bodies (if applicable).*

- *ICT enabled classrooms*
- *Natural / Gurukul living*
- *Yoga studio*
- *Learning with community set up*
- *Therapy centre*
- *Well equipped laboratories&Skill labs*
- *Meditation center*

**Response:** A. Any 7and above

File Description	Document
Records/reports showcasing various activities for the available facilities	<a href="#">View Document</a>
Records on the above available facilities	<a href="#">View Document</a>
Geo-tagged photographs	<a href="#">View Document</a>

#### 4.1.2

*The institution has adequate facilities to support physical and recreational requirements of students and staff- sports, games (indoor, outdoor, gymnasium, auditorium etc.) and for cultural activities*

- *Outdoor games*
- *Indoor games*
- *Auditorium*
- *Gymnasium*
- *Cultural facilities*

**Response:** A. Any 4 or more of the above

File Description	Document
Records/reports showcasing various activities for the available facilities	<a href="#">View Document</a>
Records on the above available facilities	<a href="#">View Document</a>
Geo-tagged photographs	<a href="#">View Document</a>

**4.1.3**

*The institution has the availability and adequacy of the following general campus facilities and stands itself well on the overall ambience:*

- *Hostels*
- *Medical facilities*
- *Psychological counseling Centre*
- *Canteen*
- *Bank / ATM*
- *Roads and signage*
- *Transport Facility*
- *Alternate sources of energy*
- *Drinking water facility*
- *Rest room*

**Response:** A. Any 8 of the above

<b>File Description</b>	<b>Document</b>
Records/reports showcasing various activities for the available facilities	<a href="#">View Document</a>
Records on the above available facilities	<a href="#">View Document</a>
Geo-tagged photographs	<a href="#">View Document</a>

**4.1.4**

*Average Percentage of expenditure (excluding salary) for infrastructure development and augmentation during the last five years (INR lakhs)*

**Response:** 84.4

*4.1.4.1 Expenditure (excluding salary) for infrastructure development and augmentation by the institution during the last five years (INR lakhs)*

2021-22	2020-21	2019-20	2018-19	2017-18
2831.68	5765.71	6740.94	5659.20	4738.89

<b>File Description</b>	<b>Document</b>
Records on budget allocation (excluding salary) during the last five years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Audited statements on utilization	<a href="#">View Document</a>
Activity report on budget utilization with photographs	<a href="#">View Document</a>

## 4.2 Facilities for Yoga Therapy and Learning Resources

### 4.2.1

The institution has provision with appropriate facilities towards effective learning and practice such as

**1. Separate space and facility for the practice of Shat Karmas (Neti, Dhauti, Nauli, Basti, Kapalbhathi, Trataka)**

**2. Space for the practice of**

- Swadhyaya
- Meditation
- Spiritual Discourses
- Rituals

**3. Space for the Preparation of Sattvic- ahara (Mitahara)**

**4. Re-Creation Room / facilities (Ex. traditional /music therapy)**

**5. Space for Nature walks, Karma Yoga (service activities)**

**6. Space for guided relaxation**

**7. Provisioned space for undertaking cultural activities**

**8. Availability of accessories such as fabricated mats, Yoga probes etc**

**9. Availability of Yoga therapy unit**

**Response:**

- Separate space and facility for the practice of Shat Karmas (Neti, Dhauti, Nauli, Basti, Kapalbhathi, Trataka)

Students have access to Shatkarma Clinic & Research Centre where they can practice all the Shat-karma kriyas.

#### **b) Space for the practice of**

- - Students have separate space for Swadhyaya, self-study. Since the university is residential, students have their own rooms where they can do self-study. Additionally, they also have access to a well-equipped library and reading room for study and reference work.
- - The university has four Yoga Halls and serene open spaces, amphitheatre, which are conducive for introspection and meditation purposes.
- **Spiritual Discourses** - There are two lecture halls, one conference room, one small auditorium (600 capacity) and one large auditorium (2,200 capacity), which can be used for spiritual discourses, lectures, seminars, conferences etc. depending on the size of the audience.
- - Daily Yajna is performed by the students in the proximity of the hostel. Every Saturday, there is a Yajna performed by all staff at a designated open field.

#### **c. Space for the Preparation of Sattvic- ahara (Mitahara)**

University of Patanjali serve pure, nutritious and seasonal vegetarian food to students at the University Mess. These foods are prepared according to concept of yogic diet (Sattvic- ahara). On various festivals and occasions, special foods and fruits are also served. Separate mess is present for girls and boys.

#### **d. Re-Creation Room / facilities (Ex. traditional /music therapy)**

University of Patanjali has the re-creation room for music therapy. Students write and sing their songs, play musical instrument, and listen music with and without visual imagery.

#### **e. Space for Nature walks, Karma Yoga (service activities)**

The university has adequate walkways surrounded by greenery and diverse plants and trees which form an ideal setting for nature walks. Students transform themselves in the conducive atmosphere. As a part of NSS activities students take part in several projects such as cleaning of the surroundings, performing skits in the neighbouring villages to create awareness about the ills of drug abuse, organising yoga camp etc.

#### **f. Space for guided relaxation**

As mentioned about, the university has the well-designed spaces (yoga halls) which are conducive for guided relaxation practice hall (such as Yoga Nidra practice).

#### **g. Provisioned space for undertaking cultural activities**

University of Patanjali established Patanjali Kala Sangam to promote Indian Cultural Heritage and holistic development of the students. It gives a platform to the students to showcase their artistic abilities which is broadcast on various international channels such as Astha, Sanskar.

#### **h. Availability of accessories such as fabricated mats, Yoga robes etc**

Fabricated yoga mats, yoga robes are made available to the students as required.

#### **i. Availability of Yoga therapy unit**

The Shatkarma Clinic & Research Centre has adequate space for yoga and Yajna therapy where the students have ample exposure to take part in the therapy activities

<b>File Description</b>	<b>Document</b>
Videos and geo-tagged photographs	<a href="#">View Document</a>
Circular /record enlisting various facilities provisioned by the institution	<a href="#">View Document</a>

#### **4.2.2**

*Institution has its own therapeutic /clinical Yoga unit.*

*a. Is the approach preventive, curative and palliative?*

*b. What are the ailments, this unit caters to?*

*c. Which yogic principles (and in collaboration with other allied discipline, if applicable) are employed to bring wellbeing in each of the following Koshas.*

- *Physical Body (Annamaya Kosha)*
- *Pranic Body (Pranomaya Kosha)*
- *Realm of the Mind (Manomaya Kosha)*
- *Realm of Emotions (Vijnanamaya Kosha)*

*If no, does your institution have a tie-up with other clinical unit? If yes, detail out the mechanism to cater to the need in context?*

#### **Response:**

University of Patanjali has all the infrastructural amenities required for the professional growth of its learners. There are specific clinical yoga units in the Patanjali Ayurvedic Hospital and the Patanjali Wellness Centre, Yog Gram, where students can obtain all of the therapeutic knowledge to complement to their practical education, as well as gaining a constructive experience and instil confidence.

UoP has tie up with Department of Yoga and Shatkarma at Patanjali Ayurveda Hospital situated adjacent to the University. Principles of Yoga and Ayurveda are the basis for treatment at this Hospital. Students of UoP practice Yog Shatkarma kriya in the premises and also benefit from the exposure and interaction with the patients. Additionally, students visit the Wellness centre at Yog Gram, which uses Yoga, Naturopathy and Panchkarma for its treatments, and gain valuable practical insights and knowledge.

The primary objective of Patanjali as a yoga institution is to feed the essence of yoga, which will lead to holiness in life and a yogic perspective on living such life. Thousands of patients attend their individual clinical sessions to eradicate the afflictions in their bodies. All major ailments are diagnosed and treated at these centres. Emphasis is given on preventive, curative and palliative treatments on case to case basis.

Every change in the body does not have a direct impact on the physical level. It must go through several layers before literally reflecting. These phases are also known as koshas. The koshas are divided into five categories. The term Panchakosha is an appropriate term to describe the five sheaths.

*Annamaya Kosha* is viewed as the controlling, influencing, and shaping power of the physical body. This sheath will be purified, cleansed, and refined by physical yoga practises (*asana* and all *hathayoga* methods), fasting (*upvas*), inner purification (*kriyas*), and austerity (*tapascharya*). Specific packages of asanas developed by Pujya Swami Ramdevji are prescribed to patients based on their ailment and need.

*Prana* is our life energy, and breath transports prana throughout the body. Pranic Body (Pranomaya Kosha) is treated through breathing methods such as alternative nostril breathing, sinking breath (focused on the exhale) for soothing, and expanding breath (focusing on the inhale) for energising to change our energy. Various pranayama practices are taught to patients based the cure that they are seeking.

The *Manomayakosha* is cleansed by practising meditation, positive thought, appropriate behaviour, *karma yoga* (selfless service), *bhakti yoga* (devotion), and adhering to the yamas and niyamas (yogic ethics). The *Manomaya kosha* includes the intellect, emotions, and senses, as well as the subconscious.

In order to purify the *Vijnanamaya kosha*, you have to purify the intellect and ego. In order to purify the ego, you need to get the selfishness out of the way through selfless service, or KarmaYoga. Furthermore, self-inquiry, *jnana yoga* practices, and meditation can be used to cleanse the intellect. This institution addresses all of the health factors that are incredibly authentic and natural. At whatever stage of treatment, there is no room for compromise.

File Description	Document
Records with measurable indicators with impact across various Yogic interventions for clinical /therapeutic services (with photographs)	<a href="#">View Document</a>
Records on the direct /tie up therapeutic/clinical provision with geo-tagging	<a href="#">View Document</a>
List /records of various yogic interventions rendered through the therapeutic /clinical unit services (with photographs)	<a href="#">View Document</a>
List /records of therapeutic /clinical services catered by the unit	<a href="#">View Document</a>

### 4.2.3

*Average number of patients addressed as outpatients / inpatients in the clinical unit (if applicable)during the last five years (MIS)*

**Response:** 2582.4

**4.2.3.1 Number of patients addressed as outpatients / inpatients in the clinical unit (if applicable)during the last five years (MIS)**

Response: 12912

<b>File Description</b>	<b>Document</b>
Records on year-wise outpatient and inpatient statistics during the last 5 years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Description of adequacy of outpatient and inpatient statistics (critical documents to be verified by DVV)	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

#### **4.2.4**

*Institution has an inbuilt mechanism for enriching the students on hands on Yoga therapy learning*

**Response:**

Yoga therapy is an increasingly popular form of therapy that uses the practices of yoga to help individuals with various physical, mental, and emotional health issues to improve and maintain the emmunity. As such, our institution has recognized the importance of offering hands-on yoga therapy learning experiences to its students to enrich their knowledge and understanding of this field.

To provide hands-on yoga therapy learning experiences, our institution has employed several methods. First and foremost, there are expert yoga therapists to conduct lectures, workshops, and training sessions in the University. These experts teach students the various yoga postures, breathing techniques, and meditation practices that are used in yoga therapy. They also explain how these practices can be tailored to meet the specific needs of individuals with different health issues.

In addition to having expert yoga therapists, our institution also offers its students the opportunity to test their skills and knowledge of yoga therapy through frequent visits to Patanjali Ayurved Hospital, Patanjali Wellness and YogGram. This allows students to work directly with clients and gain practical experience in applying various yoga therapy techniques they have learned under the supervision of an expert. These frequent visits also allow students to work with a diverse range of clients, helping them to gain a deeper understanding of the various health issues that can be addressed through yoga therapy.

Another way our institution enriches students' learning experiences is through the use of technology.



With the rise of online learning, our institution also offers its students access to virtual yoga therapy sessions with experts around the world. Through these sessions, students can learn the various yoga therapy techniques and observe how they are applied in real-life scenarios. Moreover, our institution has also established a dedicated yoga therapy department within our campus to provide students with a dedicated space for practical learning. This department is equipped with yoga props, mats, and other necessary equipment to facilitate the learning process. They are also staffed by expert yoga therapists who can provide guidance and support to students as they learn.

There are hundreds of books on yoga therapy in our library that can be accessed by any student. This provides students with an opportunity to learn from different books and then apply their knowledge to real clients under the supervision of an expert. Also, our institution has computer labs with an internet connection to get their students hands-on with all the published research papers on yoga therapy.

In conclusion, there are several ways the University enriches students' hands-on yoga therapy learning experiences. These include bringing in expert yoga therapists, offering frequent visits to yoga centers, using technology to provide virtual learning opportunities, and establishing a dedicated yoga therapy department. By providing students with these enriching opportunities, our institution has equipped itself with the necessary knowledge and skills to produce competent yoga therapists and make a positive impact in the lives of its clients.

File Description	Document
Records enlisting details of various individuals/organizations engaged in imparting Yoga therapy learning	<a href="#">View Document</a>
Policy /records on inbuilt mechanism for enriching students on hands on Yoga therapy and learning	<a href="#">View Document</a>
List /activities showcasing Yoga therapy learning by students(with photographs)	<a href="#">View Document</a>

### 4.3 Library as a Learning Resource

#### 4.3.1

**The institutional Library is automated using Integrated Library Management System (ILMS)**

**Describe the Integrated Library Management System in 500 words highlighting the following**

- **Name and features of the ILMS software**
- **Nature and extent of automation (full or partiall)**
- **Year of commencement and completion of automation**

**Response:**

**The institutional Library is automated using Integrated Library Management System (ILMS)**

- UOP Library is automated using multi-user Library Automation Software.
- Description of WEBLIB: Name- Weblib Software
- Version -5.1
- Nature of Automation (fully or partially) - Partially
- Year of Automation- 2014-15

The University has central Library that is partially automated using Web Lib integrated ILMS(Integrated Library Management Software).It consists of the following 14 modules. Each module has further is divided into submodules to cater to its functional requirements:

- 1.Administration Module
- 2.Master Module
- 3.Acquisition Module
- 4.Technical Module
- 5.Membership Module
- 6.Circulation Module
- 7.Serial Module
- 8.Gate-Entry Module
- 9.Report Module
- 10.Web-Opac Module
- 11.Backup Module
- 12.Tools Module
- 13.Email/Sms Module
- 14.IdentityCard Module

### **SPECIALFEATURESOFWEBLIB**

- Web-Centric Library Automation and Digitization Software.
- Biometrics Finger-Print Supported.
- Web-OPAC facility
- Users Portal.
- Online facility for paying over-due fine.
- SMS/Email Alert sfacility.
- Documents reissued facility.
- Live Photo and Finger capturing facility.
- Automatic Identification of the documents/Memberson Library Gate-Entry.
- A full featured modern integrated library management software(ILMS).
- Inbuilt Barcode,Spine Label Generating facility.
- Other fines charging facility such as Mobile Using, any damaging,misbehaving, Book-Binding,Book-tearingetc.fromtheusers.
- Alarm alert system for suspended Members and document not issuedat LibraryGateModule.
- It is Web-Centric application withASP.NET as frontend and Sql-Server 2016 Standard edition as backend and AJAX, JavaScript, JQuery, HTML, C# languages are used.
- Report can be exported in MS-Word, MS-Excel, PDF.
- Advance Stock-Verification Module.
- Multiple user scan be created for different section of Library.

- Location of the books has been entered in software for searching.

Through Web-OPAC users can check the availability of particular document. Users can check the list of new addition of the books through library software. Users have the facility to reserve the particular book. Users can also give their suggestions for the improvement of library facilities through OPAC.

The users can be access to the library collection using computer system through Web-OPAC and they are able to search the library document viaany angles like, title of the books, author, publisher, accession number,language,almirah rack number or classification number for location.

Students and teachers get a notification through email regarding the latest status of issue and return of the particular book and periodicals etc. Users can check every detail regarding the books on their membershipID.

File Description	Document
Geo-tagged photographs	<a href="#">View Document</a>
Circular / policy on the library as automated using ILMS	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

#### 4.3.2

*Total number of resources (hard copy)such as reference volumes /ancient books /texts / manuscripts /monographs /other books /research reports etc., procured during the last the five years*

**Response:** 7900

File Description	Document
Institutional data in prescribed format	<a href="#">View Document</a>
Circular /records enlisting various books, texts, other resources provisioned	<a href="#">View Document</a>

#### 4.3.3

*Institutionhas e-Library with membership/subscription for the following:*

- 1.e – journals / e-books consortia / e books on ancient scripture
- 2.e-ShodhSindhu

- 3.Shodhganga  
 4.Reference volumes SWAYAM  
 5.Discipline / related allied databases  
 6.National Digital Library (NDL)

**Response:** A. All of the above

File Description	Document
Institutional data in prescribed format	<a href="#">View Document</a>
Details of subscriptions like e-journals, e-ShodhSindhu, Shodhganga Membership etc.	<a href="#">View Document</a>
Any other relevant/supporting information as per SOP	<a href="#">View Document</a>
Web link to relevant data	<a href="#">View Document</a>

#### 4.3.4

*Average annual expenditure for purchase of books and journals (including e-resources) during the last five years (INR in Lakhs)*

**Response:** 11.15

##### 4.3.4.1 Annual expenditure for purchase of books and journals (including e-resources) during the last five years (INR in Lakhs)

2021-22	2020-21	2019-20	2018-19	2017-18
21.20	7.21	2.77	7.82	16.77

File Description	Document
Records on budget allocation for purchase of books and journal	<a href="#">View Document</a>
Details of annual expenditure for purchase of books and journals during the last five years	<a href="#">View Document</a>
Audited statements on utilization for the last five years	<a href="#">View Document</a>
Any other relevant /supporting information as per SOP	<a href="#">View Document</a>
Activity report on budget utilization with photographs	<a href="#">View Document</a>

**4.3.5*****The e-content /resource platforms used by the teachers***

- 1.e-PG-Pathshala**
- 2.CEC (Under Graduate)**
- 3.SWAYAM**
- 4.Other MOOCs platforms**
- 5.Institutional LMS**
- 6.Any Other government initiative**

**Response:** A. Four or more of the above

<b>File Description</b>	<b>Document</b>
Institutional data in prescribed format	<a href="#">View Document</a>
Documents enlisting the usage of various e-content / resource platforms by the faculty	<a href="#">View Document</a>
Any other relevant/supporting information as per SOP	<a href="#">View Document</a>

**4.4 IT Infrastructure****4.4.1*****The classrooms and seminar halls with ICT - enabled facilities***

**Response:** A. Best suitable facilities such as LCD, Wi-Fi/LAN, Smart board, Video conference, digital podium, mobile technology etc

<b>File Description</b>	<b>Document</b>
Records/reports showcasing various activities for the available facilities	<a href="#">View Document</a>
Records on the above available facilities	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Geo-tagged photographs	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

**4.4.2**

***Institution frequently updates its computer availability and IT facilities including Wi-Fi for students***

**Response:**

University of Patanjali has an established system regarding infrastructure and utilization of Information Technology. IT policy of the university outlines a mechanism to establish, utilize, and maintain IT infrastructure. The university has well defined system for deploying and upgrading IT infrastructure according to the needs and number of student and staff and other users. ICT enable classrooms & well equipped computer labs are fully functional in the University. Wi-Fi facility is also available in Admin. Block & Hostels. University has sufficient I.T. resources like Desktop, Laptop, Printers, Scanners, LCD Projectors and Web Cameras and are properly used in processes like:

- Maintaining Academic & Administrative database
- Teaching Learning Processes
- Research purposes
- Online Teaching & Video Conferencing
- Orientation Program
- Biometric Attendance, Notification
- Seminars, Extension lectures and Conferences

<b>File Description</b>	<b>Document</b>
Records/reports showcasing various activities for the available facilities	<a href="#">View Document</a>
Records on the computer availability and IT facilities for students	<a href="#">View Document</a>
Geo-tagged photographs	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

**4.4.3**

*Available bandwidth of internet connection (Leased line)*

**Response:** A. ?1 GBPS

<b>File Description</b>	<b>Document</b>
Records from the IT department on the provisioned bandwidth of internet connection to the institution	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Geo-tagged photographs	<a href="#">View Document</a>

**4.4.4**

*Facilities for e-content development such as Media centre, audio visual centre, Lecture Capturing*

***System (LCS), etc and their optimum usage*****Response:**

Our country is moving fast with the wave of globalization and adopting newer means to evolve and grow. During pandemic it became necessary to provide e-learning instead of classroom learning due to lockdown. University of Patanjali also conducted online classes during the Covid 19 lockdown duration.

University of Patanjali has state of the art facilities for e-content development, media centre with inbuilt audio-video facility. The auditorium present on its campus has a dedicated recording facility, where events such as seminars, lectures, talks conducted at the auditorium can be recorded. It also has a well-equipped sound proof recording studio where recordings of lectures can be done.

Additionally, UoP has at its disposal facilities available at Patanjali Research Foundation where there is a media centre and facilities to develop e-content. E-content includes all kinds of content created and delivered through various electronic media with combination of sounds, images and text e-content, which requires huge amounts of creativity both at information level as well as at technology level. There is a dedicated team that handles this development.

There is also a dedicated recording studio at Patanjali Gurukulam where professors of UoP record regular lectures on various shastras, darshanas, Upanishads and upload online for the benefit of not only the students but also general public.

<b>File Description</b>	<b>Document</b>
Records showcasing facilities such as Media centre, audio visual centre, Lecture Capturing System (LCS), etc towards e-content development	<a href="#">View Document</a>
Records enlisting developed e-content by the institution	<a href="#">View Document</a>
List of Geo-tagged photographs	<a href="#">View Document</a>

**4.5 Maintenance of Infrastructure****4.5.1**

***Strategies adopted by the institution to maintain and promote the ancient style of yogic living and learning.***

**1.Low cost and eco-friendly learning / living facilities for the students and staff that is conducive to the propagation of traditional Yoga**

**2.The ratio of the ancient vs. the conventional approach?**

**Response:**

- **Low cost and eco-friendly learning/ living facilities for the students and staff that is conducive to the propagation of traditional yoga.**

Having known the numerous benefits of yajna on environment and health, our students perform yajna in group every day. The students are provided the sattvic and vegetarian diet and are encouraged to prevent its wastage. Students are obliged to switch-off the appliances when not required, failing which may attract the disciplinary measures. At around 10 pm, students switch off rooms' lights in order to rise early in the morning to attend the yog classes and maintain a better daily rhythm. Students and staff of the university realise the repercussions of the air conditioners on environment and therefore even in extreme summer days do not install artificial air conditioning and rely only on the ceiling fans. As the consumption of any goods or services has a carbon footprint, therefore, goods and services required by the students and teachers, like books, newspapers and journals in the library or items for any sport activities are purchased on demand, so that everybody can take advantage of such things maintaining an optimum quantity.

- **The ratio of the ancient vs. the conventional approach?**

We give equal weightage to the ancient and conventional approach for teaching the various subjects in Bachelors and Masters curriculum of yoga.

<b>File Description</b>	<b>Document</b>
Records showcasing maintenance and promotion of ancient style of living and learning with photographs	<a href="#">View Document</a>
Policy on the strategy towards maintenance and promotion of ancient style of living and learning	<a href="#">View Document</a>

**4.5.2**

***Average Percentage of expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component during the last five years (INR in lakhs)***

**Response:** 0.06

**4.5.2.1 Expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component for the institution yearwise during the last five years (INR in lakhs)**



2021-22	2020-21	2019-20	2018-19	2017-18
16.42	0.54	1.87	0.99	1.72

File Description	Document
Records on budget allocation(excluding salary) during the last five years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Audited statements on utilization	<a href="#">View Document</a>
Any other relevant /supporting information as per SOP	<a href="#">View Document</a>
Activity report on budget utilization with photographs	<a href="#">View Document</a>

### 4.5.3

***Policies on systems and processes for maintaining physical and academic support facilities: (laboratory, library, sports facilities, computers, classrooms, etc.)***

#### **Response:**

The University has a dedicated Engineering and Estate Department responsible for overseeing the maintenance of physical infrastructure, buildings, class rooms, laboratories, library, hostels, sports facilities, Infrastructure Technology, lawns, green area etc. The department has qualified and skilled manpower for civil, electrical, plumbing, carpentry, IT, S.T.P., W.T.P., gas pipe line, Fire fighting system and gardening related work.

Campus Surveillance Cameras, CCTVs, NVR, other security equipment are maintained through IT department by the equipment providers.

- Teaching aids such as LCD Projectors, PA Systems, Laptops, Desktops, Printers and Wi-Fi etc. are maintained by IT department.

The University has dedicated cell to look after the repair, maintenance and upkeep of labs of all teaching departments. Further, major laboratory equipments under Annual Maintenance Contract (AMC) for their regular preventive and corrective maintenance. Science labs are fully equipped with necessary equipment and practical are conducted in a structured manner. All the labs have lab technicians and lab assistants. General Instructions to students regarding the safe and secure usage while in the laboratory are displayed in each lab.

#### **Library:**

UOP Library is automated using multi-user Library Automation Software.

- Description of WEBLIB: Name- Weblib Software
- Version -5.1
- Nature of Automation (fully or partially) - Partially
- Year of Automation- 2014-15

The same is well maintained by the vendor through AMC. It consists of the 14 modules. Each module has further is divided into submodules to cater to its functional requirements:

University has dedicated Physical education and Sports Department which trains the students for various national and international tournaments. University also organizes various inter and intradepartmental sports competitions on regular basis. A huge multipurpose playground for outdoor games and an Amphitheater/ Multi-Purpose hall is available for various indoor games in the University. Sports committee looks after maintaining the sports ground and sports equipment. Committee organizes various indoor and outdoor sports competitions for students.

File Description	Document
Records / policy on systems and processes for maintaining physical and academic support facilities	<a href="#">View Document</a>
Minutes on the maintenance of physical and academic support facilities	<a href="#">View Document</a>
Institutional log book or other records regarding maintenance works	<a href="#">View Document</a>

## Criterion 5 - Student Support and Progression

### 5.1 Student Support

#### 5.1.1

*Institution follows the traditional guru - shishya parampara in teaching-learning.*

- 1.How do the faculties adorn the role of a guru/mentor?**
- 2.How does the Institution facilitate the principles of gurukul philosophy among the students and staff?**

**Response:**

#### **A. How do the faculties adorn the role of a guru/mentor?**

Professors of University of Patanjali are held responsible for overall academic, cultural, social, personal and spiritual development of students under the directions of Parampujya Swami Ji Maharaj, who is the lifelong Chancellor of the University and Ayurveda Shiromani Acharya Shree Ji who is the existing Vice Chancellor of the University. Along with them there are many Sanyasi, Sanyasini and eminent Professors, who are the mentors/guides to the students as per the ancient Vedic teachings. This implies that the total development of the students is the responsibility of the faculty who are the Gurus to the students.

University of Patanjali is totally residential University of Yoga in accordance with Vedic culture and values. All the students of this University have to reside in the campus even if they are local residents. Interaction with Faculty starts with Yoga session every day at 05.00 in the morning with Yoga Gurus followed by compulsory Yajna class. The day of the students ends at 08.30 PM with Ratri Path in the respective hostels separately for male and female to relax their mind.

Newly admitted students have 07 days induction Program with the before the start of the academic year. Mentors are allocated to all students for academic and personal guidance. Faculties in University of Patanjali are not only the Professors to teach the students but also play an important role to guide the students as Mentor. In case any of the students find difficulty in adapting to this Vedic lifestyle, faculty counsels them and helps them with the adaptation.

#### **B. How does the institution facilitate the principles of gurukul philosophy among the students and staff?**

University of Patanjali has various guidelines to establish Guru Shishya Parampara in campus. These guidelines are for both students and teachers. University has various levels of Professors, Researchers and Mentors with life devotee brahmcharis and Sanyasis. Students and staff from the society are also abide by the basic guidelines of gurukul lifestyle in the campus, like

- 1.All the programs/courses of the university are compulsorily residential for students to establish Guru-Shishya-parampara in the campus in accordance with Vedic culture and values.
- 2.The dress code of all the Professors, staff and students is White in color.
- 3.Everybody has to greet each other with universal word OM.

- 4.The communication between students and teachers always with “OM SHREE GURUBHYO NAMAHA”.
- 5.Any beverages and Non vegetarian foods are totally restricted in the campus.
- 6.All the directions given in the yogic texts are followed up to their maximum extent.
- 7.Nobody is allowed to shout or quarrel in any situation.
- 8.Mostly the staff members are also residing in the campus to have an environment of a gurukul with the students.
- 9.All the festivals are organized for and with the students like Holika, Diwali, etc. Swami Ji and Acharya Ji always blessed the staff and students in such occasions in spite of their busy schedule.
- 10.Staff and students attend the discourses of Swami Ji , Acharya shree Ji frequently.

File Description	Document
Records showcasing teaching learning activities (guru - shishya parampara / other teaching-learning approach/s with photographs	<a href="#">View Document</a>
Policy on the teaching learning mechanism(guru - shishya parampara / other teaching-learning approach/s	<a href="#">View Document</a>

### 5.1.2

*Average percentage of students benefited by scholarships /free ships / fee waivers by Government / Non-Governmental agencies / Institution during the last five years*

**Response:** 36.06

**5.1.2.1 Number of students benefited by scholarships / free ships / fee waivers by Government / Non-Governmental agencies / Institution during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
364	53	486	264	278

File Description	Document
List of recipient students scholarships /free ships / fee waivers	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
e-copies of scholarships / free ships / fee waivers from Government / Non-Governmental agencies / Institution	<a href="#">View Document</a>

**5.1.3**

**Institution implements a variety of capability enhancement and other skill development schemes**

- 1.Soft skills development**
- 2.Language and communication skill development**
- 3.Analytical skill development**
- 4.Human value development**
- 5.Personality and professional development**
- 6.Employability skill development**
- 7.Advance Yogic Practices (Shatkarma, Pranayama, meditation, guided relaxation techniques etc )**
- 8.Training/workshops in allied fields as acupressure**
- 9.Courses based on Traditional Ancient scriptures (Sanskrit, Shastras, etc)**
- 10.Spiritual discourses/retreats**

**Response:** A. All of the above

<b>File Description</b>	<b>Document</b>
Policy /records on capability enhancement and skill development schemes	<a href="#">View Document</a>
List /activities showcasing various capability enhancement and skill development schemes being undertaken by students (with photographs)	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Circular /reports enlisting details of various individuals(intra-inter ) /organizations engaged in imparting various capability enhancement and skill development schemes with videos and geo-tagged photographs	<a href="#">View Document</a>
Any other relevant /supporting information as per SOP	<a href="#">View Document</a>

**5.1.4**

*Average percentage of students benefited by guidance for competitive examinations and career advancement interventions during the last five years*

**Response:** 18.78

**5.1.4.1 Number of students benefited by guidance for competitive examinations and career advancement interventions during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
91	80	107	271	166

File Description	Document
Records of successfully placed students (with photographs)	<a href="#">View Document</a>
Records of successfully placed students (with photographs)	<a href="#">View Document</a>
Policy /records on providing guidance for competitive examination and career advancement	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Circular /reports enlisting details of various students engaged in various competitive examination and career advancement opportunity provided by the institution	<a href="#">View Document</a>

### 5.1.5

*Does the institution have an active international student cell*

**Response:**

University of Patanjali is having an International Cell. This cell is led by Prof Paran Gauda, Prof. V. K. Katiyar and Dr. Nidheesh Yadav. Various MoUs have been executed by University of Patanjali with various International Universities like Wonkwang Digital University, South Korea and Tribhuvan University, Kathmandu, Nepal. Academic exchange programs with these universities are the key outcomes of these MoUs.

An initiative has been taken by Dr. Vachaspati Kulwant, Pro-vice Chancellor of University of Patanjali, Haridwar, to execute a Memorandum of Undertaking (MoU) with **Wonkwang Digital University, Korea** on 28.09.2017. Wonkwang Digital University established in 2002 is based on the educational philosophy of Wonkwang school. Presently, it is the most prestigious cyber university in Korea, and running with 17 departments with a well established Department of Yoga.

In 1946, when the educational environment of Korea had been deteriorated due to western educational encroachment, Wonkwang Schools (Yuil School) established by the great Korean Sear Wonk had established it, and it is a notable private school in Korea's history of Mordern education.

**Chancellor of Wonkwang University, Mr. Moon Namgung** with his two associates namely, **Dr. Jongsoon Seo**, Dean of Wellbeing & Culture Graduate School & HoD Dept. of Yogic Studies & Meditation and Choi, Yun Hee, Professor Dept. of Oriental Medicine & Healthcare visited Ayurveda

Sriomani Acharya Balkrishna Ji, Vice-Chancellor of University of Patanjali, Haridwar to sign MoU, on September 28, 2017, with a view to exchange both the experts and the respective traditional knowledge between the nations.

Accordingly, Staff exchange program was executed in 2018 with Wonkwang Digital University. The students and staff of Wonkwang Digital University visited University of Patanjali for 5 Days to exchange and share the Knowledge followed by visit of Dr. Nidheesh Yadav, Dept of Yoga Science from University of Patanjali to Wonkwang Digital University as resource person for International Conference in 2018.

Students of Tribhuwan University also visited University of Patanjali for academic and research exchange program.

File Description	Document
Records on the activities of the international students cell	<a href="#">View Document</a>
Institutional records on the policy framework of the international students cell	<a href="#">View Document</a>

### 5.1.6

*Is there a transparent mechanism at the institutional level for the timely redressal of*

- 1.Student grievances**
- 2.Sexual harassment**
- 3.Ragging**

**If Yes, Describe the mechanism within 500 words**

**Response:**

There is a transparent mechanism for timely redressal of various grievances in the University.

- 1.Grievance Committee: A nine member Grievance Committee was been constituted in 2018 to resolve and check any issue related to Students, staff headed by Hon'ble, Pro Vice Chancellor of the University.
- 2.POSHC Committee: As per the guidelines of UGC, Nineteen Member POSHC Committee was constituted with various Administrative officers, Hostel Administrators, Professors and students to check any sexual abuse.
- 3.Anti Ragging Cell: As per the guidelines of UGC, Anti Ragging cell was constituted in 2018 to check Ragging in the campus
- 4.Students Discipline Committee: Two separate Discipline committee for male and female students was been constituted in the university to check general indiscipline against the guidelines.

**NO GRIEVANCE HAS YET BEEN REPOTED.**

<b>File Description</b>	<b>Document</b>
Records on student grievances and action taken	<a href="#">View Document</a>
Records /Minutes of the meetings of student grievance redressal committee ,anti sexual harassment and anti ragging committee	<a href="#">View Document</a>

## 5.2 Student Progression

### 5.2.1

*Brief the efforts made by the Institution to make the Yoga programs skill oriented and create employment opportunities*

**Response:**

University of Patanjali offers various interdisciplinary courses such as English speaking and Sanskrit *Sambhasana*, which provides students a broad area to present their skills on various platforms. At the university, various seminars and national and international conferences have been conducted from time to time, through which students increase their knowledge and develop professional relationships. Various workshops and guest lecturers have also been conducted in the university, which provide practical knowledge and its application to students, such as Ashtanga Vinyasa, Research methodology and statistics, Pranic Healing and Acupressure Workshops etc. All the final year students get compulsory exposure for Research based Case study/Dissertations/Field works to inculcate research aptitude. In every semester, students get the opportunity to visit various yoga departments of other universities and alternative health sectors, for their academic growths.

Patanjali Yogpeeth being the Pioneer yoga Institute to receive a Yoga Certification Board in collaboration with the Ministry of AYUSH, Government of India, through which the university provides training to students with certification of various levels of yoga professions. This plays an important role in student career growth, as many government bodies desire students with yoga certification.

The University of Patanjali offers various internship programmes for students. Students get the opportunity to work and learn in various educational and health sectors, a few of which are Patanjali Wellness and Patanjali Yoga Gram, which are the sister institutes of the University of Patanjali. These health sectors provide training to the newly joined students and offer various programmes related to alternative and complementary therapies. Students get practical knowledge of these therapies by practicing on patients. These therapies include Acupressure therapy, Acupuncture therapy, Massage therapy, Yagya therapy, Diet therapy, basic knowledge of Ayurvedic medicine, etc.

The University of Patanjali makes all these efforts, which opens a wide area of opportunity for the students. With this, it has been said that the University of Patanjali provides yoga programmes skill-oriented and creates various employment opportunities.



<b>File Description</b>	<b>Document</b>
Reports enlisting details of Yoga programmes that are skill oriented and create employment opportunities	<a href="#">View Document</a>
Records with measurable indicators on skill enhancement of Yoga students through Yoga programmes	<a href="#">View Document</a>
Records capturing employability of Yoga students with various organizations	<a href="#">View Document</a>
Policy / records towards Yoga programmes as skill oriented and creating employment opportunities	<a href="#">View Document</a>
Any other relevant /supporting information	<a href="#">View Document</a>

### 5.2.2

***Average Percentage of students qualifying in state/ national/ international level examinations during the last five years***

***(eg: NET/SLET/GATE/GMAT/CAT/TOEFL/AYUSH-NET/AICTE/ Civil Services/Defense /UPSC/State and Central government examinations/ etc.,)***

**Response:** 33.8

**5.2.2.1 Number of students qualifying in state/ national/ international level examinations (eg: NET/SLET/GATE/GMAT/CAT/GRE/TOEFL/ Civil services/State government examinations) year-wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
14	16	25	11	8

**5.2.2.2 Number of students appearing in state/ national/ international level examinations (eg: NET/SLET/GATE/GMAT/CAT/GRE/ JAM/IELTS /TOEFL/CLAT/Civil Services// Judicial Services/Public Prosecution services/ All India Bar Exams State government examinations) year-wise during the last five years**

2021-22	2020-21	2019-20	2018-19	2017-18
26	22	87	167	113

File Description	Document
Records enlisting students qualified across various state/ national/ international level examinations during the last five years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Copies of the qualifying letters of the candidate	<a href="#">View Document</a>

**5.2.3**

*Percentage of placements / self-employed (Eg. Yoga Studios/ Therapeutic Centres etc) of outgoing students during the last five years*

**Response:** 30.88

**5.2.3.1 Number of outgoing students placed/ self-employed from the Institution during the last five years (excluding repeat count):**

Response: 554

**5.2.3.2 Total Number of outgoing students from the Institution during the last five years (excluding repeat count):**

Response: 1794

File Description	Document
Records with details enlisting students self employed during the last five years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Annual report / records of Institutional placement cell enlisting students placed across various organizations during the last five years	<a href="#">View Document</a>

**5.2.4**

*Percentage of the graduated students who have progressed to higher education(latest completed academic year)*

**Response:** 30.32

**5.2.4.1 Number of students graduated from the Institution in the last batch progressing to higher education**

Response: 114

File Description	Document
Institutional data in prescribed format	<a href="#">View Document</a>
Annual report / records of the Institution on the vertical mobility of its students to higher education in the last five years	<a href="#">View Document</a>
Alumina records on students vertical mobility to higher education in the last five years	<a href="#">View Document</a>

## 5.3 Student Participation and Activities

### 5.3.1

*Institution has an inbuilt mechanism to expose the students /facilitate their participation in*

- 1. Institutional Student Council and its activities**
- 2. Sports /cultural related activities during the last 5 years? If yes, explain.**

#### **Response:**

The Student Council plays an integral role in representing the interests of all the students and helps foster a student-friendly environment. The Council works in unison to bridge the gap between the authorities, teachers, and students to share ideas, interests, and concerns of the student community.

#### **Activities of the Student Council for Institutional Development**

In accordance with the UGC guidelines, the Council coordinates the activities and logistics of the Student Induction Programme (*Deeksharambh Samskara Shivir*), wherein the newly admitted students are oriented about the rules and regulations, vedic culture, ethical behavior as per Indian culture. *Deeksharambh Samskara Shivir* is one of the events conducted so that the students mingle freely with their peers and seniors.

Being a residential university every student compulsorily has to reside in the campus premise, it becomes an important responsibility of the council and the university for student's behavior and safety. The Council conducts *Yagya* with attendance every day in the morning separately in their respective hostels as well as *Ratri Path* with attendance every evening for student's safety and cultural inculcation within the students under the direction and presence of hostel warden and council members. A timely meeting for class representatives is conducted to sort out basic issues of the students. Special meetings are also convened as and when required with higher authorities, where important aspects are placed for discussion and solutions.

Seven national holidays, such as Independence Day, Republic Day, Gandhi Jayanthi, Rashtriya Ekta Diwas, and Yoga day, are organised by the Council in order to imbibe national integration, Vedic culture, build comradeship, and express patriotic fervour. Sports activities and festivals such as Diwali and Holi are organised in a manner acceptable to the culture and norms of the university under the directions of the council. The Council performs their duties at various programmes, national and international

conferences, where they arrange food and lodging for students to ensure an enriched campus experience. The Student Council organizes sports and cultural events every year in which various games, traditional as well as modern arts are performed.

National Service Scheme (NSS) and National Cadet Core (NCC) are the integral component of student's development in the university. All the NSS and NCC programs are executed by the student council under the direction of coordinator of NCC and NSS like Swachhta Abhiyan, blood donation camp, voter's awareness camp etc.

The executive members of the Students' Council are represented in various Academic and Administrative Bodies of the universities. Following are the committees where we have council students' representation.

- (1) Hostel Mess Committee.
- (2) Anti-Ragging Committee
- (3) College Canteen Committee
- (4) Discipline Committee.

File Description	Document
Records enlisting details of students engaged in the above activities year wise (with photographs)	<a href="#">View Document</a>
Policy / records on inbuilt mechanism on exposing the students /facilitate their participation	<a href="#">View Document</a>

### 5.3.2

*Number of awards/medals for outstanding performance in sports/cultural activities /Yoga competitions (such as creative work through research, writing of essays, articles, body postures etc) at state / regional /national / international events (award for a team event should be counted as one) during the last five years*

**Response:** 58

File Description	Document
Records of awardee students (with photographs)	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Copies of award letters and certificates	<a href="#">View Document</a>

### 5.3.3

*Number of sports and cultural activities / Yoga competitions/Yoga events enabled/ organized during the last five years*

**Response:** 29

File Description	Document
Records/reports of various organized events with photographs, list of student engagement etc	<a href="#">View Document</a>
Policy on organizing extracurricular activities round the year	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

## 5.4 Alumni Engagement

### 5.4.1

*The Alumni Association/Chapters (registered and functional) contributed significantly to the development of the Institution through financial and other support services during the last five years.*

*(Provide the details on the type of activities of the Alumni Association / chapters during the last five years with emphasis on their contribution with specific to academic knowledge, infrastructure strengthening, student placement and financial support etc.,)*

**Response:**

The Alumni connection harnesses in building the brand reputation of the university, mainly based on how the alumni are performing in the real world. University of Patanjali has a budding Alumni Association. The alumni association supports students with professional contacts in the wellness sector to provide better opportunity for new students in getting placement.

The principal contribution of this association is to extend considerable moral and intellectual support to the students, hence, giving a significant contribution towards the growth of the University. The University nurtures the alumni association to facilitate them to contribute significantly for the development of the institution through intellectual support.

The Alumni Association of University of Patanjali was formed and registered as an association 07.10 2017. The Alumni Meet opens a platform for alumnus to reunite with batch mates, interact with other alumni, and share their experiences and views with others in a very friendly way. The feedback they offer plays a vital role in shaping the policies of the University in terms of curriculum development, training and placement.

The Alumni of the University transfers the wealth of knowledge from the skills, training and experience he/she may have gained through the professional and personal odyssey.

Alumni are invited to deliver guest lectures at various meets. Alumni are invited as key Speakers during workshops and conferences. Alumni are engaged as active members of the, IQAC and various student

driven activities.

UoP Alumni Association is also seeking to arrange financial contributions towards the development and strengthening of the alumni network

The role of UoP Alumni Association for the effective functioning of the University is as under.

- Facilitate mutual interaction among Alumni of the University.
- Keep them connected with the activities of the department/University.
- Provide continuous feedback on various activities of the department/University.
- Contributing to professional development activities being alumni member of various UoP committees.
- Participate actively in all the alumni activities conducted by UoP each time.
- Alumni contributing to departmental development by sharing their expertise in various ways.
- Advocating for placement and internship.
- Providing feedback on curriculum & other UoP resources.
- Delivering special lectures and motivating enrolled students

File Description	Document
Records /reports on Alumni meetings, activities etc	<a href="#">View Document</a>
Records of a registered institutional alumni association	<a href="#">View Document</a>
database /audited accounts of income expenses through /of alumni contribution	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

#### 5.4.2

##### *Alumni contribution during the last five years*

**Response:** E. <1 Lakhs

File Description	Document
web-link to the activities of the alumni Association	<a href="#">View Document</a>

## Criterion 6 - Governance, Leadership and Management

### 6.1 Institutional Vision and Leadership

#### 6.1.1

*Describe the vision and mission of the Institution nature of governance, perspective plans and stakeholders' participation in the decision-making bodies - highlighting such activities leading to Institutional excellence.*

#### Response:

#### Vision

To play a leading role in giving new and higher dimensions to the philosophy and practice of Yoga, Ayurveda and Indian culture within the country and across the globe; to endeavour that the knowledge contained in the above fields in Indian and other traditions, along with that of medicinal plants and herbs, be incorporated and accorded their rightful place in the higher education system; to prepare global citizens by bringing together the Vedic knowledge and the modern sciences, who would be equipped with diverse skills, in tune with international standards, and be inspired by *sattvic* (righteous & ethical) *karma* (conduct & practices) and spiritual intuition, and also who would, imbued with the spirit of *karma yoga*, make incessant all-out effort to achieve their goals and be endowed with a balanced, integral and scientific outlook.

#### Mission

- To bring about divine combination of Yoga and Ayurveda for use by the world in 21st century.
- To carry forward the knowledge of Yoga and Ayurveda to the door step of every town, village and to contribute to the creation of healthy, prosperous and spiritual person, society, nation and world.
- Achieving excellence in Vedic and modern knowledge, science and research in the field of Yoga, Ayurveda and other traditional medicinal systems and Indian culture.
- Empowering students to achieve their professional goals in the context of Vedic knowledge and Modern science.
- Diverse dimensions of education – distance education system, strengthening educational relations by providing self-employment, vocational and self-reliance based education.
- To bring harmonious functioning in heritage, culture and environment for improving quality of life.
- Learning the related highest human values.

Keeping in view the "Vision and Mission", the University of Patanjali is committed to deliver the best possible educational platform with a world-class infrastructure as well as competent faculty to the students. The involvement of the leadership of UoP is ensured through well-defined system as per the organizational structure consistent with the University's Act, Statutes and Ordinances. The various bodies of the UoP have developed a set of University Policies, Regulations and Guidelines, the implementation and continuous improvement of which, are the responsibility of the University

leadership. The leadership at UoP includes Chancellor, Vice Chancellor, Pro-Vice-Chancellor, Registrar, Controller of Examination, Deans, Heads of Departments/Programme/Course Coordinators, etc. The Vice-Chancellor, as the Principal Executive along with the Pro Vice Chancellor, Registrar and Deans steer the University in fulfillment of its Vision, Mission and Objectives. They allocate responsibilities to faculty and staff and set up a review mechanism. The faculty members are nominated in various statutory bodies and committees for decision-making and managing various functions of the University. Regular inputs are taken from faculty and staff through monthly meetings.

File Description	Document
Provide web link to the vision and mission documents approved by the Statutory Bodies	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>
annual report/records(with photographs) of achievements leading to institutional excellence	<a href="#">View Document</a>

### 6.1.2

*Effective leadership is reflected across various practices of the Institution (amongst teaching, nonteaching staff and students) such as decentralization and participative management etc.*

**Describe a case study on decentralization and participative management and its outcomes in Institutional governance within 500 words**

#### **Response:**

The University has a decentralized structure vesting powers to all stakeholders (Faculty, Administrative staff, students and community members) to promote the efficient functioning. Believing in decentralization, the Governing Body takes policy decisions, finance, infrastructures, etc., in consultation with the Board of Management, the Academic Council, the Finance Committee and the Board of Studies. The Governing Body delegates the academic and non-academic decision-making powers to all authorities of the University consisting of the Vice Chancellor, Pro Vice Chancellor, Registrar, Dean, and Coordinators. University has constituted various other committees to work in collaboration and consistent improvement in curricula and teaching-learning practices. The Board of Management (BoM) specifies the administrative structure of the Constituent Units of the University, frames Regulations for management, ensures linkages with industries and the Academic Council (AC) and has representation from a wide range of faculty. The best example of participatory mechanism in the above could be seen in rationalization of its Choice-based Credit System.

#### **Staff Orientation and Training**

The Staff Orientation and Training system at the University of Patanjali aims at improving the productive capacity of both teaching and non-teaching staff by not only enabling them to realize their full potential



in the roles they play but also by helping them enhance their own professional calibre. The staff orientation and training programs have become almost a ritual in many other Universities today. However, at UOP, it is used as an important tool to train new staff in university policies and procedures, leading to programs that could otherwise leave the new employees dispirited. **Invariably, such programs result in lowering productivity and retention rates affecting the bottom line.** Universities consider Staff Orientation and Training Programme as part of their learning and knowledge transfer processes.

The UoP Staff orientation and training programs have the following elements in common:

1. Employee engagement
2. Involving Senior Leaders
3. Building a shared vision
4. Feeling of feeling welcomed so that they enfold
5. Making them part of a talent value chain

Well-structured Staff Orientation and Training programs are regularly being organized by the HR Department at UoP. The major practices followed are in conformity with DHE (Department of Higher Education) as follows:

1. Establishment of effective communication system with employees.
2. Assessing the training needs of Teaching and Non-Teaching Staff.
3. Organizing in-house training programs.
4. Organizing workshops/awareness programs/orientation/ skill-oriented/technical/ FDPs/ Conferences/ Seminars/ Symposia/ Expert talks/ training programs at the University/Institution/Department level.
5. Faculty incentive scheme.
6. Concession in fee for higher education and study leave.
7. Providing financial assistance for attending conferences, seminars etc.
8. Building confidence in organisational leadership.
9. Providing professional development opportunities.
10. Providing flexible learning options.
11. Creating a more autonomous working environment.
12. Fully furnished accommodation.
13. Institution Loan facility.
14. Mediclaim facility.
15. Assistance for the education of children of faculties and staff.
16. Regularly acknowledging and rewarding employees for their hard work and extra-ordinary achievements.
17. Strong feedback system for hearing and implementing the suggestions of employees.
18. Collecting feedback and taking follow up action.
19. Maintaining records for future reference.

File Description	Document
Policy/records showcasing decentralization and participative management	<a href="#">View Document</a>
Annual report /activities exemplifying cases decentralization and participative management (with photographs)	<a href="#">View Document</a>

### 6.1.3

*Explain the initiatives to promote Yoga as a main stream career for its students?*

**Response:**

The career trend is shifting drastically and numerous aspiring students are willing to study yoga as they know in the pandemic that more number of Yog teachers along with great engineers, scientists, and doctors are needed. Yog is very popular among athletes as they want to stay physically fit and mentally relaxed.

The demand of Yog is increasing among all and sundry because it has myriads of benefits such as – building muscle strength, increasing flexibility, preventing cartilage and joint breakdowns, as well as gives peace of mind, and boosts the concentration.

*Here are the 5 top reasons why you must choose career in Yoga:*

- **A different career path than the usual ones:** A career path in Yoga is not usual and here, you can learn a lot of things that no one else can teach you. Choosing Yoga as a career will nurture your body and soul with peace and harmony.
- **A good pay scale:** Yoga gurus enjoys great remuneration for their services and in the initial stages, they sometimes earn more than their peers as the niche of Yoga is very demanding and great Yoga gurus are quite hard to find these days.
- **Become self-aware:** Yoga has the power to make you self-aware and keep you away from many evils such as – hatred, greed, ego, and anger. When you are miles away from such evils you will see that you are getting clearer on your life goals and you attain them before time.
- **Travel the world:** With yoga you will have the opportunity to travel the whole world as great Yoga gurus and teachers are always welcomed with open arms and hearts everywhere. Countries such as USA, UK, France, Germany, and Italy are always in lookout for a great yoga guru or teacher.
- **Overcome physical challenges:** Yoga can help you overcome any kind of physical challenge. Every new day will be a test to your physical prowess and with practice and sheer determination you will evolve and find a better version of yourself.

University of Patanjali knows that Yog is has an immense scope in India and abroad. The current

scenario has shown all that besides great engineers, doctors, lawyers, and scientists, the world also has demands for the top-notch and best-in-class Yog gurus, teachers, and professionals who can revolutionize the world with their vision and efforts so that everyone can coexist in harmony. If an aspiring student has an interest in Yoga and is ready to embark on a successful career in this domain, then Yog can do magic.

The career in Yoga is very rewarding and if done in a proper way, a candidate is sure to make a great name and fame for himself and for his friends and family members.

<b>File Description</b>	<b>Document</b>
Records enlisting details of students having taken Yoga as a main stream career	<a href="#">View Document</a>
Policy / records on initiatives to promote Yoga as a main stream of curriculum	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

## 6.2 Strategy Development and Deployment

### 6.2.1

*Institution has its strategic plan which is effectively deployed amongst related key stakeholders.*

*(Describe the methodology adopted for developing the strategic plan; the mechanisms for its deployment and the monitoring and assessment)*

#### **Response:**

UoP intends to become high magnitude global research and innovation centre in Vedic Knowledge blended with higher learning. It aims to achieve highest global standards in the areas of Yoga, Ayurved and Culture, Medicinal Herbs/Plants and related studies and attain the pinnacle of excellence in all domains of higher education. UoP desires to grow at a pace commensurate to the intelligence and technological explosion that the world is witnessing. The mission of UoP is to enrich research activities to dominate the era of knowledge-driven economy and serve the nation by readying her to become one of the largest economies of the world. To attain such great heights to provide holistic education to the students, the University has designed strategic road map. Various strategic initiatives are taken by the University on the different parameters like teaching-learning and resources, globally recognized research and professional practices, graduation outcomes. Perception has improved with the increase in quality admissions each year. Concerted efforts have been made by the University for quality Recruitment of faculty and students. Steps have been taken to encourage and incentivize quality and frontline research and innovation, and make the University a powerhouse of R&D. Efforts are on to improve the outreach and inclusivity for the region and gender-wise diversity of students. The University believes in and pursues a synergetic working of various disciplines Yoga, Ayurved and Culture, Medicinal Herbs/Plants to provide the social solutions to the challenges posed by the knowledge-driven technological world. Emphasis is made on the establishment of expert research and professional practice panel. For improving the quality of research scholars, the University endeavors to provide full-time scholarships. The

University has been entering into agreements with national and international academic and industrial setups to provide the best academic and professional knowledge to the students.

**The Strategic Plan focused on these Strategic Areas:**

- 1.Admissions
- 2.Academic Excellence
- 3.Accreditation and Ranking
- 4.Faculty Development
- 5.Industry Integration
- 6.Research & Publications
- 7.Funded Research Projects
- 8.Patents/IPR/Trademark
- 9.Student Support & Progression
- 10.Corporate Relations & Placement
- 11.Internationalization
- 12.Infrastructure & Learning Resources
- 13.Extension Activities
- 14.Internal Quality Assurance Cell (IQAC)
- 15.Library & Information Centre

File Description	Document
Policy/records showcasing methodology on evolving its strategic plan, mechanisms of deployment and monitoring- assessment procedures in place.	<a href="#">View Document</a>
Annual report /activities on the above(with photographs)	<a href="#">View Document</a>

**6.2.2**

*Effectiveness and efficiency of functioning of the Institution as evidenced by policies, administrative setup, appointment and service rules, procedures etc*

**Response:**

The University has a clearly defined organizational hierarchy and structure to support decision-making processes that are clear and consistent with its purposes to support effective decision making. The organizational structure lends itself to sustaining institutional capacity and educational effectiveness through the involvement of stakeholders in various Committees/ Boards.

**The following committees have different roles and responsibilities:**

**Planning, Development & Review:** The Board of Governors (BoG), The Board of Management (BoM),

The Academic Council (AC), The IQAC

**Admissions:** The Admission Committee

**Course & Curriculum Development:** The Course & Program Review Committees

**Fee:** The Fee Committee

**Examinations:** The Examination Committee

**Research:** The University Research Council (URC)

**Fellowship and Scholarship:** The Scholarship Committee

**Finance:** The Finance Committee (FC), The Purchase Committee

**Placements:** The Placement Committee (PC)

**Discipline:** Proctorial Board, Student Discipline Committee, Anti-Ragging Committee, Sexual Harassment Committee

**Grievance:** Grievance Committee

**Culture:** 24 x 7 Committee

**Accommodation:** Housing & Allotment Committee

UoP is set up under the Govt. of Uttarakhand Act 4/2006 (Under The Uttarakhand Private Universities Act 4 of 2006) the UoP strictly follows these directives to establish various Constituent Units and all Degrees, Diplomas and Certificates.

The UoP statutorily has the Governor of Uttarakhand Visitor of the university, and is headed by its Chancellor, Param Pujaya Swami Ramdev Ji

**The following are the UoP policies and guidelines:**

- Examination Regulations (Policies for Evaluation & Checkers, Question paper Setting and Conduct of Convocation)
- Policy on Curriculum Design and Development
- Guidelines for Doctor of Philosophy
- Admission Policy
- Student Welfare Policy
- HR Policy
- Library Manual
- IQAC Policy & Quality Manual
- Research and Consultancy Policy
- Regulation for Prevention of Sexual Harassment
- Policy on Grievances of Students
- Finance Policy

File Description	Document
Policy/records showcasing institutional set up against the norms of policies, procedures, service rules etc.	<a href="#">View Document</a>
Organogram of the institution	<a href="#">View Document</a>
Minutes of meetings of various Bodies and Committees	<a href="#">View Document</a>
Annual report of the institution	<a href="#">View Document</a>

### 6.2.3

*e-governance operations in the following areas*

1. Administration
2. Finance and Accounts
3. Student Admission and Support
4. Examination

**Response:** A. All of the above

File Description	Document
Screen shots of user interfaces	<a href="#">View Document</a>
Policy/records showcasing e-Governance architecture document	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

## 6.3 Faculty and Staff Empowerment Strategies

### 6.3.1

*Institution has effective welfare measures for teaching and non-teaching staff and other beneficiaries.*

**Response:**

University of Patanjali has the highest living and working standards for teaching and non-teaching staff. The following facilities have been provided towards the welfare of the teaching and non-teaching staff.

- Concessional/Free, limited Family/single accommodation for both faculty and staff
- Phone facility at work and home as per the requirement of the job
- Concessional medical assistance
- Financial assistance to meet emergency medical expenses of staff and family members
- On-campus free medical facilities.

- Priority of admission to the wards of the faculty and staff
- Earned leave for up to 15 days
- Casual leave for 7 days
- Yoga Classes
- Access to world-class library
- On-campus cafes, cafeterias, eateries, provision shop and ATM
- Gym facility
- Annual increments based on performance
- Laundry facility on nominal payment
- Access to RO water at faculty blocks and flats
- Laptops for all faculty and desktops for the staff
- 24\*7 ambulance facility
- In house 24\*7 maintenance services on campus
- Adequate space for parking
- Pollution-free, safe sprawling campus
- Security services for all its campuses.
- Gym facility
- Annual increments based on performance
- Laundry facility on nominal payment
- Access to RO water at faculty blocks and flats
- Laptops for all faculty and desktops for the staff
- 24\*7 ambulance facility
- In house 24\*7 maintenance services on campus
- Adequate space for parking
- Pollution-free, safe sprawling campus
- Security services for all its campuses.

File Description	Document
records/ reports of beneficiaries benefitted across various welfare measures (with photographs)	<a href="#">View Document</a>
Policy document on welfare measures and list of welfare activities	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

### 6.3.2

*Percentage of teachers provided with financial support to attend conferences / workshops /seminars /spiritual retreats/discourses / symposia etc (for Yoga and allied- disciplines) and towards membership fee of professional bodies during the last five years*

**Response:** 51.92

**6.3.2.1 Number of teachers provided with financial support to attend conferences or workshops etc. and towards membership fee of professional bodies in the institution during the last five years**

**(Excluding repeat count)**

Response: 27

<b>File Description</b>	<b>Document</b>
Report with photographs on teachers participation across the above events	<a href="#">View Document</a>
Records of teachers provided with financial support to attend conferences, workshops etc. during the last five years	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

**6.3.3**

*Average number of professional development / administrative training programmes organized by the Institution for teaching and non- teaching staff during the last five years*

Response: 5.2

**6.3.3.1 Number of professional development / administrative training programmes organized by the institution for teaching and non- teaching staff during the last five years**

Response: 26

<b>File Description</b>	<b>Document</b>
Report/records (with listed beneficiaries) on professional development of teaching and nonteaching staff with photographs	<a href="#">View Document</a>
Policy of teaching and nonteaching staff supported for professional development	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>

**6.3.4**

*Percentage of teachers undergoing Faculty Development Programmes (FDP), Continuous Medical Education (CME) and other online /offline programmes such as Orientation / Induction Programmes, Refresher Course, Short Term Course, symposia, etc. during the last five years*

Response: 92.31

**6.3.4.1 Number of teachers undergoing Faculty Development Programmes (FDP), Continuous Medical Education (CME) and other online /offline programmes such as Orientation / Induction Programmes, Refresher Course, Short Term Course, symposia, etc. during the last five years (Excluding repeat count)**



Response: 48

File Description	Document
Institutional data in prescribed format	<a href="#">View Document</a>
Details of teachers attending FDPs during the last five years (as per Data Template)	<a href="#">View Document</a>
AQAR for the last five years	<a href="#">View Document</a>

### 6.3.5

#### *Institution has Performance Appraisal System for teaching and non-teaching staff for last 5 years*

##### **Response:**

The University has adopted the Annual Performance Appraisal System for teaching and non-teaching employees to assess the performance as per the guidelines of Government of India and the University Grants Commission. The performance appraisal mechanism is also used for various purposes under the promotion policy. The University has adopted the UGC regulations of 2018 for the promotions of teaching faculty under career advance scheme (CAS). For the contractual and the guest faculty, the University has introduced its own performance review mechanism.

For objective appraisal of administrative staff the University has a succinctly described mechanism. The responsibility of preparing Annual Performance Assessment Report (APAR) is on the immediate superior authority – the Reporting Officer - of the employee. It is expected that the Reporting Officer should report on the strengths and positive performance features of the employee as well as the shortcomings in performance, attitudes or overall personality of the employees in an objective and truthful manner. The period of absence from duty (without information), availed leave, participation in training or other professional development events also need to be mentioned in APAR. Moreover, the details of the trainings attended, dates of filing of property returns and whether the officer reported upon has reported/reviewed and the annual performance report of all his/ her subordinate officers for the previous year should be mentioned. For the appraisal purposes an instrument of grading from 1 to 10 points is used. It is expected that any grading of 1 or 2 (against work output or attributes or overall grade) would be adequately justified in the pen-picture by way of specific failures and similarly, any grade of 9 or 10 would be justified with respect to specific accomplishments. Grades of 1-2 or 9-10 are expected to be rare occurrences and hence the need to justify them. The general range of performances are categorised into average, good, outstanding, etc. The performance reviews are conducted regularly in pre-defined periodic cycles. These cycles are determined by the nature of the employment of the particular employee and the stage of the employment. For example, employees on probation, employees on short or long contracts, permanent employees, etc, all have different stages at which performance review is carried out. The inputs from the performance review are used to inform decisions like confirmation after probation, continuation of contracts, in-service promotions and expansion and/ or change of roles and responsibilities.

File Description	Document
Reports of teaching and non-teaching staff appraised and actioned	<a href="#">View Document</a>
Policy/records showcasing departmental a clear cut Performance Appraisal System for teaching and non-teaching staff	<a href="#">View Document</a>
Institutional annual report	<a href="#">View Document</a>

## 6.4 Financial Management and Resource Mobilization

### 6.4.1

*Institution has strategies for mobilization of funds and the optimal utilization of resources*

#### **Response:**

The process of mobilization of funds at the University of Patanjali is primarily undertaken through the following instruments:

- 1.Student fee
- 2.Interest on Corpus Fund
- 3.Projects/ Research endowments from agencies
- 4.Attempt to garner Alumni support by offering establishment of scholarships for meritorious students, research fellowships, research centers, gold medals etc.
- 5.Other earnings from training or workshops
- 6.Organization of sponsored seminars, conferences and symposiums

Optimal utilization of resources is a complementary dimension of fundraising since it enables the University to extend the impact of funding further. The University has set up systems to enable faculty, students and staff to use the available resources on 'as needed and as available' basis, so that no kind of resource remains underutilized or unutilized for extended periods of time. For example, an online system of space booking allows staff, students and faculty to see the availability of vacant spaces at any given time and book according to their need and availability. Computer centers, laboratories, specialized equipment, technical services and meetings facilities are similarly available for utilization by the university community

in optimally organized slots. The online system of transparent and real-time access to resources to whoever is need of using them ensures that resources are used to their maximum potential with minimum hassle to the users.

#### **Procedure to prepare annual estimates of Income and Expenditure**

All institutions and departments propose their annual financial plans based on academic planning to the finance committee of the University to achieve educational purposes and objectives. The proposed budget is examined and approved by the finance committee of the university for the academic year. The administrative and financial approvals are taken from competent authority as per university policy and guidelines. The various heads for which budget is prepared and funds allocated, are provided in the financial guidelines given by the university. The Finance committee is responsible for observance

of regulations relating to maintenance of accounts of income and expenditure and considers any other matter referred by the court and executive council of the university.

File Description	Document
Resource mobilization policy and procedure document duly approved by BoM / Syndicate / Governing Council	<a href="#">View Document</a>
Audited statement of accounts for fund utilisation	<a href="#">View Document</a>

#### 6.4.2

*Total Funds / Grants received from government / non-government bodies / philanthropists/ corporates during the last five years (excluding scholarships and research grants covered under Criterion III) (INR in lakhs)*

**Response:** 8863.77

File Description	Document
Report of the project	<a href="#">View Document</a>
Records of the MOU and grant award letters for research projects sponsored by govt and non-government organizations	<a href="#">View Document</a>
Institutional data in prescribed format	<a href="#">View Document</a>
Audited utilization statements of accounts for the last five years	<a href="#">View Document</a>

## 6.5 Internal Quality Assurance System

### 6.5.1

*Institution has a streamlined Internal Quality Assurance Mechanism*

**Describe the Internal Quality Assurance Mechanism in the Institution and the activities of IQAC within 500 words**

**Response:**

The Internal Quality Assurance Cell (IQAC) is established at 'University of Patanjali' to maintain and enhance the quality of education. The University of Patanjali is a student-centric educational Institute, and always ensures the benefit of students in every sphere of life. IQAC drafts and implements ongoing quality improvement strategies through internal evaluation initiatives and action steps for

enhancing the quality of teaching, learning, research at two levels:

- a) University
- b) Department

All Academic activities/events are mapped in the Academic Calendar of the University which is monitored by IQAC. The following reports and recommendations are then placed before the authorities for deliberation and decision on action points, and approval:

- a) IQAC Annual Report
- b) Annual Academic Planning
- c) Results of audits and observations
- d) Stakeholder's feedback

Here are two examples of practices as a result of IQAC initiatives:

### **Practice 1: Ensuring and Monitoring Academic Excellence**

The Annual Academic planning is important for the smooth functioning of the University. Every year at the commencement of the academic session IQAC ensures that all the departments are in line with the Academic plan designed to achieve the CO, PO and PSO. To ensure this, IQAC conducts regular audits based on the formats and checklists designed for specific academic parameters. Following audits are carried out in the process:

- Daily class held report (CDC)
- Academic audit at the commencement of the semester with respect to Registration of students,
- Teaching load, Course manuals, Session plans and Mentor-Mentee
- Allotment, nomination of Class representatives (CR), Laboratory check, computer labs and studio check.
- Audit during the semester- CR meetings, Mentor-mentee record, Re-audit of previous non conformities, surprise class checks, Examination process.
- Audit of resources pertaining to academic processes - HR, Library, Corporate Resource Centre.

### **Practice 2: Continuous Improvement in the processes**

Apart from ensuring academic excellence, IQAC has to strive for continual improvement in terms of processes and best practices has also been the endeavor of IQAC. IQAC coordinators, nominated by the departments, help IQAC team to maintain and improve quality standards. We achieve this through the following mechanism:

#### **Institutions carry out their assessment and implementation of academic processes as follows:**

Faculty development programs, workshop and training, guest lectures and seminars, research and publication.

Field trips, industrial visits, educational tour, social and community outreach programs for the development of students' skills and abilities.

Institutions carry out the SWOC analysis based on self-assessment proforma provided by IQAC to identify weaknesses and opportunities for improvement.

IQAC analyzes and verifies the SWOC reports submitted by the departments and share the analysis with HOI's for continuous improvement.

IQAC carries out periodic review of administrative activities

IQAC maintains quality manual as per the ISO standards. Audit of administrative processes are

conducted by designed checklists periodically. Audit reports are shared with concerned department for system improvement. Following offices are audited:

Registrar Office - maintaining records

Administration – (Maintenance, Housekeeping, Transport) safety and hygiene

Security- Campus

Hostel-Facilities - safety and security

Mess and Cafeterias- for Hygiene and quality

File Description	Document
minutes of the IQAC meetings/activities with photographs	<a href="#">View Document</a>
Annual report of the IQAC (including structure ,functional areas, mechanism,activities etc )	<a href="#">View Document</a>

### 6.5.2

*The quality assurance initiatives of the institution includes:*

- 1. Academic and Administrative Audit (AAA) and initiation of follow-up action**
- 2. Conferences, Seminars, Workshops on quality**
- 3. Collaborative quality initiatives with other institution(s)**
- 4. Orientation programmes on quality issues for teachers, students**
- 5. and scholars and students**
- 6. Membership of professional network or associations recognized by government**
- 7. Any other quality audit by recognized State, National or International agencies (ISO, NABH, NABL Certification, NBA, any other)**

**Response:** A. Four or more of the above

File Description	Document
Reports of AQAR,AAA, Participation in NIRF,ISO and other certification	<a href="#">View Document</a>
e-copies of the accreditations and certifications already received	<a href="#">View Document</a>

### 6.5.3

*Impact analysis of the various initiatives carried out and used for quality improvement*

**Describe the process and outcome of the impact analysis carried out with reference to the following:**

- 1. Student performance,**

- 2. Teaching - learning methodology**
- 3. Evaluation and assessment procedures**
- 4. Student learning outcomes,**
- 5. Research,**
- 6. Stakeholder's feedback,**
- 7. Administrative reforms,**
- 8. Financial management etc.**

**Furnish details within 500 words**

**Response:**

Quality education empowers people to optimally achieve their potential, both as individuals and as a member of the society. It is not merely about teaching facts, but also about cultivating knowledge on those facts how to establish and use them for benefit of all.

Quality in higher education is a multi-dimensional, multi-level, and dynamic concept that is related to specifications of the context of an educational model, to the mission and institutional aims, as well as to the specific patterns within a certain system, institution, programme, or discipline. Quality may then have different meanings depending on:

1. The understanding from different groups or stakeholders interested in higher education.
2. Its references: inputs, process, output, missions, aims, etc.
3. Attributes or features of the academic world that must be evaluated.
4. The historical periods of higher education development.

Regardless of the level of analysis — classroom, course, institution or education system, the understanding of quality in higher education may often change depending on time and on the environment. For some people, quality is a fundamental objective in education; for others, it may stop existing. For some, it can be measured; for others, it can be 'operationalized'. For market agents, it must prioritize 'employability'; for the social movements, it must prioritize equity.

The process and outcome of the impact analysis carried out with reference to the following:

**Student performance:**

Student performance in a case method course may be assessed along a variety of dimensions including class participation, individual written work on papers and exams, and group activities such as projects and presentations.

**Teaching - learning methodology**

Teacher-Centered Instruction

Small Group Instruction

Student-Centered / Constructivist Approach

Project-Based Learning

Inquiry-Based Learning

Flipped Classroom

Cooperative Learning

### **Evaluation and assessment procedures**

Step 1: Clearly define and identify the learning outcomes.

Step 2: Select appropriate assessment measures and assess the learning outcomes

Step 3: Analyze the results of the outcomes assessed

Step 4: Adjust or improve programs following the results of the learning outcomes assessed.

### **Student learning outcomes**

Student Learning Outcomes are statements that specify what the students will know or will be able to do or be able to demonstrate when they have completed or participated in a Course or Program.

### **Research**

Research is defined as the creation of new knowledge and/or the use of existing knowledge in a new and creative way so as to generate new concepts, methodologies and understandings. This could include synthesis and analysis of previous research to the extent that it leads to new and creative outcomes.

### **Stakeholder's feedback**

Stakeholder consultation aims to build relationships based on mutual trust and benefits. Listening to and understanding the views and feedback from stakeholders can help shape and improve the overall operations quality improvement.

### **Administrative reforms**

Administration ensure University's activities run smoothly and efficiently. The primary goals of an administration manager are to **direct, control and supervise the support services of the organization to facilitate its success**

### **Financial management etc.**

Financial Management means planning, organizing, directing and controlling the financial activities such

as procurement and utilization of funds of the enterprise. It means applying general management principles to financial resources of the enterprise.

<b>File Description</b>	<b>Document</b>
Policy/records showcasing the inbuilt institutionalization of the quality mandate	<a href="#">View Document</a>
Minutes/records of meetings /activities (photographs)corroborating to various quality initiatives by IQAC	<a href="#">View Document</a>



## Criterion 7 - Institutional Values and Best Practices

### 7.1 Institutional Values and Social Responsibilities

#### 7.1.1

*Measures initiated by the Institution for the promotion of gender equity during the last five years.*

**Describe gender equity & sensitization in curricular and co-curricular activities, facilities for women on campus etc., within 500 words highlighting the provision of the following**

- 1.Safety and security**
- 2.Counselling**
- 3.Common Rooms**
- 4.Day care center**
- 5.Any other**

**Response:**

????????? ????? ?????????????????????????? ?????? ??? ?????????????????? ??????????

*The only daughter is like ten sons. The result of the upbringing of ten sons is achieved only by the nurturing of the girl. 23.46 (Skanda Purana)*

The very philosophy of UoP is rooted in the philosophy of Swami Dayananda Saraswathi, who was an active advocator of women education in India. The university has a clear gender-equity policy and takes all possible measures for the promotion of gender equity. Women empowerment cell educates and support girl students when required. NSS and NCC have equal participation of girls and boys. Women rest rooms are available at convenient location along with pad vending machines and other facilities. Health center and counselling facilities are also provided to the students.

The university organizes many gender-equity and awareness programmes for students and staff at the university. It also celebrates women's day with various cultural programmes. National Girl Child Day is celebrated every year on 24th of January to create awareness about the rights of the girl child, gender-based bias and education of girl child. Additionally, several women specific awareness programmes are organized such as “Rally against domestic violence”, “Mensuration Health and Hygiene” awareness programme, “Solutions to dowry problem” in the society, Self-defense workshops.

Students from each and every part of the country are enrolled in the University. The University provides a safe, secure and friendly atmosphere for both, girls and boys. Adequate facilities such as mess hall, hostel and playground for all students. For research scholars, there is separate research hostel. Scholarship, Freeship and fee concession is provided to all eligible students without any discrimination.

The institution has set up an internal committee to look after gender equity issues. Various co-

curricular activities are conducted by the University in accordance to the safety and security of the girl students and female staff members. Full security is provided in the campus area. Private security personnel are deployed at all important locations with CCTV installations. Hostels are also equipped with CCTV camera for security reasons. Female guard is always available at the main entrance of the girls' hostel.

Anti-Ragging Cell was constituted in 2018 by our Institution to investigate specific instances of ragging and take appropriate action. Safety and empowerment of women is given utmost importance by the University of Patanjali. It is also to be noted that in the past decade, and in the history of this organization, not a single issue that compromises women safety has been registered or occurred.

<b>File Description</b>	<b>Document</b>
Policy/records showcasing the inbuilt institutionalization of the gender equity & sensitization mandate	<a href="#">View Document</a>
Minutes/records of meetings /activities (photographs) corroborating to gender equity & sensitization across the department	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>
Annual report of the women's cell	<a href="#">View Document</a>

### 7.1.2

#### **The Institution has facilities for alternate sources of energy and energy conservation measures**

- 1.Solar energy**
- 2.Wind energy**
- 3.Biogas plant**
- 4.Wheeling to the Grid**
- 5.Sensor-based energy conservation**
- 6.Use of LED bulbs/ power efficient equipment**

**Response:** A. Four or more of the above

<b>File Description</b>	<b>Document</b>
Institutional records on procurement /installation of the above facility	<a href="#">View Document</a>
Geo-tagged photographs of the facilities	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

**7.1.3**

**The facilities in the institution for the management of the following types of degradable and non-degradable waste**

- 1.Solid waste management**
- 2.Liquid waste management**
- 3.Biomedical waste management**
- 4.e-waste management**
- 5.Waste recycling system**

**Response:** A. Four or more of the above

<b>File Description</b>	<b>Document</b>
Reports supporting the above initiatives	<a href="#">View Document</a>
Relevant documents like agreements/MoUs with Government and other approved agencies	<a href="#">View Document</a>
Records on procurement /installation of the above facility	<a href="#">View Document</a>
Geo-tagged photographs of the facilities	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

**7.1.4**

**Water conservation facilities available in the Institution**

- 1.Rain water harvesting**
- 2.Bore well /Open well recharge**
- 3.Construction of tanks and bunds**
- 4.Waste water recycling**
- 5.Maintenance of water bodies and distribution system in the campus**

**Response:** A. Four or more of the above

<b>File Description</b>	<b>Document</b>
Reports supporting the above initiatives	<a href="#">View Document</a>
Records on procurement /installation of the above facility	<a href="#">View Document</a>
Geo-tagged photographs of the facilities	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

**7.1.5**

**The green campus initiatives of the institution includes:**

- 1.Restricted entry of automobiles**
- 2.Battery-powered vehicles**
- 3.Pedestrian-friendly pathways**
- 4.Ban on use of Plastics**
- 5.Landscaping with trees and plants**

**Response:** A. Four or more of the above

<b>File Description</b>	<b>Document</b>
Reports supporting the above initiatives	<a href="#">View Document</a>
Records on procurement /installation of the above facility	<a href="#">View Document</a>
Geo-tagged photographs of the facilities	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

**7.1.6**

**Quality audits on environment and energy regularly undertaken by the Institution and any awards received for such green campus initiatives**

- 1.Green audit**
- 2.Energy audit**
- 3.Environment audit**
- 4.Clean and green campus recognitions / awards**
- 5.Green initiatives beyond the campus**

**Response:** A. Four or more of the above

<b>File Description</b>	<b>Document</b>
Reports supporting the above initiatives	<a href="#">View Document</a>
Records on procurement /installation of the above facility	<a href="#">View Document</a>
Geo-tagged photographs of the facilities	<a href="#">View Document</a>

**7.1.7**

**The Institution has Divyanggan friendly, barrier free environment**

1. Built environment with ramps/lifts for easy access to classrooms.
2. Divyanggan friendly washrooms
3. Signage including tactile path, lights, display boards and signposts
4. Assistive technology and facilities for Divyangjans- accessible website, screen-reading software, mechanized equipment
5. Provision for enquiry and information: Human assistance, reader, scribe, soft copies of reading material, screen reading

**Response:** A. Four or more of the above

File Description	Document
Reports supporting the above initiatives	<a href="#">View Document</a>
Records on procurement /installation of the above facility	<a href="#">View Document</a>
Geo-tagged photographs of the facilities	<a href="#">View Document</a>
Any other relevant / supporting information as per SOP	<a href="#">View Document</a>

**7.1.8**

**Describe the Institutional efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities (within 500 words).**

**Response:**

UoP is dedicated for the propagation of Yoga Science and Vedic wisdom, which aims for peace and harmony in the whole universe. The university is an expression of the divine visions of Swami Ramdevji, the Chancellor and Acharya Balkrishnaji, the founding Vice Chancellor, to institute a centre for an integral education blending all spectrums of Vedic wisdom and scientific knowledge. The foundation of Vedic wisdom is inclusion, tolerance and harmony towards cultural, regional, linguistics, communal, socio-economic diversities. Therefore, at UoP, these principles of Vedic wisdom are inherent in all activities that take place in the university.

**National Integration:** Students at the university come from different states of India. They each hail from diverse socio-economic, linguistic and cultural backgrounds; hence the university truly represents Unity in Diversity. The founders of the university believe in the noble sentiment of “vasudhaiva kutumbakam” (the whole world is a family). All the teachings, activities and lifestyle in the university are designed in alignment with this philosophy.

**Celebration of Festivals:** Festivals and days of social and national importance like Holi, Deepawali, Makar Sankranti, Rakshabandhan, Independence Day, Republic Day, etc. are celebrated on the university campus with a lot of jubilation. Various activities are organized by the students and faculty members to

showcase India's diverse culture and endorse inclusion and acceptance as an innate quality, which in turn is the foundation to keep us rooted to our culture and promote peace and harmony.

**Engage students in organization of events:** Students actively participate in organizing various events in the University such as the international yoga day, mother language day etc., This gives them an opportunity to work together with individuals across different backgrounds. Additionally, students also organize various study tours with the guidance of the faculty. These enable them to get insights into the merits of team work and cooperation and gives them opportunity to interact and exchange ideas, which in turn develop understanding and tolerance towards each other.

**Gurukul Tradition:** Efforts are made to develop sacred and kindred relations between the teacher and the taught in keeping with the Gurukul tradition. Prayer, Yoga and Yajna are performed by the students as a group activity as part of their daily routine, thereby nurturing the feeling of camaraderie and bonhomie. Students study and live in a holy atmosphere with a Yogic Spiritual Schedule (Dinacharya), which in turn facilitate in making them compassionate and understanding when dealing with each other and with the larger society. The university has Acharyakulam and Gurukulam in its premises.

**Inculcation of Values in the Personality:** Every effort is made to develop a sense of sincerity and duty toward their culture and humanity in all students. Yoga camps, awareness rallies, street plays are conducted to connect the students with rural people residing in and around the university campus. These interactions help students to imbibe mutual respect and dignity towards fellow countrymen and appreciate the cultural, communal, socio-economic and linguistic diversity of the country.

File Description	Document
Supporting documents on the information provided (as reflected in the administrative and academic activities of the Institution)	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

### 7.1.9

**Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens (within 500 words).**

**Response:**

???????????? ?

*Rashtra Dharma (Duty towards nation) is the supreme duty of all – Pujya Swami Ramdev, the Chancellor of UoP*

It is the duty of every individual to be aware and practice our constitutional obligations, values,

rights, and duties. University of Patanjali takes several initiatives by organizing activities to sensitize and make students and employees aware of their constitutional obligation and responsibilities as citizens of India.

An individual's personal behaviour must be rightful and in accordance to the constitution on one hand and an individual's faith guides him or her towards spiritual growth and progress. Respect towards the constitution and the duties as citizens of the country are given equal importance through activities that instil pride among students for being Bharateeya. Responsibilities of being law abiding dutiful citizens pans across economic, social, moral, political, religious or regional spheres.

Every year Republic Day and Independence Day are celebrated as a reminder of our duties and responsibilities towards the Nation, its Democracy and values of Secularism. Revered Chancellor Yoga Guru Swami Ramdevji Maharaj hoisted 100 feet tall tricolor flag at Patanjali Yogpeeth, Haridwar on the occasion of 71st Independence day to remind ourselves of our constitutional obligations.

The institution embraces '*Swadeshi*' and helps the country to attain economic freedom. Students are dedicated towards their responsibility towards their parents, education and society as a whole. Diverse programmes are offered in the University to enhance moral uprightness, social commitment, spiritual orientation, human values etc. The university's course curriculum helps to promote Indian values and culture. Special days such as Martyrs Day, Constitutional Day, Youth Parliament Day, Birthdays of our nation builders etc. are celebrated in the campus to acknowledge and honor our Constitution and to make our students aware of their obligations, which in-turn inspires them to become part of the community. On Gandhi Jayanti, different competitions, such as essay writing, debate, group discussions etc. are organized to retrospect the legacy of Mahatma Gandhi.

The institution is an example of the best governance and democracy under the guidance of Chancellor Yoga Rishi Swami Ramdevji Maharaj and Vice-Chancellor Param Pujya Acharya Balkrishnaji Maharaj. Young students are inspired and motivated by the lectures of Yoga Rishi Swami Ramdevji Maharaj and Pujya Acharya Balkrishnaji.

The university also encourages group volunteerism through seminars aiming at developing student's personality and undertakes various activities from time to time to spread social awareness about issues like communal harmony, drug abuse, health and hygiene etc. The institution had arranged number of programmes covering freedom of expression through which the students get courage to express their inner feelings.

File Description	Document
Details of activities for inculcating values for being responsible citizens	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

**7.1.10**

**The Institution has prescribed code of conduct for students, teachers, administrators and other staff and undertake regular periodic programmes in human values and professional ethics.**

- 1. The Code of conduct is displayed on the website**
- 2. There is a committee to monitor adherence to the code of conduct**
- 3. Institution organizes professional ethics programmes for students, teachers, administrators and other staff members**
- 4. Annual awareness programmes on code of conduct are organized**

**Response:** A. All of the above

File Description	Document
Code of ethics	<a href="#">View Document</a>
Appropriate information about the monitoring committee composition, number of programmes organized etc. in support of the claims	<a href="#">View Document</a>

**7.1.11**

***Institution celebrates / organizes national and international commemorative days, events and festivals***

**Response:**

The University of Patanjali celebrates National days such as Independence Day and Republic Day to express and celebrate the feeling of Patriotism. National programmes such as Vivekananda Jayanti, Geeta Jayanti, Gandhi Jayanti, Ambedkar Jayanti are celebrated in the University every year. Festivals like Holi, Diwali, Dhanvantari Jayanti, Basant panchmi, Ramnavmi, Janmashtmi, Vedic New Years, Navratri, Dussehra are celebrated to develop the integrity and the Prestige of Indian culture and tradition among the students. Yajna is a mandatory part in every festival. Additionally, the university also celebrates all important events and days as declared by the government.

The university celebrates the traditional practices such as Guru Purnima. Guru Purnima which defines the eminent ancient tradition of *Guru-shishya parampara* is also celebrated with the benevolent presence of the Honorable Chancellor of the University Swami Ramdev Ji Maharaj. Guru Purnima is given a high priority as it celebrates the sacred bond between a guru and shishya. On this occasion, the students share the teachings and text of the ancient books such as *Srimad Bhagavad Gita, Upanishad, Indian Philosophical texts on Nyaya, Vaisheshik, Sankhya, Yog and Mimansa* etc. The University inspires



students to dedicate themselves towards *Shastra Smaran (Panchopadesh, Shatdarshan, Upanishads, Geeta, Vedas)*, which also encourage them to learn and also participate in healthy competition of the ancient text.

UoP conducts programs to boost the memory of the shishyas and enhance Indian Vedic tradition in this modern times. Being the youth of 21st century all the students are keen to explore and learn more about the renowned *Shastras* and participate in such programs related to the teachings of ancient texts under the guidance of the esteemed Chancellor and the Vice Chancellor of the University.

The University commemorates International Yoga Day which motivates everyone to lead a healthy life. On this day, UoP, along with Patanjali Yogpeeth, organizes yoga camps in every district and state where the students of the University are engaged in the campaign for teaching and guiding thousands of people about yoga. Under the holy guidance of the Revered Chancellor of the university Pujya Swami Ramdev Ji, the students participated in events at Faridabad, Kota, Ahmadabad, Maharashtra, Haridwar etc. and made many World Records.

On 4th of August every year the University of Patanjali celebrates Jadi-Buti Divas on the birthday of Acharya Balkrishna Ji. On this occasion, medicinal plants are distributed all over India to promote greenery on the earth and create awareness about medicinal plants. In the year 2021, one crore plants of Giloy (Amrita) have been distributed in Uttarakhand and other regions of India. Lakhs of the people all over India contribute in this program by planting the plantlets with the resolution to solve the environmental problems worldwide. The Vice Chancellor of University of Patanjali Acharya Balkrishna ji Maharaj is “**Vaidya Raj Ayurved Shiromani**”. On this prominent day many traditional books on Ayurveda are launched for the Welfare of the world to propagate the traditional knowledge of Ayurveda to every nook and corner.

File Description	Document
Records /reports of celebration and commemorative days, events and festivals (with photos)	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

## 7.2 Best Practices

### 7.2.1

**Describe two best practices successfully implemented as per NAAC format provided in the Manual.**

**Response:**

**Response:**

**1) Title: Community out Reach Activities**

**2. Objectives of the Practice**

- To make the learning experience of students more enriching and to increase students' satisfaction through imparting content beyond syllabus
- To create awareness and social drives for the benefit of the society
- Gain public interest and learn self defense techniques

**3. The Context:**

To give back to society, such events, *i.e.*, clean drive, blood donation camp, plantation program, farmers awareness workshops, rally for Ganga protection etc. were conducted on annual basis. Events, like Ganga protection, clean drive, blood donation camp, plantation program, etc., are conducted on annual basis. The UoP students got Green Award from the reputed Organisation on their green and Swachhta initiatives. Self Defense also learning by the girls students for safeguard.

**4. The Practice: The following are the components&Extensive interaction with experts:**

**1. Awareness Campaign for Social work values:** Events conducted on human values, dignity, integrity, cultural sensitivity, health, sanitation, blood donation so on to strengthen the society. Patanjali Yogpeeth under the direction of Param Pujya Swami Ji and Acharya Ji took charge to save people and progressively the nation against the pandemic time.

**6. Problems Encountered and Resources Required**

- a. Time constraint.
- b. Lack of adequate conveyance facilities required at a time

**2. The Practice: The following are the components:**

**1. Title: Integrated Holistic Health Education**

**2. Objectives of the Practice**

- To increase students' knowledge regarding holistic health practices and theory.
- To develop skills,cultivate awareness that will positively enhance personal, community and global health and wellness.

**3. The Context**

Holistic Education is an approach to teaching that focuses on the academics and social needs of students. The educators seek to fulfil the academics requirements of the students. They try to engage all aspects of the learner that includes the mind, spirit, body and soul.

#### 4. The Practice

##### a. Yoga education & research:

UoP provides platform to students acquire knowledge and skills acquired in their career, health and wellness while taking admitted in various disciplines. The integration of Yoga education (asana, pranayama,dhyana)in the present system of education can endorse human values to reform attitude and behavior, relieve from stress and strain and build up moral character.Yugya is regular practice.

##### b. Focus on Swadhyaya:

Svadhyaya is a practice of getting to know our true nature, beyond our personality, thoughts, body, and emotions. There are many ways in which we can unearth a deeper connection to the Divine within.

#### 5. Evidence of Success

Under NSS,numbers of camps were organized i.e.create hygiene, awareness program of clean and green India, say no to polythene, promotion of health and hygiene.Universityteachers focusing on to provide the art and science of yoga *via* workshop, training and lectures to all the students regularly.

#### 6. Problem Encountered and Resources Required

a. Time constraint.

b. Lacking of adequate space for Multidisciplinary tasks

File Description	Document
Institutional reports /records showcasing best practices (with photos)	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

### 7.3 Institutional Distinctiveness

#### 7.3.1

**Portray the performance of the Institution in one area distinctive to its priority and thrust within 500 words**

##### Response:

Swastha Bharat and Atmanirbhar Bharat is the goal of the university. University of Patanjali is one of the few Yoga universities that contributes not merely in yoga education & research rather aims at establishment investigation and providing scientific basis for the knowledge advanced by the ancient Indian sages and a revival of Indian culture.

The one distinctive area which has been the priority of the institution is to provide a “**Holistic Health and Well-being**” of individuals. All the faculties of the university – Faculty of Yoga Science that includes Department of Physical Education, Faculty of Science that includes Department of Allied & Applied Science, Faculty of Naturopathy & Yoga Therapy, Faculty of Humanities & Ancient Sciences that includes departments of Philosophy, Sanskrit, Psychology, Music, devise and implement a curriculum that is geared towards research and promotion of health and wellness.

All possible interventions that are associated with health and wellness are included in the curriculum at UG, PG and diploma courses. In addition to Yoga, Ayurveda, Psychology, Drug development etc., students are also exposed to Complementary & Alternative Therapy (CAT) techniques such as Yajna therapy, Mantra vidya, Acupressure, Acupuncture, Pranic Healing which also have the objective of health and wellness.

The university is sponsored by Patanjali Yogpeeth Trust and Divya Mandir Trust thereby making it accessible for the university to benefit from all their affiliated institutions. UoP works closely with Patanjali Research Institute where faculty and research scholars are involved in pioneering research that works on evidence-based ayurvedic system of medicine to authenticate traditional ayurvedic herbs and medicines through scientific based evidence. A fully equipped ayurvedic hospital is in the premises providing opportunities for hands-on practical training to students in the area of health and wellness. Diet and Nutrition are important aspects of health and wellness. Students of UoP have the benefit of having Patanjali Organic Research Institute (PORI) in close proximity where they are involved in projects and also have the opportunity to study organic farming. Several outreach activities by the university such as Yoga and meditation camps are focused on health and wellness of the society. In short UoP provides a learning atmosphere to students in all areas that are directly and indirectly related areas of health and wellness.

The main goal of Patanjali Yogpeeth, the mother organization of the university is to prepare yogic spiritual India and the world with the aim to find solutions to diseases and miseries and fill the world with divinity. UoP plays a big part in this vision by providing the education that makes them ambassadors of this cause under the leadership of representative of "rishi" parampara - Param Shraddheya Swami Ramdevji, Param Pujya Acharya Shree Balkrishan ji and great scholar of Vedas respected Pro Vice Chancellor Prof. Mahavir Agarwalji.

File Description	Document
Institutional reports /record showcasing institutional distinctiveness (with photos)	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

## 7.4 Yoga for Peace and Harmony

## 7.4.1

*Provide a detailed description on*

1. *The institutional initiatives to justify “Yoga is beyond Asanas”*
2. *The institutional strategies in ensuring the various form of practices amongst its aspirants (students / teaching and non-teaching faculty) for Culturing the emotions (Bhakti), thoughts/ Psychic power (Manashakti), Inculcating Selfless action(Karma), enhancing discrimination power (Viveka) and for their Spiritual evolution*

**Response:**

????????? ?????? Yoga is the art of working skilfully.

??????? ??? ?????? Yoga is attaining the equilibrium of mind.

University of Patanjali is an institution following the yoga philosophy of Maharishi Patanjali, “*Sthirsukham Aasnam*”, *Yama, Niyam, Aasana, Pranayam, Pratihara, Dharana, Dhyaan and Samadhi*. These two sutras clearly state that ‘*Aasana*’ is a part of “*Ashtanga yoga*”. Yoga is not limited to mere *Aasanas* (postures), it is the best science - continuous practice Yoga till *samadhi* is a way to attain salvation which is followed by our institution. The University of Patanjali endorses the principle “Yoga is beyond *Asanas*” and has a system in place that demonstrates this principle in action at the university. Daily practical classes, workshops, yoga day and other important activities are part of the curriculum to enable students, teachers and non-teaching staff to understand and assimilate this through the process. The *Dinacharya* followed at the university inculcates the process thoroughly and establishes these principles in their subconscious mind through Yoga.

Being a yoga-oriented university, efforts are made to provide understanding of classical and correct methods to enhance the knowledge of our students and teachers in order to remove all the misconceptions and wrong practices prevalent in relation to yoga. Recognizing the importance of ‘*Asanas*’ in the Medical use and prevention of various diseases, but with the understanding that *Asanas* work at a physical level, it proves to be very useful in getting rid of internal diseases and pains.

The mind, intellect, breath etc. of the seeker are made rhythmic by means of different *Dhyaanyoga, Bhaktiyoga, Karmayog, pratiprasavyog, Rajyoga* etc. Through curricular and extra-curricular activities as well as daily Yoga and *Yajna* the students are given the understanding that little and divine food, studying with concentration, with purity and devotion to God, playing sports etc. is also a segment of Yoga.

The measures given in *Gheranda Samhita* for physical purification and *tridosh saman* are located in the form of a part of Yoga, different from the *Asanas* like *Panchkarma, Shatkarma* etc. This theory is theoretically told and taught by the teachers to the students through the curriculum and it is confirmed

through practical classes where the students get to see and experience its successful implementation on the patients.

Through the Vedantic order – “*Akarma Dasyu*” and the renowned principal sentence of our Pujya Swami Ramdev Maharaj ji, honorable Chancellor of the University of Patanjali, “*Vikalp rahit sankalp evam akhand prachand purusharth*”, the students get inspiration to constantly be engaged in service work. Furthermore, once a week our noble Param Poojya Swami ji Maharaj, himself provides 2-3 hours of practical training of *Pranayam* (breath regulation), *Pratyahara* (withdrawal), *Dharana* (concentration of the mind) and *Dhyaan* (meditation) and for this 1:30 hours of training is provided daily by the Yoga instructors.

File Description	Document
Records showcasing “Yoga beyond Asanas” and its various forms of practices towards enhancing discrimination power spiritual evolution amongst aspirants(with photographs)	<a href="#">View Document</a>
Policy on the strategy on both the points above	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

#### 7.4.2

***Institution aims to promote harmony and peace at the level of its aspirants and society at large.***

***(delineate the inbuilt mechanism and practices that cuts through the various activities promoting harmony and peace)***

***Explain the institutional strategies in disciplining and bringing about overall peace and harmony in***

- 1.Body (Kayashuddi)***
- 2.Mind (Chittashuddi)***
- 3.Senses (Indriyashuddi)***
- 4.Prana (Pranashuddi)***
- 5.Harmony and Peace in the society (SamajHitah)***

**Response:**

????? ?????????????????? ???????

????? ??????????? ?????????????? ??????? ?

????????? ?????????????????????? ?????????????????? ???????

????? ??????? ?????????? ??????? ? ? ? ?????????? ?

? ??????? ??????? ??????? ?

May peace radiate there in the whole sky as well as in the vast ethereal space everywhere. May peace reign all over this earth, in water and in all herbs, trees and creepers. May peace flow over the whole universe. May peace be in the Supreme Being Brahman. And may there always exist in all peace and peace alone. Aum peace, peace and peace to us and all beings! – Yajur Veda

Yogrishi Pujya Swamiji Maharaj, the Chancellor and Ayurveda Shiromani Pooja Acharya Shri, the founding Vice-Chancellor set the foundation stone of the University of Patanjali, and established Patanjali Yog Peeth, in the name of Maharishi Patanjali, the chief guide of Yoga with the objective of promoting universal peace and harmony

At the University of Patanjali, all our students perform 1:30 hours of Yoga, under which the practical training of Yama, Niyama i.e., non-violence, truth, celibacy, abstinence, sanitation, satisfaction, penance, self-study and complete surrender is provided to the students.

Students of UoP go to the nearby villages and when they go to their homes during the summer and autumn vacations and they organize yoga camps in their own villages and also preach about peace and harmony so that the social awareness increases.

From time to time, University of Patanjali also organizes workshops for yoga. Recently in 2022 a workshop was organised in the company of Pujya Murari Babu Ji which was for 10 days and the students participated in the yoga and received knowledge about the deep secrets of Yoga through Pujya Murari Babu Ji. Many such learned scholars are invited to Patanjali University for workshops throughout the year so that the students can easily experience peace and harmony in a similar way and contribute to the establishment of a peaceful and harmonious nation.

Panch Kosha have been described of our personality in our scriptures which are respectively Annamaya Kosha (Physical body), Pranamaya Kosha (Energetic body), Manomaya Kosha (Mental body), Vigyanmaya Kosha (emotional/Psychic body) and Anandmaya Kosha (Spiritual body) out of which Annamaya Kosha is the symbol of body purification under which the body is kept pure through yoga asanas. Following purity of food and divine stability.

The students are taught to memorize scriptures that have several mental benefits. A huge library of Sattvic texts is present at our university where students can study the Sattvic texts where they can concentrate on the purification of their mind and for the purification of our lives, we practice Pratyahara and the students are made to practice Pranayam for half an hour daily so that their souls can be purified too.

Similarly, special training is provided by Pujya Swamiji Maharaj and Pujya Acharya Shree to impart special knowledge of Annamaya, Pranamaya, Manomaya, Vigyanmaya and Koshas respectively, so that their five cells can be purified. Students, such trained become champions of peace and harmony sowing seeds for a civilised society.

File Description	Document
Policy / records on inbuilt mechanism to promote harmony and peace across the above enlisted dimensions	<a href="#">View Document</a>
List /activities showcasing various activities towards promoting promote harmony and peace (with photographs)	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

## 7.5 Yoga for Youth

### 7.5.1

*How far is the Institution aligned to Swami Vivekananda's and other Yoga Gurus philosophies and teaching towards empowering the youth for national development through Yoga? Explain*

**Response:**

University of Patanjali (UoP) is an expression of the divine visions of Swami Ramdevji and Acharya Balkrishnaji to institute a center for an integral education blending all spectrums of Vedic wisdom and scientific knowledge that are essential to empower the youth for nation development.

- Imbued with the feeling of “*Yogah karmasu kaushalam*” University of Patanjali which was founded in the year 2006, today is determent to assimilate all the amplitude directed by our sages.
- Our ancient and scientific methodology such as Yoga, Yajna and Ayurveda are the pivotal pillars of this university.
- In this scientific era of 21st century UoP by its various activities is playing a lead role in giving Yoga, Yajna, Ayurveda and Indian culture a global accreditation.
- Patanjali University is such an educational institution where the day break starts with Yoga and is forever determent to personify in its students the declaration of our sages “*n?sti yog?t para? balam*” “*n?sti yogasama? balam*”. “*yog??g?nu??h?n?da?uddhik?aye*



jñānaḥ pūrvaḥ vivekaḥ khyātiḥ” .

- Continuous practice of Yoga removes all impurities of life and ignites the heart and mind with divine emotions and knowledge. To transform sage Patanjali’s sutra to reality we are not only enhancing the mental ability of our students but through yoga we are physically, mentally, intellectually, socially and spiritually developing them because the citizens of any country constitute its basic units and when every citizen of a country is well educated and morally established, the nation swiftly starts accelerating on the path of development and progress.
- University of Patanjali strives not only to inspire students within the university but works to spread the knowledge of Yoga and Health across the country. For example, in on the International Yoga Day in the year 2022, yoga-oriented events were organized across 75 iconic sites across the country.
- Respected chancellor of UoP Param Pujya Shraddheya Swamiji Maharaj considering the productivity and necessity of Yoga, every day at 05:00 AM appears on Aastha TV doing Yoga and has been helping millions of people since 2000.
- More than every day’s routine, Yoga is a skill to live a healthy life. It is not only twisting and turning of bodies but it’s a divine knowledge to upgrade the life and Patanjali University has embodied this thought in the community through its diligent students.
- India is a young country that is we have greater percentage of youth in India and when every university like Patanjali would encapsulate Yoga in its premises, the nation would vibrantly rise as a Yogic nation too.

The type of India that Swami Vivekananda and Maharshi Dayananda dreamt off, Patanjali University, to turn this dream to reality is incessantly working to uplift the character and the spiritual awareness of its students and hence turning them into conscious citizens of the rising India.

File Description	Document
Records with measurable indicators on the impact amongst youth (within & outside the institution) through the interventions of the department	<a href="#">View Document</a>
Policy /records on showcasing its alignment to various Yoga Guru/s / philosophy/s towards youth empowerment	<a href="#">View Document</a>
List /narratives showcasing various activities on youth empowerment (with photographs)	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

### 7.5.2

**Institution contributes in empowering its students w.r.t to the following**

- 1.creativity**
- 2.productivity**
- 3.civic sense**

- 4.patriotism
- 5.spiritual growth
- 6.Any other

**Response:**

**Institution contributes in empowering its students w.r.t to the following**

- 1.creativity
- 2.productivity
- 3.civic sense
- 4.patriotism
- 5.spiritual growth
- 6.Any other

**Response:**

Imbued with the feeling of (???? ?????? ??????) and (????????? ??? ??????), UoP's aim is not only to educate the students about the ancient and scientific knowledge contained in Yoga, Yajna and Ayurveda, but also to uplift the intellect and emotions of students.

## **CREATIVITY**

Skills make a person versatile. Students are introduced to various skills that are complementary to Ayurvedic and Yogic treatment such as Acupressure, Acupuncture, Pranic Healing, Marma therapy etc. Workshops for the same are held in the university from time to time. Yoga asanas are of course integral to the curriculum. However, students develop various skills through practice which they demonstrate in different yoga competitions. As an example, a student of the university has excelled in performing Yoga on a skate board.

## **PRODUCTIVITY**

The number of students who have qualified for NET and JRF is a demonstrating proof of the productivity

of students. The pass percentage of students is also high which clearly demonstrates that the productivity of education obtained by students is remarkable and satisfying.

## CITIZENSHIP

Rashtra Dharma is given utmost importance in the university. Duty towards one's mother land makes a person a true citizen. There are several occasions when the students are sent to different sites and states to learn about the diversity of local people and their traditions and understand the differences and be more accepting and appreciative because a true citizen is the one who works for everyone without any discrimination.

## SPIRITUAL ENHANCEMENT

Oneness, coexistence, harmony, love - these are real jewels of life and they could incontrovertibly be enhanced through spirituality. When a person starts accepting the truth that he is the manifestation of divinity and everyone in the world is worth loving, he attains spiritual wisdom. Students at UoP receive this wisdom through a carefully drawn up curriculum where these virtues are instilled in them so that they interact and engage with one another and appreciate and accept everyone, work for everyone and start living for everyone without any differences that are based on caste, cult, creed, culture, country and custom. This is the basis on which the institution is founded and the reason for which UoP works and stands and works.

File Description	Document
Records with measurable indicators on the impact amongst students through the ticked interventions by the department	<a href="#">View Document</a>
Policy / records showcasing its contribution in empowering students each on the ticked options • List /narratives showcasing various activities	<a href="#">View Document</a>
List /narratives showcasing various activities on departmental contribution in empowering students each on the ticked options	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>

### 7.5.3

***Institution has standardized mechanism/protocol to facilitate and measure the overall wellbeing and transformation amongst students.***

#### **Response:**

University of Patanjali uses a range of parameters to facilitate and measure the overall wellbeing and transformation of its students.

### **Special events and Programmes**

- The university organizes various programmes such as International Yoga Day provides opportunity to students to hone their organizing, social skills and also take pride being part of an international event.
- During Yoga Camps and such events, students take on different roles that boost their self-confidence as well as understand accountability and responsibility towards one's work.

### **Vacation activities at home**

- Students are encouraged to continue the practices of Yoga and Yajna along with their families and friends, when they go home during summer and autumn vacations; they thus promote our culture and traditions in their homes/villages too.
- They practice healing techniques and yoga therapies on patients and develop the spirit of charity and social service which in turn provide them with a sense of satisfaction.

### **Workshops and Seminars:**

- Workshops and seminars are regularly organized in the university, where renowned scholars from within and outside the country are invited.
- These interactions provide students different perspectives on culture, tradition, history, philosophy, science etc. enabling intellectual development of the students. Such events are organized on a monthly basis.

### **Cleanliness campaign**

- In our Ashta Yoga, cleanliness is considered as the first point. Personal hygiene as well as cleanliness of our surroundings is given utmost importance. This means an individual has to take care of one's body as well as one's surroundings.
- Keeping our surrounding clean and safe guarding pristine Nature is important to safeguard our life. University conducts several cleanliness campaigns in neighboring villages to educate people to keep their villages and surroundings clean.
- Our surroundings include our waterbodies such as rivers. Keeping them clean is directly linked to our survival. Students of the university participated in Ganga Cleanliness Campaign and contributed to cleaning one of the holy rivers of the country.

### **Educational Tour**

- Every year, UoP arranges educational tour for the benefit of the students.
- Respective faculty plan visits to various historical, traditional and spiritual places of the country, to enable students to appreciate the diversity of this country and also develop nationalism.
- In the process of understanding this great nation and the leaders who have built it, it is hoped that

they too can commit themselves to nation building.

### Herbal Garden Tour

- UoP is home to an International Herbal Garden, where about 6000 types of herbs and plants exist.
- Student benefit from a regular tour to this garden to obtain direct knowledge about these plants and their benefits in Ayurveda tradition.
- This sensitizes them about their rich heritage and the need to protect them and sow seeds for a healthy life.

Therefore, through the above, the institute motivates students with divine transformation in the physical, mental and spiritual i.e., all-round development of the students, so that they can play an important role in their own development and for the welfare of the society, the nation and the world.

File Description	Document
Records with measurable indicators on the overall wellbeing and transformation among students	<a href="#">View Document</a>
Policy / records showcasing standardized mechanism/protocols on bringing about overall wellbeing and transformation	<a href="#">View Document</a>
List /narratives showcasing various activities in bringing overall wellbeing and transformation	<a href="#">View Document</a>

## 7.6 Application of Yoga

### 7.6.1

*Institution ensures that the various yogic principle /philosophy/ tools/techniques/practices etc is relevant in terms of its application across*

*a. various segments of the society (e.g. Geriatrics, women, children, Corporate etc)*

*b. dimensions of health (physical, psycho-socio-mental, wellbeing) and performance etc.,*

#### Response:

University of Patanjali is an institution that authentically follows the Ashtanga-Yoga enunciated by Maharshi Patanjali. Additionally, a very deep and meaningful knowledge of Jnanayoga, Bhaktiyoga, Karmayoga, Hathayoga and Mantrayoga is also taught here. To develop various philosophical outlook among students, yogic principals of different acharyas and ascended gurus are genuinely taught here. Names of some of such yogis are –

- Maharshi Patanjali
- Maharshi Vedavyasa
- Maharshi Kapil
- Acharya Shankar
- Maharshi Dayanand Saraswati
- Swami Vivekananda
- Maharshi Arobindo
- Maharshi Ramana

There is no incredulity in the fact that a healthy citizen builds a healthy family and a healthy family is the root to building a healthy community and a healthy nation. Therefore, impact of Yoga is truly significant for the elevation of all segments of the society. The institution has the fortune of having a Ayurvedic hospital in its premises that gives the students an opportunity to interact with patients from diverse background who include senior citizens, women, children and corporate employees. Students get a hands-on exposure to the impact of yoga on these diverse population.

- Regular practice of Yoga brings glow to the skin in the elderly. It also brings flexibility to the vertebral column and makes the joints supple that get stiff due to old age. Continuous practice keeps the elderly energetic; Surya-Namaskara which is basically a combination of twelve asanas brings vitality to the body. It's also an anti-aging practice that keeps the body fit and healthy.
- Yoga also provides a great health to women. Very often an uprise of health disorder is seen in women and overwork, stress and anxiety are some of the main reasons behind this. Yoga is a soul way to eliminate of all sorts of mental and physical imbalances from body and tune it to a healthy mode condition. Some asanas such as Surya-namaskara, Supta-vajrasana, Sarvangasana, Dhanurasana and Uttanapadasana are indeed beneficial for women and keep them active throughout the day.
- Yoga makes children highly active and keeps their body supple. It also improves their immune system and prepares the body to fight various disease.
- Yoga is beneficial to working professionals as it regulates mind and helps conduct work in an efficient manner and thereby lead a stress free and cheerful life.

All these aforementioned statements are practiced and spread worldwide by our institution through Patanjali Yoga Teachers Training & Certification Board, lacs of teachers have been trained in Yoga at different levels and make a major impact on the health of different sections of society.

File Description	Document
Records with measurable indicators on the overall impact of various Yogic Principles/Philosophy/tools etc across various segments and health dimensions	<a href="#">View Document</a>
Records showcasing activities of various Yogic Principles /Philosophy/tools etc across various segments and health dimensions	<a href="#">View Document</a>
Policy /circular showcasing the outreach of various Yogic principles etc spread across various segments and health dimensions	<a href="#">View Document</a>

### 7.6.2

***Attempts made to implement Krida Yogato enhance the overall performance and efficiency of students as regular activity***

#### **Response:**

A well-balanced curriculum is ensured by the university for the development of the overall performance and efficiency of the students. A variety of sports, yoga and recreational activities forms an integral part of the curriculum.

The university has sufficient sports infrastructure for outdoor games (Athletics, Basketball, Volleyball, Handball, Kabadi and Kho-Kho), indoor games (Badminton, Yoga, Table-Tennis), Gymnasium (Fitness apparatus, Recreational activities like carom) which are quite interesting and student friendly.

University of Patanjali prides itself on its state-of-the-art sports facilities, which are available to all students our students have consistently show cased their Athletic power by participating and excelling in Inter-university and Inter-college sporting events, bringing great pride to our university. Their hard work and dedication have led to many victories and accolades over the years, with several students even competing at the state and national levels.

Apart from that our university regular yoga practices and meditation classes for every student and all faculty members including higher Authorities in order to enhance their physical and mental health. Trained yoga instructors and physical education coaches motivate the students to maintain their physical fitness for mental health and to have better performance in academics and sports.

The university encourage students to participate in various competitions and they are allowed to take leave on such occasions. Students are provided with uniforms and materials for participating in sports competitions. Yoga is process of all round personality development physical, mental, emotional and spiritual. Games play on important part in this process, Games (Krida) will turn into yoga, if we keep

constant awareness while playing which in turn will bring love, harmony, peace and bliss. Various games that enhance our body mind functioning, brain games to enhance cognitive and attentiveness of mind. krida and yoga help in improving the reflex and sensitivity of Body Neuromuscular Co-ordination for sports persons and better special awareness in daily tasks.

Krida Yoga combines the art of wellness for the students as regular activity, the joy of recreation and the potential of learning by means of yogic exercises, subtle body movements and traditional native games.

UoP opines Krida Yoga to be a part of the university curriculum for reduction of stress and academic anxiety. Moreover, yogic games of this kind facilitate the wellbeing of our youth thereby maintaining social harmony and peace within the community.

<b>File Description</b>	<b>Document</b>
Records with measurable indicators on the overall impact of Yoga activities amongst sports personnel	<a href="#">View Document</a>
Records showcasing activities on outreach of Yoga across sports personnel	<a href="#">View Document</a>
Policy /circular towards implementation of Yoga for sports person	<a href="#">View Document</a>
Any other relevant / supporting information	<a href="#">View Document</a>



## 5. CONCLUSION

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### **Additional Information :**

Modernization of conventional classrooms has been undertaken through introduction of ICT enabled classrooms. The infrastructure of the University is sensitive to the requirements of differently abled students and staff members by introduction of ramp and elevator. Apart from regular under-graduate courses the University offers add-on and certificate courses to facilitate the all round development of students. In order to alleviate the rigours of a demanding University curriculum, the students are encouraged to participate in various co-curricular and extra-curricular activities. Vital focus of the University is in the formation of Inter Complaints Committee (ICC) as per UGC guidelines to deal with cases, if any, of sexual harassment of students and staff members and to ensure their safety and security within the University campus. The Governing Body of the University works in close cooperation with the Vice Chancellor, Pro-Vice Chancellor, Registrar, Staff and different committees to regulate and maintain an amicable and scholastic environment. University of Patanjali has an active NSS and NCC unit as part of its social extension programmes. The University takes pride in environment-based activities to create holistic consciousness among students and staff.

### **Concluding Remarks :**

The self-study report has attempted to provide as extensive and objective, a picture of the University as possible as would be. The SSR reflects the evolution of the university, the current thinking and practices of the university, as well as its plans and aspirations. It represents an attempt to undertake an analytical and critical introspection by the University which has led to an enhanced understanding of many issues, concerns, potential and insights. It is hoped that the SSR will serve well the purpose of providing a comprehensive overview of the University.

As a part of the NAAC accreditation process, University of Patanjali(UoP) is submitting the SSR prepared by IQAC and approved by the Academic Council of the University. The University pioneered successful implementation of the flexible Choice Based Credit System (CBCS) in all the programmes. The industry integrated curriculum, with focus on employability and human values coupled with innovative pedagogical techniques for course delivery, is the touchstone of the excellent academic system at UoP. As a research and innovation driven University, UoP has state-of-the-art infrastructure facility with ICT. This is reflected in the research publications and growing number of patents of the University. UoP is a smart green campus equipped with 200 mbps Wi-Fi, spacious air-conditioned lecture theatres, sports facilities, Hi-Tech laboratories, Library, multiple auditoria, studios and commercial complex for residents. University of Patanjali is committed to nation building and holistic development of students through rich learning experiences, providing them opportunity for research and entrepreneurship thereby contributing to the growth of nation and society.

## 6.ANNEXURE

### 1.Metrics Level Deviations

Metric ID	Sub Questions and Answers before and after DVV Verification																				
1.1.3	<p><b><i>Percentage of programs where syllabus revision was carried out during the last five years</i></b></p> <p>1.1.3.1. Number of Programs in which syllabus was revised out of the total number of Programs during the last five years (excluding repeat count)            Answer before DVV Verification : 16            Answer after DVV Verification: 16</p>																				
1.2.5	<p><b>Ratio (in terms of percentage) of the Theory (T) to Practicals (P) considered for designing the curriculum for various programs offered by the institution during the last 5 years</b></p> <p>Answer before DVV Verification : B. 60:40            Answer After DVV Verification: A. 50:50</p>																				
1.2.7	<p><b>Percentage of fulltime teachers participating in BoS /Academic Council during the last five years</b></p> <p>1.2.7.1. <b>Number of fulltime teachers participating in BoS /Academic Council during the last five years (excluding repeat count):</b>            Answer before DVV Verification : 26            Answer after DVV Verification: 38</p>																				
1.3.2	<p><b><i>Percentage of courses which are offered as trans-disciplinary electives during the last five years.</i></b></p> <p>1.3.2.1. <b>Number of courses which are offered as trans-disciplinary electives(excluding repeat count):</b>            Answer before DVV Verification : 92            Answer after DVV Verification: 421</p> <p>Remark : Revision as per supporting data attached and EP 3.1.</p>																				
1.4.3	<p><b><i>Percentage of students enrolled in the courses / program listed 1.4.2 during the last five years</i></b></p> <p>1.4.3.1. Number of students enrolled in the courses / program listed <b>1.4.2</b> during the last five years            Answer before DVV Verification : 286            Answer after DVV Verification: 286</p> <p>1.4.3.2. Number of students across all programs            Answer before DVV Verification:</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td>99</td> <td>39</td> <td>39</td> <td>31</td> <td>78</td> </tr> </tbody> </table> <p>Answer After DVV Verification :</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	2021-22	2020-21	2019-20	2018-19	2017-18	99	39	39	31	78	2021-22	2020-21	2019-20	2018-19	2017-18					
2021-22	2020-21	2019-20	2018-19	2017-18																	
99	39	39	31	78																	
2021-22	2020-21	2019-20	2018-19	2017-18																	

99	39	39	31	78
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1.4.5	<p><b><i>Percentage of courses in the programs having direct bearing to the preventive, curative and palliative aspects of health and well-being (physical, emotional, mental &amp; spiritual) of the students as well as the society at large.</i></b></p> <p><b>1.4.5.1. Number of courses in the institution having direct bearing to the preventive, curative and palliative etc. during the last five years(excluding repeat count):</b>          Answer before DVV Verification : 152          Answer after DVV Verification: 421</p> <p>Remark : Revision as per EP 3.1.</p>																				
1.5.2	<p><b><i>Feedback process of the institution may be classified as follows: (Opt one)</i></b></p> <p>Answer before DVV Verification : A. Feedback collected, analysed and consolidated action taken on feedback for last five years available on website          Answer After DVV Verification: A. Feedback collected, analysed and consolidated action taken on feedback for last five years available on website</p>																				
2.1.1	<p><b><i>Percentage of seats filled against seats reserved for various categories as per GOI / State Govt. norms /applicable reservation policy in the latest completed academic year</i></b></p> <p><b>2.1.1.1. Number of students admitted from the reserved categories in the latest completed academic year:</b>          Answer before DVV Verification : 222          Answer after DVV Verification: 222</p> <p><b>2.1.1.2. Number of seats earmarked for reserved categories as per the GOI or state govt. norms in the latest completed academic year:</b>          Answer before DVV Verification : 308          Answer after DVV Verification: 375</p> <p>Remark : Revised values as per supporting data</p>																				
2.1.2	<p><b><i>Average Enrolment percentage (Average of last five years)</i></b></p> <p>2.1.2.1. Number of students admitted year-wise during the last five years          Answer before DVV Verification:</p> <table border="1" data-bbox="304 1720 1046 1854"> <tr> <td>2021-22</td> <td>2020-21</td> <td>2019-20</td> <td>2018-19</td> <td>2017-18</td> </tr> <tr> <td>622</td> <td>419</td> <td>408</td> <td>402</td> <td>639</td> </tr> </table> <p>Answer After DVV Verification :</p> <table border="1" data-bbox="304 1933 1046 2067"> <tr> <td>2021-22</td> <td>2020-21</td> <td>2019-20</td> <td>2018-19</td> <td>2017-18</td> </tr> <tr> <td>598</td> <td>387</td> <td>347</td> <td>355</td> <td>527</td> </tr> </table>	2021-22	2020-21	2019-20	2018-19	2017-18	622	419	408	402	639	2021-22	2020-21	2019-20	2018-19	2017-18	598	387	347	355	527
2021-22	2020-21	2019-20	2018-19	2017-18																	
622	419	408	402	639																	
2021-22	2020-21	2019-20	2018-19	2017-18																	
598	387	347	355	527																	

**2.1.2.2. Number of sanctioned seats year wise during last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
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**2.1.3 Percentage of students enrolled from other states and countries during the last 5 years****2.1.3.1. Number of Students from other states and countries enrolled in the institution during the last 5 years:**

Answer before DVV Verification : 1855

Answer after DVV Verification: 1855

**2.1.3.2. Total number of students enrolled (newly admitted)in the institution during the last 5 years:**

Answer before DVV Verification : 2490

Answer after DVV Verification: 2461

**2.3.5 Ratio of Students to Mentor(data for the latest completed academic year)****2.3.5.1. Number of mentors ?????????????? ???????**

Answer before DVV Verification : 27

Answer after DVV Verification: 52

Remark : Revised values as per attached supporting data provided

**2.5.1 Percentage of fulltime teachers against sanctioned posts appointed in the institution during the last five years****2.5.1.1. Total number of sanctioned posts in the institution during the last five years (excluding repeat count):**

Answer before DVV Verification : 98

Answer after DVV Verification: 87

**2.5.2 Percentage of fulltime teachers with Ph.D./MD/MS/D.Sc./D.Litt./any other similar in the institution****2.5.2.1. Number of fulltime teachers with Ph.D./MD/MS/D.Sc./D.Litt./any other similar in the institution(excluding repeat count):**

Answer before DVV Verification : 34

Answer after DVV Verification: 35

**2.5.3 Percentage of the full time teachers in the institution being recognized as Ph.D guides as per the eligibility criteria stipulated by the Regulatory Councils / Universities during the last five years****2.5.3.1. Number of the full time teachers in the institution being recognized as Ph.D guides as per the eligibility criteria stipulated by the Regulatory Councils / Universities during the last five years (excluding repeat count):**

Answer before DVV Verification : 31

Answer after DVV Verification: 10

	Remark : Revid values as per attached supporting data by HEI					
2.5.4	<p><b><i>Average teaching experience of fulltime teachers in number of years (latest completed academic year)</i></b></p> <p><b>2.5.4.1. Total teaching experience of fulltime teachers in number of years:</b>  Answer before DVV Verification : 190  Answer after DVV Verification: 633.7</p>					
2.5.5	<p><b><i>Percentage of fulltime teachers trained for development and delivery of e-contents / e-courses during the last 5 years</i></b></p> <p><b>2.5.5.1. Number of fulltime teachers trained for development and delivery of e-contents / e-courses during the last 5 years (excluding repeat count):</b>  Answer before DVV Verification : 55  Answer after DVV Verification: 52</p>					
2.5.6	<p><b><i>Percentage of fulltime teachers who received awards, recognitions, fellowships for excellence in teaching, student mentoring, scholarships, professional achievements and academic leadership at State, National, International levels from Government / Government-recognized agencies / registered professional associations during the last five years</i></b></p> <p><b>2.5.6.1. Total number of teachers who received awards, recognitions, fellowships for excellence in teaching, student mentoring, scholarships etc., (excluding repeat count):</b>  Answer before DVV Verification : 12  Answer after DVV Verification: 12</p>					
2.6.3	<p><b><i>The institution has the following (choose the appropriate) mechanism/s in place towards redressal of examination related grievances during the last 5 years.</i></b></p> <p>Answer before DVV Verification : A. Double valuation/Multiple valuation with appeal process for re-totaling/revaluation and access to answer script  Answer After DVV Verification: A. Double valuation/Multiple valuation with appeal process for re-totaling/revaluation and access to answer script</p>					
2.6.5	<p><b><i>Examination division automated based on the Examination Management System (EMS)</i></b></p> <p>Answer before DVV Verification : A. 100% automation of entire division &amp; implementation of Examination Management System (EMS)  Answer After DVV Verification: A. 100% automation of entire division &amp; implementation of Examination Management System (EMS)</p>					
3.1.4	<p><b><i>The institution provides seed money to its teachers for undertaking research initiatives during the last five years(average for five year; INR in lakhs)</i></b></p> <p><b>3.1.4.1. The amount of seed money provided by institution to its faculty year - wise during the last five years(INR in lakhs)</b>  Answer before DVV Verification:</p> <table border="1"> <tr> <td>2021-22</td> <td>2020-21</td> <td>2019-20</td> <td>2018-19</td> <td>2017-18</td> </tr> </table>	2021-22	2020-21	2019-20	2018-19	2017-18
2021-22	2020-21	2019-20	2018-19	2017-18		

2.0	1.23	0.94	1.02	0.65
-----	------	------	------	------

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
5	5	5	5.25	5

3.1.5	<p><b><i>Percentage of teachers awarded national / international fellowship / financial support for advanced studies/collaborative research participation in Indian and Overseas Institutions during the last five years.</i></b></p> <p><b>3.1.5.1. Number of teachers awarded national / international fellowship / financial support for advanced studies / collaborative research participation in Indian and Overseas Institutions during the last five years (excluding repeat count):</b>          Answer before DVV Verification : 4          Answer after DVV Verification: 4</p>
3.1.6	<p><b><i>Number of JRFs, SRFs, Post Doctoral Fellows, Research Associates and other research fellows in the university enrolled during the last five years</i></b></p> <p>Answer before DVV Verification :          Answer After DVV Verification :81          Remark : Revised values as per attached supporting data</p>
3.2.1	<p><b><i>Grants received for research projects sponsored by government and non-government sources such as industry, corporate houses, international bodies, endowments, professional associations, endowment-Chairs etc., in the institution during the last five years(INR in Lakhs)</i></b></p> <p>Answer before DVV Verification : 2629.21          Answer After DVV Verification :2848.11</p>
3.2.2	<p><b><i>Funding for psychosomatic domains and clinical research in the following areas by government and / or nongovernment agencies</i></b></p> <ol style="list-style-type: none"> <li><b>1. Research projects</b></li> <li><b>2. Clinical trial</b></li> <li><b>3. Development of Yoga protocols</b></li> <li><b>4. Standardizations of tools</b></li> </ol> <p>Answer before DVV Verification : A. All the above          Answer After DVV Verification: A. All the above</p>
3.3.2	<p><b><i>Workshops/seminars etc. conducted on the following during the last five years</i></b></p> <ol style="list-style-type: none"> <li><b>1. Intellectual Property Rights</b></li> <li><b>2. Research methodology</b></li> <li><b>3. Good clinical practice</b></li> <li><b>4. Research Grant writing</b></li> <li><b>5. Industry-Academia Collaborations</b></li> </ol>

	<p><b>6. Any other (Ex: scientific writing/ standardization of tools and techniques /Yoga protocol etc)</b></p> <p>Answer before DVV Verification : A. Any 4 and above Answer After DVV Verification: A. Any 4 and above</p>
3.3.3	<p><b>Number of awards / recognitions received for innovation / discoveries by the institution / teachers/research scholars/students from Government and Government-recognized agencies during the last five years</b></p> <p>Answer before DVV Verification : 54 Answer After DVV Verification :14</p>
3.3.4	<p><b>Number of start-ups incubated by the institution during the last five years (one start up to be counted only once during the last five years)</b></p> <p>Answer before DVV Verification : 6 Answer After DVV Verification :5</p>
3.4.1	<p><b>The Institution has stated Code of Ethics for research and its implementation / dissemination of which is ensured by way/s of the following:</b></p> <ol style="list-style-type: none"> <li><b>1. Research methodology including research ethics as an integral part of the curriculum</b></li> <li><b>2. Research ethics committee</b></li> <li><b>3. Plagiarism policy and standard checks</b></li> <li><b>4. Research Publication guidelines committee</b></li> </ol> <p>Answer before DVV Verification : A. All of the above Answer After DVV Verification: A. All of the above</p>
3.4.2	<p><b>The institution provides incentives for teachers who receive state, national or international recognitions/awards in research by way/s of the following</b></p> <ol style="list-style-type: none"> <li><b>1. Commendation and monetary incentive at a University function</b></li> <li><b>2. Commendation and medal at a University function</b></li> <li><b>3. Certificate of honor</b></li> <li><b>4. Announcement in the Newsletter / website</b></li> </ol> <p>Answer before DVV Verification : A. All of the above Answer After DVV Verification: A. All of the above</p>
3.4.3	<p><b>Number of awards/medals received by teachers / research scholars / students for outstanding performance in yoga and trans-disciplinary domains at state / national / international levels during the last five years</b></p> <p>Answer before DVV Verification : 5 Answer After DVV Verification :4</p>
3.4.4	<p><b>Number of Patents&amp; / Copyrights published / awarded during the last five years</b></p> <p>Answer before DVV Verification : 16</p>

	Answer After DVV Verification :16																				
3.4.5	<p><b>Number of Ph.D Degree awarded per eligible teacher of the institution during the last five years</b></p> <p>3.4.5.1. <b>How many Ph.Ds were awarded during the last 5 years(excluding repeat count):</b>            Answer before DVV Verification : 21            Answer after DVV Verification: 40</p> <p>3.4.5.2. <b>Total number of teachers recognised as Ph.D guides in the institution during the last 5 years (excluding repeat count):</b>            Answer before DVV Verification : 16</p>																				
3.4.6	<p><b>Average number of research papers per fulltime teacher published in approved list of Journals notified on UGC CARE / journals indexed in Scopus /Medline /Web of Science during the last five years</b></p> <p>3.4.6.1. <b>Number of research papers per fulltime teachers published in approved list of Journals notified on UGC CARE / journals indexed in Scopus / Medline / Web of Science during the last five years (excluding repeat count):</b>            Answer before DVV Verification : 238            Answer after DVV Verification: 238</p>																				
3.4.7	<p><b>Average number of books/ chapters in edited volumes and papers in National/International conference-proceedings published by full time teachers in the institution during the last five years</b></p> <p>3.4.7.1. <b>Number of books/ chapters in edited volumes and papers in National/International conference-proceedings published by full time teachers in the institution during the last five years (excluding repeat count):</b>            Answer before DVV Verification : 95            Answer after DVV Verification: 92</p>																				
3.5.3	<p><b>Revenue generated from consultancy projects during the last five years(INR in Lakhs)</b></p> <p>3.5.3.1. <b>Total amount generated from consultancy projects year-wise during the last five years (INR in lakhs)</b>            Answer before DVV Verification:</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td>0</td> <td>0.21</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <p>Answer After DVV Verification :</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td>.25</td> <td>.25</td> <td>.20</td> <td>.20</td> <td>.20</td> </tr> </tbody> </table> <p>Remark : Revision as per supporting data</p>	2021-22	2020-21	2019-20	2018-19	2017-18	0	0.21	0	0	0	2021-22	2020-21	2019-20	2018-19	2017-18	.25	.25	.20	.20	.20
2021-22	2020-21	2019-20	2018-19	2017-18																	
0	0.21	0	0	0																	
2021-22	2020-21	2019-20	2018-19	2017-18																	
.25	.25	.20	.20	.20																	
3.6.1	<p><b>Total Number of extension and outreach activities such as awareness programs/camps, rehabilitation campaigns, Tele-conferences, counseling, natural /human resource development programs etc. conducted in collaboration with industry, Government during the last five years</b></p>																				



**3.6.1.1. Number of extension and outreach activities such as awareness programs/camps, rehabilitation campaigns, Tele-conferences, counseling, natural /human resource development programs etc. conducted in collaboration with industry, Government during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
13	12	12	10	10

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
14	13	13	11	11

**3.6.3 Total Number of awards and recognitions received for extension and outreach activities from Government / other recognized bodies during the last five years**

**3.6.3.1. Number of awards and recognitions received for extension and outreach activities from Government / other recognized bodies during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
11	0	9	16	8

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
2	0	5	11	8

**3.6.5 Average percentage of students and faculties participated in the celebration of International Day of Yoga (IDY) by various government / non governmental agencies / institutions / organizations during the last five years**

**3.6.5.1. Total number of students and faculties participated in the celebration of International Day of Yoga (IDY) conducted by various government / non governmental agencies / institutions / organizations during last 5 years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
516	503	228	381	321

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
516	503	228	381	321

**3.7.1 Number of Collaborative activities in areas of research, faculty exchange, student exchange/**

	<p><b><i>Industry-internship etc. during the last five years</i></b></p> <p>Answer before DVV Verification :  Answer After DVV Verification :27  Remark : Revision excluding activities beyond the assessment period</p>
3.7.2	<p><b>Number of functional MoUs / linkages with institutions / industries/ bilateral &amp; multilateral agencies in India and abroad for academic, clinical training / internship, on-the-job training, project work, student / faculty exchange, collaborative research programmes etc. during the last five years (excluding repeat count):</b></p> <p>Answer before DVV Verification :  Answer After DVV Verification :27  Remark : Revision as per MoUs within years to be considered</p>
4.2.3	<p><b><i>Average number of patients addressed as outpatients / inpatients in the clinical unit (if applicable)during the last five years (MIS)</i></b></p> <p>4.2.3.1. <b>Number of patients addressed as outpatients / inpatients in the clinical unit (if applicable)during the last five years (MIS)</b>  Answer before DVV Verification : 12912  Answer after DVV Verification: 12912</p>
4.3.2	<p><b><i>Total number of resources (hard copy)such as reference volumes /ancient books /texts / manuscripts /monographs /other books /research reports etc., procured during the last the five years</i></b></p> <p>Answer before DVV Verification : 7925  Answer After DVV Verification :7900</p>
4.3.5	<p><b><i>The e-content /resource platforms used by the teachers</i></b></p> <ol style="list-style-type: none"> <li>1. <b><i>e-PG-Pathshala</i></b></li> <li>2. <b><i>CEC (Under Graduate)</i></b></li> <li>3. <b><i>SWAYAM</i></b></li> <li>4. <b><i>Other MOOCs platforms</i></b></li> <li>5. <b><i>Institutional LMS</i></b></li> <li>6. <b><i>Any Other government initiative</i></b></li> </ol> <p>Answer before DVV Verification : A. Four or more of the above  Answer After DVV Verification: A. Four or more of the above</p>
4.4.1	<p><b><i>The classrooms and seminar halls with ICT - enabled facilities</i></b></p> <p>Answer before DVV Verification : A. Best suitable facilities such as LCD, Wi-Fi/LAN, Smart board, Video conference, digital podium, mobile technology etc  Answer After DVV Verification: A. Best suitable facilities such as LCD, Wi-Fi/LAN, Smart board, Video conference, digital podium, mobile technology etc</p>
4.5.2	<p><b><i>Average Percentage of expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component during the last five years (INR in lakhs)</i></b></p>

**4.5.2.1. Expenditure incurred on maintenance of physical facilities and academic support facilities excluding salary component for the institution yearwise during the last five years (INR in lakhs)**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
16.42	0.54	1.87	0.99	1.72

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
16.42	0.54	1.87	0.99	1.72

**5.1.2 Average percentage of students benefited by scholarships /free ships / fee waivers by Government / Non-Governmental agencies / Institution during the last five years**

**5.1.2.1. Number of students benefited by scholarships / free ships / fee waivers by Government / Non-Governmental agencies / Institution during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
298	53	186	264	316

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
364	53	486	264	278

**5.1.4 Average percentage of students benefited by guidance for competitive examinations and career advancement interventions during the last five years**

**5.1.4.1. Number of students benefited by guidance for competitive examinations and career advancement interventions during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
90	80	107	271	166

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
91	80	107	271	166

**5.2.2 Average Percentage of students qualifying in state/ national/ international level examinations during the last five years**

(eg: NET/SLET/GATE/GMAT/CAT/TOEFL/AYUSH-NET/AICTE/ Civil Services/Defense /UPSC/State and Central government examinations/ etc.,)

5.2.2.1. **Number of students qualifying in state/ national/ international level examinations (eg: NET/SLET/GATE/GMAT/CAT/GRE/TOEFL/ Civil services/State government examinations) year-wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
15	0	41	23	21

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
14	16	25	11	8

5.2.2.2. **Number of students appearing in state/ national/ international level examinations (eg: NET/SLET/GATE/GMAT/CAT/GRE/ JAM/IELTS /TOEFL/CLAT/Civil Services// Judicial Services/Public Prosecution services/ All India Bar Exams State government examinations) year-wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
26	0	87	167	113

Answer After DVV Verification :

2021-22	2020-21	2019-20	2018-19	2017-18
26	22	87	167	113

Remark : Revision as per supporting data

5.2.3 **Percentage of placements / self-employed (Eg.Yoga Studios/ Therapeutic Centres etc) of outgoing students during the last five years**

5.2.3.1. **Number of outgoing students placed/ self-employed from the Institution during the last five years (excluding repeat count):**

Answer before DVV Verification : 435

Answer after DVV Verification: 554

5.2.3.2. **Total Number of outgoing students from the Institution during the last five years (excluding repeat count):**

Answer before DVV Verification : 1848

Answer after DVV Verification: 1794

Remark : Revision for 5.2.3.2. as per the sub metric 2.7.1.2.

5.2.4 **Percentage of the graduated students who have progressed to higher education(latest completed academic year)**

	<p><b>5.2.4.1. Number of students graduated from the Institution in the last batch progressing to higher education</b></p> <p>Answer before DVV Verification : 114 Answer after DVV Verification: 114</p>
5.3.3	<p><b><i>Number of sports and cultural activities / Yoga competitions/Yoga events enabled/ organized during the last five years</i></b></p> <p>Answer before DVV Verification : 97 Answer After DVV Verification :29</p>
6.2.3	<p><b><i>e-governance operations in the following areas</i></b></p> <p><b>1. Administration</b> <b>2. Finance and Accounts</b> <b>3. Student Admission and Support</b> <b>4. Examination</b></p> <p>Answer before DVV Verification : A. All of the above Answer After DVV Verification: A. All of the above</p>
6.3.2	<p><b><i>Percentage of teachers provided with financial support to attend conferences / workshops /seminars /spiritual retreats/discourses / symposia etc (for Yoga and allied- disciplines) and towards membership fee of professional bodies during the last five years</i></b></p> <p><b>6.3.2.1. Number of teachers provided with financial support to attend conferences or workshops etc. and towards membership fee of professional bodies in the institution during the last five years (Excluding repeat count)</b> Answer before DVV Verification : 7 Answer after DVV Verification: 27</p>
6.3.3	<p><b><i>Average number of professional development / administrative training programmes organized by the Institution for teaching and non- teaching staff during the last five years</i></b></p> <p><b>6.3.3.1. Number of professional development / administrative training programmes organized by the institution for teaching and non- teaching staff during the last five years</b> Answer before DVV Verification : 12 Answer after DVV Verification: 26</p>
6.3.4	<p><b><i>Percentage of teachers undergoing Faculty Development Programmes (FDP), Continuous Medical Education (CME) and other online /offline programmes such as Orientation / Induction Programmes, Refresher Course, Short Term Course, symposia, etc. during the last five years</i></b></p> <p><b>6.3.4.1. Number of teachers undergoing Faculty Development Programmes (FDP), Continuous Medical Education (CME) and other online /offline programmes such as Orientation / Induction Programmes, Refresher Course, Short Term Course, symposia, etc. during the last five years (Excluding repeat count)</b> Answer before DVV Verification : 48 Answer after DVV Verification: 48</p>

6.4.2	<p><b><i>Total Funds / Grants received from government / non-government bodies / philanthropists/ corporates during the last five years (excluding scholarships and research grants covered under Criterion III) (INR in lakhs)</i></b></p> <p>Answer before DVV Verification : 28918.73 Answer After DVV Verification :8863.77</p>
6.5.2	<p><b><i>The quality assurance initiatives of the institution includes:</i></b></p> <ol style="list-style-type: none"> <li>1. <b>Academic and Administrative Audit (AAA) and initiation of follow-up action</b></li> <li>2. <b>Conferences, Seminars, Workshops on quality</b></li> <li>3. <b>Collaborative quality initiatives with other institution(s)</b></li> <li>4. <b>Orientation programmes on quality issues for teachers, students</b></li> <li>5. <b>and scholars and students</b></li> <li>6. <b>Membership of professional network or associations recognized by government</b></li> <li>7. <b>Any other quality audit by recognized State, National or International agencies (ISO, NABH, NABL Certification, NBA, any other)</b></li> </ol> <p>Answer before DVV Verification : A. Four or more of the above Answer After DVV Verification: A. Four or more of the above</p>
7.1.2	<p><b>The Institution has facilities for alternate sources of energy and energy conservation measures</b></p> <ol style="list-style-type: none"> <li>1. <b>Solar energy</b></li> <li>2. <b>Wind energy</b></li> <li>3. <b>Biogas plant</b></li> <li>4. <b>Wheeling to the Grid</b></li> <li>5. <b>Sensor-based energy conservation</b></li> <li>6. <b>Use of LED bulbs/ power efficient equipment</b></li> </ol> <p>Answer before DVV Verification : A. Four or more of the above Answer After DVV Verification: A. Four or more of the above</p>
7.1.6	<p><b>Quality audits on environment and energy regularly undertaken by the Institution and any awards received for such green campus initiatives</b></p> <ol style="list-style-type: none"> <li>1. <b>Green audit</b></li> <li>2. <b>Energy audit</b></li> <li>3. <b>Environment audit</b></li> <li>4. <b>Clean and green campus recognitions / awards</b></li> <li>5. <b>Green initiatives beyond the campus</b></li> </ol> <p>Answer before DVV Verification : A. Four or more of the above Answer After DVV Verification: A. Four or more of the above</p>
7.1.7	<p><b>The Institution has Divyangjan friendly, barrier free environment</b></p> <ol style="list-style-type: none"> <li>1. <b>Built environment with ramps/lifts for easy access to classrooms.</b></li> <li>2. <b>Divyangjan friendly washrooms</b></li> <li>3. <b>Signage including tactile path, lights, display boards and signposts</b></li> <li>4. <b>Assistive technology and facilities for Divyangjans- accessible website, screen-reading</b></li> </ol>

software, mechanized equipment

5. Provision for enquiry and information: Human assistance, reader, scribe, soft copies of reading material, screen reading

Answer before DVV Verification : A. Four or more of the above

Answer After DVV Verification: A. Four or more of the above

7.1.10 **The Institution has prescribed code of conduct for students, teachers, administrators and other staff and undertake regular periodic programmes in human values and professional ethics.**

1. The Code of conduct is displayed on the website
2. There is a committee to monitor adherence to the code of conduct
3. Institution organizes professional ethics programmes for students, teachers, administrators and other staff members
4. Annual awareness programmes on code of conduct are organized

Answer before DVV Verification : A. All of the above

Answer After DVV Verification: A. All of the above

## 2.Extended Profile Deviations

ID	Extended Questions																				
1.1	<p><b>Number of programmes offered in the institution year wise during the last five years</b></p> <p>Answer before DVV Verification:</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td>31</td> <td>28</td> <td>23</td> <td>22</td> <td>21</td> </tr> </tbody> </table> <p>Answer After DVV Verification:</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td>28</td> <td>25</td> <td>21</td> <td>20</td> <td>18</td> </tr> </tbody> </table>	2021-22	2020-21	2019-20	2018-19	2017-18	31	28	23	22	21	2021-22	2020-21	2019-20	2018-19	2017-18	28	25	21	20	18
2021-22	2020-21	2019-20	2018-19	2017-18																	
31	28	23	22	21																	
2021-22	2020-21	2019-20	2018-19	2017-18																	
28	25	21	20	18																	
2.1	<p><b>Number of students in the institution year wise during the last five years</b></p> <p>Answer before DVV Verification:</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td>1206</td> <td>929</td> <td>986</td> <td>1041</td> <td>1022</td> </tr> </tbody> </table> <p>Answer After DVV Verification:</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td>1105</td> <td>855</td> <td>735</td> <td>670</td> <td>780</td> </tr> </tbody> </table>	2021-22	2020-21	2019-20	2018-19	2017-18	1206	929	986	1041	1022	2021-22	2020-21	2019-20	2018-19	2017-18	1105	855	735	670	780
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2021-22	2020-21	2019-20	2018-19	2017-18																	
1105	855	735	670	780																	
2.2	<p><b>Number of outgoing / final year students in the institution year wise during the last five years</b></p> <p>Answer before DVV Verification:</p> <table border="1"> <thead> <tr> <th>2021-22</th> <th>2020-21</th> <th>2019-20</th> <th>2018-19</th> <th>2017-18</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	2021-22	2020-21	2019-20	2018-19	2017-18															
2021-22	2020-21	2019-20	2018-19	2017-18																	

376	339	397	351	331
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Answer After DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
376	339	397	351	331

2.3 **Number of students appeared in the University examination in the institution year wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
981	792	893	1001	994

Answer After DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
545	356	381	402	615

3.1 **Number of courses in all Programmes in the institution year wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
421	391	407	377	315

Answer After DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
421	391	407	377	315

3.2 **Number of full time teachers in the institution year wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
55	45	36	32	29

Answer After DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
52	42	32	29	23

3.3 **Number of sanctioned posts in the institution year wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18



98	53	51	29	30
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Answer After DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
87	79	66	54	52

3.4 **Total number of full-time teachers in the institution in the last five years (excluding repeat count):**

Answer before DVV Verification : 55

Answer after DVV Verification : 52

4.1 **Number of eligible applications received for admissions to all the Programmes in the institution year wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
1346	760	871	719	1285

Answer After DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
1333	728	836	718	1257

4.2 **Number of seats earmarked for reserved category as per GOI/State Govt. rule in the institution year wise during the last five years**

Answer before DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
150	150	150	150	150

Answer After DVV Verification:

2021-22	2020-21	2019-20	2018-19	2017-18
375	290	250	228	265

4.3 Total number of classrooms and seminar halls

Answer before DVV Verification : 54

Answer after DVV Verification : 81

4.4 Total number of computers in the institution for academic purpose

Answer before DVV Verification : 235

Answer after DVV Verification : 146